



## PRESS RELEASE

City of Los Alamitos  
Contact: Recreation and Community Services  
(562) 430 – 1073  
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### **Counselor in Training (CIT) Program**

*Los Alamitos, CA* – Registration is now open for the City of Los Alamitos Counselor in Training (CIT) program! Counselors in Training will gain valuable work experience and work alongside the Los Alamitos Day Camp Staff to prepare camp activities, organize games, arts & crafts, and assist staff with special event Fridays. Additionally, Counselors in Training will attend workshops once a week, taught by recreation staff, that focus on developing personal and professional skills. Some of these workshops include public speaking, time management skills, budgeting tips, and self-confidence. This is a great opportunity to prepare your child for future success.

The Counselor in Training (CIT) program is designed for those the ages of 13-16, located at the Los Alamitos Community Center, and will run Monday through Friday from June 12 to August 18. Sessions are two weeks each. Counselors in Training can be registered for regular hours which run from 9am – 4pm or extended hours which run from 7am – 6pm. Resident fee per session amounts to \$120 and the non-resident fee per session amounts to \$125. An additional \$60 will be added if extended hours are needed.

For more information, please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) or contact the Recreation and Community Services Department at (562) 430 – 1073.

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