



## Weekly E-News

### News

#### Senior Services Master Plan Survey

The City of Los Alamitos has taken on the ambitious goal of producing a Senior Services Master Plan for residents aged 50 and older. This plan, one of the first of its kind, sets out to create a program planning and implementation model catering to the wants and needs of older adults in the City of Los Alamitos and its surrounding communities. We invite all community members who are currently 40 years of age or older to participate in a survey to help us shape the next 20+ years of aging services in Los Alamitos. The survey should take approximately 20 minutes to complete, and you will have an opportunity to be entered



**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

My City  
My Los Al

## SENIOR SERVICES MASTER PLAN SURVEY

*"Help us shape Los Alamitos' future  
for the next 20 years"*



We are collecting community input on our senior programming in Los Alamitos. Follow this link for more information and to complete the survey by August 31.

**SURVEY  
QR CODE**



### COMMUNITY FOCUS GROUP DATES

**7/25**

PLEASE VISIT  
OUR BOOTH

#### Summer Concert Series

Orville R. Lewis Jr. Park  
6:30 p.m. - 8:00 p.m.  
3662 Kempton Drive, Los Alamitos

**8/5**

PLEASE CALL TO  
RSVP 562-430-1073

#### Griffins Grill

2:00 p.m. - 4:00 p.m.  
11272 Los Alamitos Blvd., Los Alamitos

**8/21**

PLEASE VISIT  
OUR BOOTH

#### Senior Expo

10:00 a.m. - 12:00 p.m.  
American Legion Post 716  
3252 Florista St., Los Alamitos

For more information, and to access the survey, please call us at 562-430-1073 or visit us at [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation)

*All questions are optional. You may skip any you choose not to answer and you can remain anonymous if preferred.*

**Nites on Pine ST**  
LOS ALAMITOS

*Music, Bites, and Community Nites*

- AUGUST 17<sup>TH</sup>
- SEPTEMBER 21<sup>ST</sup>
- OCTOBER 19<sup>TH</sup>
- NOVEMBER 16<sup>TH</sup>

**4:00 PM - 9:00 PM**

10902 PINE STREET • FLORISTA ST. & PINE ST.  
WWW.CITYOFLOSALAMITOS.ORG • @NITESONPINE  
FOR VENDOR INFORMATION, PLEASE CALL: (310) 560-9122

**@NitesonPine /  
Instagram**

**Click Here for More  
Information**

into an opportunity drawing for a gift card to a Los Alamitos business or restaurant.

Survey responses will be collected until August 31, 2024.

**Click Here for the  
Survey**

## Nites on Pine St.

The City of Los Alamitos and Elite Special Events are excited to announce a new monthly event, "Nites on Pine," in downtown Los Alamitos. This lively street fair will feature live music, a free kids zone, gourmet food trucks, and creative pop-up retail vendors. Scheduled on the third Saturday of each month, the upcoming dates are Aug. 17, Sept. 21, Oct. 19, and Nov. 16, from 4:00 to 9:00 pm.

As a pop-up market, vendors are required to bring their own canopy, tables, and chairs. Limited power is available for vendors needing lights. We are renting only 30 retail and 5 food truck spaces, so submit your application promptly!



**INTRODUCING YOUR**  
**COMMUNITY ENGAGEMENT PLATFORM**

**YOU ASKED WE LISTENED**  
We heard you say that you wanted to be informed about large projects happening in the City.

**MYLOSAL ENGAGE**  
With our new MyLosAIEngage Platform, you can track a project from beginning to end and provide feedback along the way.

**STAY INFORMED**  
In addition to the City's website and social media, MyLosAIEngage will be a centralized information hub dedicated to large projects happening in the City of Los Alamitos.  
Sign up to be notified today!

**VISIT US ONLINE TODAY**  
[www.MyLosAIEngage.com](http://www.MyLosAIEngage.com)

## Stay Connected MyLosAIEngage

We are pleased to announce our newest Community Engagement Platform.

MyLosAIEngage is our community's one-stop shop for upcoming projects in the City. It will allow interested parties to learn more about large projects in their community, check the status of a project, learn how to get involved, and sign up for future updates to. We hope you'll find this new tool valuable. We'll be adding new projects to this platform as they become available. Check back often to stay up to date or sign up to be notified.

**SIGN UP  
TODAY**



**PUBLIC RECORDS  
NOW ONLINE**

The City of Los Alamitos is pleased to announce the availability of certain public records online. Records available for immediate access include:

- MINUTES
- RESOLUTIONS
- CONTRACTS

Additional records may be available by submitting a Public Records Request through the City Clerk's Office.

(562) 431-3538  
CITYCLERK@CITYOFLOSALAMITOS.ORG  
[WWW.CITYOFLOSALAMITOS.ORG/ONLINERECORDS](http://WWW.CITYOFLOSALAMITOS.ORG/ONLINERECORDS)

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## Online Public Records

Did you know various records are available online 24/7? Our goal is to increase transparency & accountability of your local government. Can't find what you're looking for? Additional records may be available by submitting a Public Records Request through the City Clerk's Office. Just ask. We're here to help!  
([cityoflosalamitos.org/onlinerecords](http://cityoflosalamitos.org/onlinerecords)).

**BROWSE AVAILABLE  
RECORDS NOW**

## National Mosquito Awareness Week

"Bad boys, bad boys Whatcha gonna do?  
Whatcha gonna do when they come for you?"



National Mosquito Awareness Week is this week with Orange County Mosquito and Vector Control District, so learn more about how you can prevent by being proactive in mosquito control & how to protect yourselves from bites.

The best method to reduce mosquito activity is to dump & drain standing water wherever you find it.

<https://cityoflosalamitos.org/181/Mosquito-Vector-Control-District>

## Recreation and Community Services

**MemorialCare. ELEVATE ENCORE 50+**

# SENIOR EXPO

Health, Wellness and Resources for Your Second Act

- Resources
- Vendor Fair
- Light Breakfast
- Giveaways

**FREE**

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

American Legion Post 716  
(3252 Florista St., Los Alamitos)  
**562-430-1073**  
[cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)

**SAVE THE DATE - WEDNESDAY**  
AUGUST 21, 2024 • 10:00 A.M. - 12:00 P.M.

### Senior Expo

Join the Los Alamitos Recreation & Community Services Department for our MemorialCare Elevate Encore Senior Expo, an informative event featuring resources and information to help you in your second act! Resources will be available on housing, transportation, caregiving, leisure services, volunteer opportunities, and more! This free event will be held Wednesday, August 21 from 10:00 a.m. to 12:00 p.m. at the American Legion Post 716. The first 150 participants in attendance will receive a FREE tote bag, while all in attendance can be entered to win one of several opportunity drawings!

**A Senior Services Master Plan Focus Group will take place to give participants an opportunity to provide in-person feedback to help shape the next 20 years for senior services.**



### Celebrate Los Al

Come join us on September 14th to commemorate the 2024 Celebrate Los Al

**Celebrate Los Al**  
 Activities & Events Celebrating Los Alamitos!

**Sept. 14, 2024**  
 10901 Pine Street, Los Alamitos

**8:30 AM**

**Street Fair & Carnival**  
 4:00 PM Vendor Fair  
 5:00 PM Carnival Starts  
 5:30 PM Veterans Recognition

**Concerts**  
 5:00 PM Band Coming Soon  
 7:30 PM Band Coming Soon

**100 Pine strEATs & Beverage Garden**  
 Eat, Drink & Celebrate Los Al Restaurants  
 5:30 PM 10:00 PM

**Serve Los Al**  
 Citywide Volunteer Service Event  
 8:30 AM  
 Oak Middle School Auditorium  
 10821 Oak St. Los Alamitos

**Public Safety Fair**  
 4:00 PM

**Glow Run & Glide**  
 7:30 PM

event! Join your community at 4:00 p.m. for Celebrate Los Al at Pine Street. Here, we are expanding the Los Al Carnival where the whole family can partake in carnival games and rides, all while enjoying Pine strEATs which offers a variety of food tastings from local Los Alamitos restaurants. Come and explore our Public Safety Fair featuring Los Alamitos Police Department, OCFA, CERT. At 5:30 p.m. we will be having a ceremony to recognize our Veterans, and so much more. Grab a drink at our beverage garden and relax while listening to live music from 4:00 p.m. to 10:00 p.m.

To finish off the celebration, we are ending the night with our Los Alamitos Glow Run where more than 1,500 participants will unite in their most eccentric neon outfits and experience the magic of glow tunnels. **The first 1,000 kids to register for the Glow Run are FREE!** Click on the image below.

Don't miss out on these exciting activities and events highlighting our beautiful City of Los Alamitos! We can't wait to see you, your family and friends.





## Serve Los Al

Join us for a city-wide volunteer service event on September 13-14, 2024. We need your help to volunteer and assist in completing projects at local non-profits and parks within the City of Los Alamitos. Serve Los Al is an event where our City pulls together in unison to make an impact within our community.

With a few projects happening on Friday, September 13, our main event day is on Saturday, September 14. An Assembly will occur at the Oak Middle School Amphitheater at 8:30 a.m. on Saturday, September 14. At this Assembly, volunteers will gather for a rally with complimentary breakfast, and a speech from our Mayor. Volunteers will also receive their volunteer t-shirts and following the Assembly, volunteers will disperse to their projects from 9:00 - 12:00 p.m. It is events like Serve Los Al where our community shows just how strong the City of Los Alamitos is!

[Volunteer Here](#)

## Elevate Women's Conference

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CITY OF  
**Los Alamitos**  
*California*

# ELEVATE WOMEN'S CONFERENCE

**Premier Sponsor:**  
**MemorialCare**  
Long Beach Medical Center

**Wednesday, October 9, 2024**  
**8:30 a.m. to 1:00 p.m.**

**Take time to invest in yourself and your future!**

In this half day conference, you will:

- Open your mind to new concepts that will help you achieve your best self, both personally & professionally.
- Learn new tactical skills that will shift your mindset.
- Connect with other local women, like yourself, who are also committed to growing!

**Los Alamitos Community Center** Ages 18+ **\$40**  
10911 Oak Street Los Alamitos, CA 90720 Pre-registration required. Limited seating.  
No registration at the door.

[Register at losalrecreation.myrec.com](http://registeratlosalrecreation.myrec.com)

**Sir Speedy**  
PARTY SUPPLY  
LOS ALAMITOS

Join us for the City of Los Alamitos 3rd annual "Elevate" Women's Conference on Wednesday, October 9, 2024 from 8:30 a.m. to 1:00 p.m. at the Los Alamitos Community Center. Take time to invest in yourself and your future. In this half day conference, you will open your mind to new concepts to help you achieve your best self, both personally and professionally. Learn new tactical skills that will shift your mindset and connect with local women, like yourself, who are also committed to growing. Pre-registration of \$40 is required and the event is targeted for ages 18+. Lunch is included. Register today, as seating is limited.

**Register Here**

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CITY OF  
**Los Alamitos**  
*California*

# ELEVATE WOMEN'S CONFERENCE

**8:30am Check-in**

**Intro & Welcome** Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos

**Keynote Speakers**

- Women and Life Transitions - Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos
- Don't Let the Queen Bee Syndrome Sting You - Tracy Miller - TM Consulting

**Breakout Session 1 (Choose one):**

- Women's Reproductive Health: Its Importance & Navigating the Challenges - Christine M. Feigl, MD Obstetrician-Gynecologist, MemorialCare Medical Group
- Vice Chair, Obstetrics & Gynecology, MemorialCare Long Beach Medical Center
- Bridging the Gaps in Women's Healthcare with Acupuncture - Sarom "Grace" Han, LAc - BT Wellness
- Resiliency & Inner Strength - Lina Lumme, CEO - The Youth Center

**Breakout Session 2 (Choose one):**

- Sound Mind, Sound Body: Empowering Women Through Mental Health & Self-Care with Sound Healing - Dr. Tselane Gardner, DBC, MFT
- Lights, Camera, Action: 5 Ways to Become the Maven of Your Midlife - Denyse Rabbat, Career Coach
- Stress Management and Social Support - Dr. Laura Zettel-Watson & Dr. Melanie Horn Mallers - Gero Fusion

**11:15am Lunch**

**Small Group Networking & Discussion**

**Closing Keynote Speaker Panel Topic - Growth, Transitions, & Transformation**  
Facilitator: Tara Farajian, LCSW - Transitions in Motherhood  
Panelists: Michelle Boos - Five Elements Consulting Group LLC  
Council Member Tanya Doby - City of Los Alamitos  
Felicia Gonzalez, AAMS® - Edward Jones Investments

**1:00pm Closing**



## Youth Volleyball League

The Co-ed Youth Volleyball League is back this Fall Season! Join us for a season full of total volleyball domination. Bump-Set-Dominate! It never gets old.

**Los Alamitos Recreation & Community Services**  
*Creating Quality of Life*

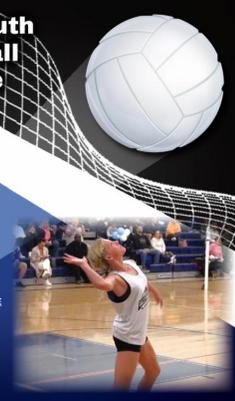
**Co-Ed Youth Volleyball League**

*Bump-Set-Dominate! Come and learn the skills and techniques of volleyball or sharpen your skills in the Recreation Department's Co-ed Youth Volleyball League. Practice will be held once per week, beginning the week of September 9. Players will be grouped into teams and given practice times based on grade. The first week is dedicated to practice, with the first game scheduled on Friday, September 20, and ending with the Skills Contest on Friday, November 15. The game schedule will be distributed by September 16. Jersey and award are included in the fee.*

**Grades 4-8 • September 9 - November 15**  
**No Practice/Games: 10/14, 11/11 • 10 weeks**  
**Res. \$145, Non-Res. \$150**

CODE	PRACTICE SITE	DIVISION	PRACTICE DAY	PRACTICE TIME
FA24310	JFTB Gym	Spike (8th-8th grade)	Mondays	5:00-6:30pm
FA24420	JFTB Gym	Spike (6th-8th grade)	Mondays	6:45-8:15pm
FA24311	JFTB Gym	Set (4th-5th grade)	Wednesdays	5:00-6:00pm
FA24421	JFTB Gym	Set (4th-5th grade)	Wednesdays	6:15-7:15pm

Practice sites, practice times, and game times are subject to change.



The Co-ed Youth Volleyball League offers two divisions: Set Division (4th-5th Grade) and Spike Division (6th-8th Grade). One team from both divisions will be crowned the league champions. League champions will receive a trophy, and all participants will receive a medal. Jersey and award are included in the fee. The last session of the program will consist of a Skills Contest where teams will come together to compete in a drill-based competition and close out with an awards ceremony. You do not want to miss out on volleyball fun in the Fall!

[Register Here](#)



## Jr. Pee Wee Flag Football

Get a jump start on your football career! Participants will learn the skills of the game in a clinic-style, fun atmosphere. Future football stars will learn basic skills such as passing, catching, and flag-pulling. This is an excellent introductory camp for those starting out in football or looking to refine their skills. Award is included in the fee.

**Dates:** Tuesdays, 9/10 – 10/08

**Time:** 5:00 – 5:45 p.m. (4-7 years old)

**Location:** Little Cottonwood Park (4000 Farquhar Ave.)

[Register Here](#)



## Los Alamitos Aquatics Program



**4 - Week Sessions**

**2x a Week -  
\$134(Res)  
\$139(Non-Res)**

**1x a Week -  
\$65(Res)  
\$70(Non-Res)**

[Click Here](#)

**Pickleball Time at the Los Alamitos Joint Forces Training Base Gym**



The Los Alamitos Recreation and Community Services Department offers open-play pickleball on Tuesdays and Thursdays at the Los Alamitos Joint Forces Training Base Gym (11360 Valley Forge Ave, Los Alamitos, CA 90720). Two time slots are available on Tuesdays and Thursdays: 9 a.m. – 12:00 p.m. and 5:00 – 8:00 p.m. Come see what the pickleball buzz is all about!

The drop-in fee per session is \$5 per person (cash only). A monthly membership option is available for \$30 which grants you access to all sessions throughout the month. Monthly memberships are purchased online.

**All participants entering the Joint Forces Training Base must have a valid I.D. present.**

**Monthly Membership**

# Los Alamitos

Recreation & Community Services  
*Creating Quality of Life*

## Recreation Brochure

& City News

Fall 2024

# Celebrate Los Al

Sept. 14, 2024

10901 Pine Street,  
Los Alamitos

STREET FAIR

CONCERTS

1000 Pine  
streETS

FOOD TASTING  
W/BEER GARDEN

CARNIVAL

PUBLIC  
SAFETY FAIR

GLOW RUN  
& GLIDE

SERVE LOS AL EVENT

## Fall Brochure

The 2024 City of Los Alamitos Fall Recreation printed brochure is here now. There are so many new and exciting classes you don't want to miss!. The MemorialCare Miller Children's & Women's Hospital Long Beach Scholarships are also available for eligible Los Alamitos residents.



## 2024 Recreation & Community Services Special Event Opportunities

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

The City of Los Alamitos Recreation and Community Services Department prides itself on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

### EVENT SPONSORSHIP OPPORTUNITIES

My City ♥ My Los Al

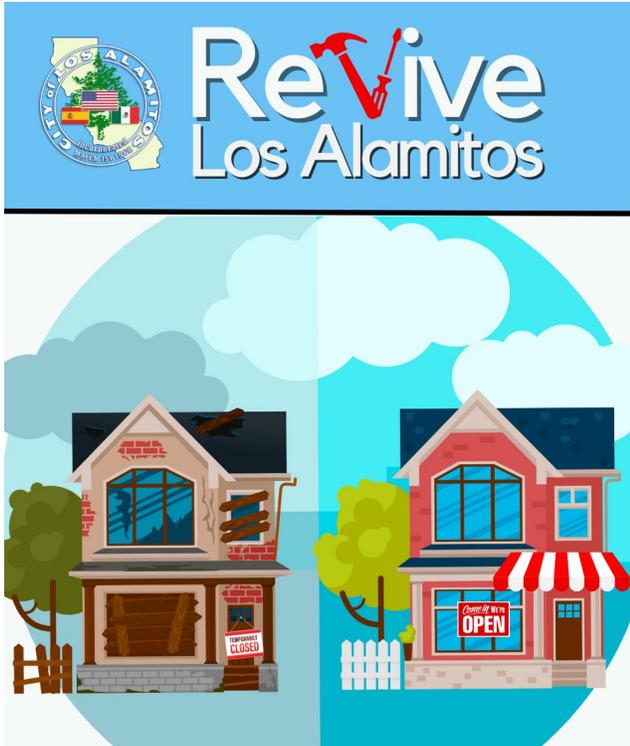
City of Los Alamitos Recreation & Community Services Department  
10911 Oak St. Los Alamitos • 562-430-1073 • www.cityoflosalamitos.org

The Recreation & Community Services Department invites your business to get involved as an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:

[Sponsor Application](#)



## Economic Development



### Revive Los Alamitos

Applications are now being accepted for the Revive Los Alamitos Commercial Façade Improvement Grant Program! Los Alamitos-based businesses will be invited to consider this grant opportunity as a way to invest in their property and make aesthetic or structural improvements that they may qualify for. For more information or an application, please visit the City website at [cityoflosalamitos.org/development](http://cityoflosalamitos.org/development) or contact the Development Services Department at (562) 431-3538.

**Approved Applications are funded on a first-come-first-served basis until funds are exhausted.**

## Online Calendar

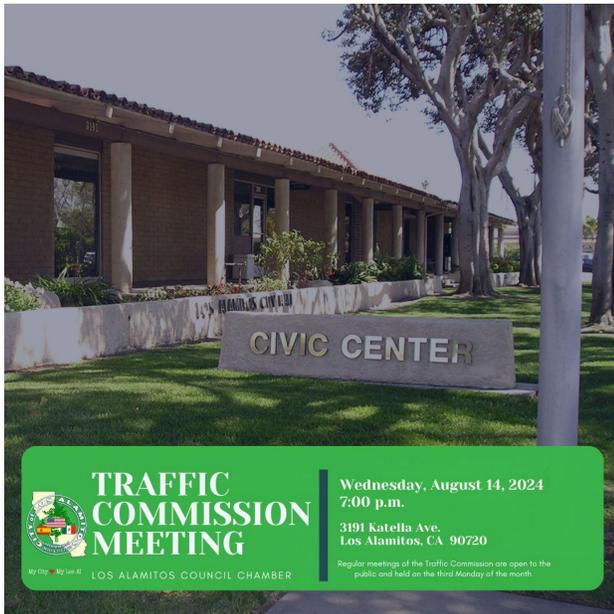


**For more details on all City events,**

please visit our online calendar at: [www.cityoflosalamitos.org](http://www.cityoflosalamitos.org)

[Click Here](http://www.cityoflosalamitos.org)

## Upcoming City Meetings



The Los Alamitos Traffic Commission Meeting will meet in person on Wednesday, August 14, 2024, at 5:30 PM in the Council Chamber at 3191 Katella Ave., Los Alamitos, CA 90720.

**Full agenda details can be found on the City's website at:**

<http://cityoflosalamitos.org/129/Agendas-Minutes>

## Upcoming Schedule City Business

Date	Meeting Name	Time	Frequency
AUG 19	CITY COUNCIL	6:00 p.m.	Third Monday of the Month
SEP 4	PARKS, RECREATION, AND CULTURAL ARTS COMMISSION	7:00 p.m.	First Wednesday of the Month
AUG 28	PLANNING COMMISSION	7:00 p.m.	Fourth Wednesday of the Month
AUG 14	TRAFFIC COMMISSION	7:00 p.m.	Second Wednesday of the Month

**Full Agenda Details Online:**  
<http://cityoflosalamitos.org/129/Agendas-Minutes>

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

## Follow Us on Social Media



For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram **@cityoflosal**

Instagram

## Join our Team

Facebook

Linked  
In

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*California*



**APPLY NOW!**

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