



## PRESS RELEASE

City of Los Alamitos  
Contact: Recreation and Community Services  
(562) 430 – 1073  
*Released 2/8/24*

### Adaptive Recreation

*Los Alamitos, CA* – The Los Alamitos Recreation and Community Services Department is excited to implement an Adaptive Recreation program, sponsored by the Los Alamitos Community Foundation, that entails monthly meetups for participants requiring additional support or accommodations due to physical, mental, or developmental challenges, and their families. Monthly meetups are free, involve various activities, and are open to all ages. This is an excellent opportunity for families to connect and build relationships with one another.

There will be monthly meetups set to take place in the months of February, and March. All meetups will occur at the Los Alamitos Community Center Building 2 (1909 Oak St.), from 3:30 p.m. to 5:30 p.m. and require pre-registration. At the Wednesday, February 28 meetup, participants will have a brief life skills lesson and socialize over ice cream. Participants will have the choice between chocolate, vanilla, and a non-dairy ice cream with any toppings of their choice. The last meetup, “Eggcessible Extravaganza,” will be on Wednesday, March 27, from 3:30 p.m. to 7:30 p.m. and will require pre-registration timeslots for participants. Each time slot is 15 minutes, allowing up to five families with a child or participant with special needs to attend. Participants will partake in fun, inclusive egg hunts catered to special needs participants. Please note that for all meetups, all participants must be accompanied by an aide or parent/guardian. We can’t wait to have you join us for one or all of our monthly meetups.

For more information, please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) or contact the Recreation and Community Services Department at (562) 430 – 1073.

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# CITY OF Los Alamitos *California*

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**Los Alamitos** Life Skill  
Recreation & Community Services  
*Creating Quality of Life*

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## ICE CREAM SOCIAL

The City of Los Alamitos invites participants requiring additional support or accommodations due to physical, mental, or developmental challenges, and their families to participate in a free, social, and fun night. This night is open to all ages. Participants may show up anytime. Pre-registration is required.

**Wednesday, February 28, 2024**

**LOS ALAMITOS COMMUNITY CENTER - BUILDING 2**  
10909 OAK ST., LOS ALAMITOS, CA 90720

**3:30-5:30 PM**

\*Participants must be accompanied by a parent/guardian or aide at all times. Please contact Cassidy Figueroa at [cfigueroa@cityoflosalamitos.org](mailto:cfigueroa@cityoflosalamitos.org) with any questions.\*

## EGGCESSIBLE EGGSTRAVAGANZA

**SPONSORED BY:** Los Alamitos Community Foundation

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

**JOIN US FOR A FUN, FREE, AND INCLUSIVE EGG HUNT! THIS IS A TRADITIONAL EGG HUNT THAT FEATURES AN ADAPTIVE AND INCLUSIVE EGG HUNT FOR FAMILIES AND YOUTH WITH DIVERSE NEEDS AND ABILITIES.**

**WEDNESDAY, MARCH 27, 2024**

**LOCATED: LOS ALAMITOS COMMUNITY CENTER**  
**TIME SLOTS AVAILBLE BETWEEN 3:30 P.M. – 8:00 P.M.**

- PREREGISTERING FOR A TIME SLOT IS REQUIRED.
- TIME SLOTS ARE LIMITED TO 5 FAMILIES AT A TIME.
- PARTICIPANTS MUST BE ACCOMPANIED BY AN AIDE AND/OR PARENT OR GUARDIAN.

**VISIT [CITYOFLOSALAMITOS.MYREC.COM](http://CITYOFLOSALAMITOS.MYREC.COM) TO SELECT TIME SLOT**