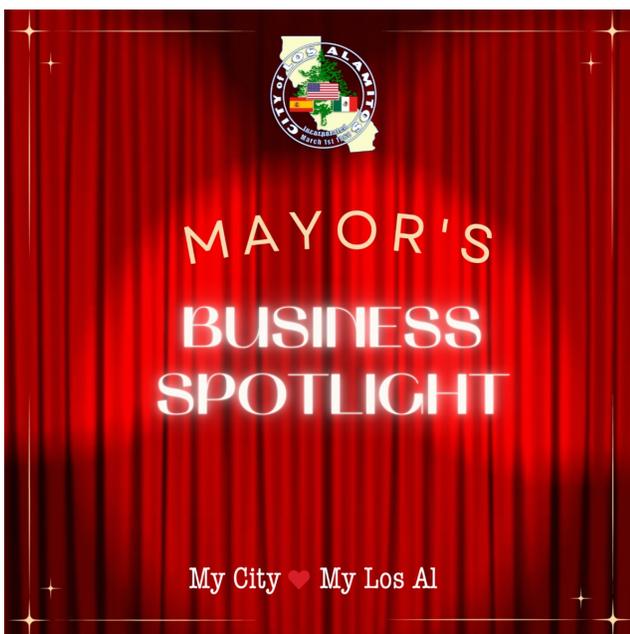




Weekly E-News

Mayor's Business Spotlight



Formula Fitness

Formula Fitness takes an innovative, client-first approach to health and wellness. It's more than personal training. We focus on your whole health: stress management, sleep routines, diet/nutrition, and fitness goals. Formula Fitness is the product of decades of expertise and passion for transforming lives. Owners, Amber Tran and Tony Tran, got their start in the fitness industry in 2003. Tony excelled at his craft as a coveted personal trainer, garnering dedicated clients who continue to train with us to this day.

□ <https://youtu.be/Q8kGVq8fdd8>

☎ (562) 296-8898



News



De-Stress with Dogs

National Puppy Day is this Saturday Los Al!

During the first pet-friendly Workplace Employee Wellness Event, our City staff enjoyed de-stressing with dogs from [@ocanimalallies](#). Thank you ♥ Noodle, Lumi, Goldie, Oliver, & Tank!



Clean up Day, Save the Date

In partnership with your solid waste services provider Universal Waste Systems (UWS), the City of Los Alamitos will be hosting this event to provide the opportunity for residents to dispose of bulky items, certain electronic equipment/waste, yard waste, and free paper shredding. This

My City ♥ My Los Al
SAVE THE DATE
NEIGHBORHOOD CLEANUP DAY

WHERE & WHEN
 SATURDAY, APRIL 27, 2024
 8:00 A.M. TO 12:00 P.M.
 PINE STREET BETWEEN FLORISTA STREET
 AND KATELLA AVENUE

WHAT IS NEIGHBORHOOD CLEANUP DAY?

This event will provide an opportunity for residents to dispose of certain bulky items, and documents for shredding. Los Alamitos residents will receive detailed information about this event via postal mail delivery within the next few weeks. The notice will include specific information about eligible items.

The City of Los Alamitos will be partnering with Universal Waste Systems (UWS) to host its annual Neighborhood Clean Up Day for Los Alamitos residents.
 (562) 431-3538 www.cityoflosalamitos.org

event will held on April 27, 2024 from 8 a.m. to 12 p.m. at Pine Street between Florista Street and Katella Avenue. More information to come in the next couple weeks.

Recreation and Community Services

MemorialCare Miller Children's & Women's Hospital Long Beach
 free admission!
 PRESENTED BY CalOptima Health
SATURDAY MARCH 30
9:30 AM - 12:00 PM
LITTLE COTTONWOOD PARK (4000 FARQUHAR AVENUE)
 The carnival will feature the popular egg hunts, arts and crafts, a photo area with Peter Rabbit, carnival game booths, bounce houses, vendor booths, Beverage Garden, and activities for the family to participate in.
www.cityoflosalamitos.org/recreation
 CHECK WEBSITE FOR EGG HUNT SCHEDULE

Spring Carnival

We are only one week away from the MemorialCare Miller Children's & Women's Hospital Long Beach Spring Carnival, presented by CalOptima! Event will take place on Saturday, March 30, from 9:30 a.m. to 12:00 p.m. at Little Cottonwood Park (4000 Farquhar Avenue, Los Alamitos). This free event will have a variety of activities to enjoy, including our well-known egg hunt for youth ages 0-12, carnival game booths, live entertainment, face painters, balloon artists, photos with Peter Rabbit, food, craft vendors, the Los Alamitos Foundation beverage garden, and more! We can't wait to see our communities' smiling faces while making lasting memories!



Race on the Base is Back

The ever-popular UWS Race on the Base Reverse Sprint Triathlon and 5K Walk/Run is returning on Saturday, April 13, at the Los Alamitos Joint Forces Training Base.

Registration is now open at: www.raceonthebaselosal.com. You can also click below.

Register Now

IT'S BACK...



LOS ALAMITOS RACE ON THE BASE 2024

APRIL 13, 2024

Los Alamitos Recreation & Community Services
Creating Quality of Life

LOS ALAMITOS JOINT FORCES TRAINING BASE
11200 LEXINGTON DRIVE
LOS ALAMITOS, CA 90720

REVERSE SPRINT TRIATHLON

5K WALK/RUN




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RACEONTHEBASELOSAL.COM

Volunteers Needed!



LOS ALAMITOS RACE ON THE BASE 2024

APRIL 13, 2024

Volunt
Chec

[Sign up Here](#)



Apply Today



The City of Los Alamitos Recreation and Community Services Department is hiring! If you want a fulfilling, impactful job where you make a difference every day in the City of Los Alamitos. Check out some of our amazing staff in action. Click below.

Educational Seminars

My City ♥ My Los Al

Los Alamitos Recreation & Community Services
Creating Quality of Life

FREE EDUCATIONAL SEMINARS FOR SENIORS



11:00 a.m. to 12:00 p.m.

[Click Here](#)

The City of Los Alamitos and Community Services Department will be hosting free, monthly educational workshops on a variety of topics catered to the aging adult. We welcome you to bring a friend and take advantage on these amazing resources!

CITY OF LOS ALAMITOS
▶ **SPRING 2024** ◀
TRACK & FIELD

1ST - 3RD GRADE
4:00-4:45PM

4TH - 8TH GRADE
4:45-6:00PM

APRIL 9 - MAY 14
TUESDAYS

OAK MIDDLE SCHOOL
TRACK
10821 OAK ST., LOS ALAMITOS

Los Al Youth
Track & Field

MORE INFORMATION AT
CITYOFLOSALAMITOS.ORG/RECREATION

**REGISTER
NOW**

Los Al Youth Track & Field is Right Around the Corner

This program is an excellent opportunity to introduce your child to Track and Field techniques and events led by Recreation Staff. Whether your athlete is new to the sport or experienced, this program will help develop and refine their skills.

Los Al Youth Track and Field is available to 1st through 8th grade and will take place at Oak Middle School Track on Tuesdays from April 9 – May 14. The last session will entail a Track and Field Meet, giving all participants an opportunity to showcase their skills in front of friends and family! We can't wait to see all of your speedsters on April 9!

1st - 3rd Grade
4:00 - 4:45 PM

4th - 8th Grade
4:45 - 6:00 PM

Oak Middle School Track (10821 Oak St.)

The City of Los Alamitos has partnered with the Long Beach Table Tennis Club!

Join us for drop-in play year-round on Mondays, Wednesdays, and Saturdays at the Oak Middle School Gym (10821 Oak St.). Whether it is your first time playing or you are a seasoned pro, this program is an

TABLE TENNIS

**DROP-IN PLAY & LEAGUE YEAR ROUND
AT THE OAK MIDDLE SCHOOL GYM
(10821 OAK ST.)**



**FOR MORE INFORMATION PLEASE CONTACT
THE LOS ALAMITOS COMMUNITY CENTER
AT (562) 430-1073 OR VISIT US:
www.cityoflosalamitos.org/recreation**

excellent opportunity to increase your skillset through friendly and fun competition.

In addition to drop-in play, league play is seasonal. League play consists of grouped competition based on skill level. Participants can improve their skill rating as the league progresses. The top four finalists from each division in the league will compete in a playoff.

For more information regarding the Long Beach Table Tennis Club, please contact the Los Alamitos Community Center at (562) 430 – 1073, or the City’s website at <https://cityoflosalamitos.org/232/Adult-Sports>

**REGISTER
HERE**

2024 Recreation & Community Services Special Event Opportunities

The Recreation & Community Services Department invites your business to get involved as a Special Event Vendor or an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:



Vendor
Application

The City of Los Alamitos Recreation and Community Services Department prides itself on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

EVENT SPONSORSHIP OPPORTUNITIES

My City ♥ My Los Al | City of Los Alamitos Recreation & Community Services Department
10911 Oak St. Los Alamitos • 562-430-1073 • www.cityoflosalamitos.org

Sponsor
Application

Economic Development

Arbor Day

In celebration of National Arbor Day, the Public Works Division and City personnel will plant more trees. Expanding the City's Urban Forest will continue to improve our community's quality of life, energy conservation, stormwater attenuation, and improvement to property values. Please support this cause by participating in this year's Arbor Day events and help take good care of trees throughout the City!



Celebrate Arbor Day with Us!



Thursday, April 25 | 2:30pm-5:00pm

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Laurel Park
10862 Bloomfield St.



Enjoy FREE Games, Snacks, Face Painting, & Help Us Plant a New Tree!



For more information, please contact (562) 431 - 3538

Parking may be limited

City of Los Alamitos Economic
Development Strategic Planning
Community Survey



Los Alamitos Economic Development Strategic Plan – Community Survey

We're on a mission to make our community a better place for everyone, and we need your input. This survey is your chance to shape the future of our local economy. Your opinions, experiences, and ideas can be the key to unlocking opportunities and making our community stronger. To take the survey, please follow the link: [City of Los Alamitos Economic Development Strategic Plan Community Survey](#)

Shaping Tomorrow Together – Economic Development Strategic Plan

Good Morning Los Alamitos



The City of Los Alamitos is working with Jacob Green & Associates to conduct an Economic Development Strategic Plan to solicit valuable input from residents, employers, local businesses, and community organizations.

The Economic Development Strategic Plan will seek to identify Los Alamitos's economic vision, mission, and goals while providing City Council and City Staff with an actionable framework to guide economic development planning and building economic vitality. Through a series of surveys and workshops, the community will have an opportunity to be involved in the discussion. Community, businesses, and key stakeholder consultations will occur between February 2024 and March 2024.



The City will be hosting community engagement sessions at the Good Morning, Los Alamitos event on Tuesday, March 26, from 9 a.m. to 10:30 a.m. All members of the public are welcome to attend. This is an opportunity to have your say in shaping Los Alamitos's economic future for the next five years. By sharing your thoughts, ideas, and concerns, you will contribute to creating a plan that truly represents the community's interests and fosters a collaborative relationship between the City and community members.

This free event is open to the public. Breakfast will be provided. To register, please visit: <https://gmla.eventbrite.com>



Revive Los Alamitos

Applications are now being accepted for the Revive Los Alamitos Commercial Façade Improvement Grant Program! Los Alamitos-based businesses will be invited to consider this grant opportunity as a way to invest in their property and make aesthetic or structural improvements that they may qualify for. For more information or an application, please visit the City website at cityoflosalamitos.org/development or contact the Development Services Department at (562) 431-3538.

Approved Applications are funded on a first-come-first-served basis until funds are exhausted.

Online Calendar



For more details on all City events,

please visit our online calendar at:
www.cityoflosalamitos.org

Click Here

Business Calendar

Upcoming City Meetings

Planning Commission CancelledThe Los Alamitos Planning Commission for Wednesday, March 27, 2024, at 7:00 p.m. has been **CANCELLED**. For future meetings, please get in touch with the City of Los Alamitos Development Services Department:
cityoflosalamitos.org/development

Full agenda details can be found on the City's website at:
<http://cityoflosalamitos.org/129/Agendas-Minutes>

Upcoming Schedule City Business

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

PARKS, RECREATION & CULTURAL ARTS COMMISSION



Interested in the City's parks, events and programming?

Volunteering on the Parks, Recreation and Cultural Arts Commission maybe right for you!

Visit our website for more information:
www.cityoflosalamitos.org/161/Boards-Commissions-Committee

JOIN OUR COMMISSION!

APPLICATIONS WILL BE ACCEPTED UNTIL SEAT IS FILLED

Parks, Recreation and Cultural Arts Commission

The City is looking for a volunteer looking to help the Parks, Recreation and Cultural Arts Commission! There is one unexpired term position available and applications will be accepted until the seat is filled. Requirements include being at least 18 years old, a registered voter in Los Alamitos, and a passion for service.

For more information visit us online at <https://cityoflosalamitos.org/161/Boards-Commissions-Committee>

Follow Us on Social Media



For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram @cityoflosal

Instagram

Facebook

Linked
In

Join our Team

My City ❤️ My Los Al



CITY OF Los Alamitos
California



APPLY NOW!

WWW.CITYOFLOSALAMITOS.ORG

For questions regarding the content in this email please

visit: www.cityoflosalamitos.org
or email: **Weekly E-News Inquiry.**

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Sign up here to receive the City's Weekly E-
News

City of Los Alamitos | 3191 Katella Avenue, Los Alamitos, CA 90720

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Sent by gonzalezlecumberri@cityoflosalamitos.org