



Weekly E-News

News

Music, Bites, and Community Nites

- AUGUST 17TH
- SEPTEMBER 21ST
- OCTOBER 19TH
- NOVEMBER 16TH

4:00 PM - 9:00 PM

10902 PINE STREET • FLORISTA ST. & PINE ST.
 WWW.CITYOFLOSALAMITOS.ORG • @NITESONPINE
 FOR VENDOR INFORMATION, PLEASE CALL: (310) 560-9122

Nites on Pine St. - Starting Tomorrow!

The City of Los Alamitos and Elite Special Events are excited to announce a new monthly event, "Nites on Pine," in downtown Los Alamitos. This lively street fair will feature live music, a free kids zone, gourmet food trucks, and creative pop-up retail vendors. Scheduled on the third Saturday of each month, the upcoming dates are Aug. 17, Sept. 21, Oct. 19, and Nov. 16, from 4:00 to 9:00 pm.

[@NitesonPine / Instagram](#)

[Click Here for More](#)

As a pop-up market, vendors are required to bring their own canopy, tables, and chairs. Limited power is available for vendors needing lights. We are renting only



Los Alamitos
Recreation & Community Services
Creating Quality of Life

My City
My Los Al

SENIOR SERVICES MASTER PLAN SURVEY

*"Help us shape Los Alamitos' future
for the next 20 years"*



We are collecting community input on our senior programming in Los Alamitos. Follow this link for more information and to complete the survey by August 31.

**SURVEY
QR CODE**



COMMUNITY FOCUS GROUP DATES

7/25 Summer Concert Series
PLEASE VISIT OUR BOOTH
Orville R. Lewis Jr. Park
6:30 p.m. - 8:00 p.m.
3662 Kempton Drive, Los Alamitos

8/5 Griffins Grill
PLEASE CALL TO RSVP 562-430-1073
2:00 p.m. - 4:00 p.m.
11272 Los Alamitos Blvd., Los Alamitos

8/21 Senior Expo
PLEASE VISIT OUR BOOTH
10:00 a.m. - 12:00 p.m.
American Legion Post 716
3252 Florista St., Los Alamitos

For more information, and to access the survey, please call us at 562-430-1073 or visit us at www.cityoflosalamitos.org/recreation

All questions are optional. You may skip any you choose not to answer and you can remain anonymous if preferred.

Senior Services Master Plan Survey

The City of Los Alamitos has taken on the ambitious goal of producing a Senior Services Master Plan for residents aged 50 and older. This plan, one of the first of its kind, sets out to create a program planning and implementation model catering to the wants and needs of older adults in the City of Los Alamitos and its surrounding communities. We invite all community members who are currently 40 years of age or older to participate in a survey to help us shape the next 20+ years of aging services in Los Alamitos. The survey should take approximately 20 minutes to complete, and you will have an opportunity to be entered into an opportunity drawing for a gift card to a Los Alamitos business or restaurant.

Survey responses will be collected until August 31, 2024.

[Click Here for the Survey](#)

Stay Connected MyLosAIEngage

We are pleased to announce our newest Community Engagement Platform.

MyLosAIEngage is our community's one-stop shop for upcoming projects in the City. It will allow interested parties to learn more about large projects in their community, check the status of a project, learn how to get involved, and sign up for future updates to. We hope you'll find this new tool valuable. We'll be adding new projects to this platform as they become available. Check back often to stay up to date or sign



INTRODUCING

YOUR

COMMUNITY ENGAGEMENT PLATFORM

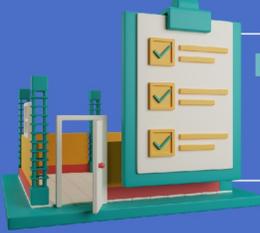
YOU ASKED WE LISTENED

We heard you say that you wanted to be informed about large projects happening in the City.



MYLOSAL ENGAGE

With our new MyLosAIEngage Platform, you can track a project from beginning to end and provide feedback along the way.



STAY INFORMED

In addition to the City's website and social media, MyLosAIEngage will be a centralized information hub dedicated to large projects happening in the City of Los Alamitos.

Sign up to be notified today!



VISIT US ONLINE TODAY

www.MyLosAIEngage.com

up to be notified.

SIGN UP TODAY



National Mosquito Awareness Week

"Bad boys, bad boys Whatcha gonna do? Whatcha gonna do when they come for you?"

National Mosquito Awareness Week is this week with Orange County Mosquito and Vector Control District, so learn more about how you can prevent by being proactive in mosquito control & how to protect yourselves from bites.

The best method to reduce mosquito activity is to dump & drain standing water wherever you find it.

<https://cityoflosalamitos.org/181/Mosquito-Vector-Control-District>

MemorialCare. **ELEVATE ENCORE** 50+
SENIOR EXPO

Health, Wellness and Resources
 for Your Second Act

- Resources
- Vendor Fair
- Light Breakfast
- Giveaways



FREE

Los Alamitos
 Recreation & Community Services
Creating Quality of Life
 American Legion Post 716
 (3252 Florista St., Los Alamitos)
562-430-1073
cityoflosalamitos.org/recreation

SAVE THE DATE - WEDNESDAY
 AUGUST 21, 2024 • 10:00 A.M. - 12:00 P.M.



Senior Expo - Next Week!

Join the Los Alamitos Recreation & Community Services Department for our MemorialCare Elevate Encore Senior Expo, an informative event featuring resources and information to help you in your second act! Resources will be available on housing, transportation, caregiving, leisure services, volunteer opportunities, and more! This free event will be held Wednesday, August 21 from 10:00 a.m. to 12:00 p.m. at the American Legion Post 716. The first 150 participants in attendance will receive a FREE tote bag, while all in attendance can be entered to win one of several opportunity drawings!

A Senior Services Master Plan Focus Group will take place to give participants an opportunity to provide in-person feedback to help shape the next 20 years for senior services.

Celebrate Los Al
 Sept. 14, 2024
 10901 Pine Street, Los Alamitos

8:30 AM

- Street Fair & Carnival**
 4:00 PM Vendor Fair
 5:00 PM Carnival Starts
 5:30 PM Veterans Recognition
- Concerts**
 5:00 PM Band Coming Soon
 7:30 PM Band Coming Soon
- 1000 Pine strEATs & Beverage Garden**
 Eat, Drink & Celebrate Los Al Restaurants
 5:30 PM

6:30 AM

- Serve Los Al**
 Citywide Volunteer Service Event
 Oak Middle School Auditorium
 10821 Oak St. Los Alamitos
- Public Safety Fair**
 4:00 PM
- Glow Run & Glide**
 7:30 PM

10:00 PM

Celebrate Los Al

Come join us on September 14th to commemorate the 2024 Celebrate Los Al event! Join your community at 4:00 p.m. for Celebrate Los Al at Pine Street. Here, we are expanding the Los Al Carnival where the whole family can partake in carnival games and rides, all while enjoying Pine strEATs which offers a variety of food tastings from local Los Alamitos restaurants. Come and explore our Public Safety Fair featuring Los Alamitos Police Department, OCFA, CERT. At 5:30 p.m. we will be having a ceremony to recognize our Veterans, and so much more. Grab a drink at our beverage garden and relax while listening to live music from 4:00 p.m. to 10:00 p.m.

To finish off the celebration, we are ending the night with our Los Alamitos Glow Run where more than 1,500 participants will unite in their most eccentric neon outfits



and experience the magic of glow tunnels. **The first 1,000 kids to register for the Glow Run are FREE!** Click on the image below.

Don't miss out on these exciting activities and events highlighting our beautiful City of Los Alamitos! We can't wait to see you, your family and friends.



Veterans' Recognition

Attention Los Alamitos residents! Join us at the Celebrate Los Al event on Saturday, September 14 at 5:30 p.m. on Pine Street as we honor our local veterans. If you know a Los Alamitos resident who is a Veteran and would like to have them recognized, contact us at 562-430-1073 for more details. Let's come together to celebrate and honor our heroes!



CITY OF
Los Alamitos
California

CALLING FOR VETERANS

We are seeking Los Alamitos resident Veterans to be recognized at Celebrate Los Al!

Saturday, September 14
5:30 p.m. on Pine St.

If you are a Veteran or know a Veteran who would like to be recognized, contact us to find out more information: **562-430-1073**

My City ♥ My Los Al




Serve LOS AL Citywide Volunteer Service Event
SEPTEMBER 13 & 14, 2024 Volunteers needed!

Sign up to volunteer at www.servelosal.org

Assembly 9-14-24
8:30am • Oak Middle School

Serve Los Al

Join us for a city-wide volunteer service event on September 14, 2024. We need your help to volunteer and assist in completing projects at local non-profits and parks within the City of Los Alamitos. Serve Los Al is an event where our City pulls together in unison to make an impact within our community.



An Assembly will occur at the Oak Middle School Amphitheater at 8:30 a.m. on Saturday, September 14. At this assembly, volunteers will gather for a complimentary breakfast, and a speech from our Mayor. Volunteers will also receive their volunteer t-shirts and following the assembly, volunteers will disperse to their projects from 9:00 - 12:00 p.m. It is events like Serve Los Al where our community shows just how strong the City of Los Alamitos is!

Volunteer Here



Los Alamitos Recreation & Community Services
Creating Quality of Life

Co-Ed Youth Volleyball League

Bump-Set-Dominate! Come and learn the skills and techniques of volleyball or sharpen your skills in the Recreation Department's Co-ed Youth Volleyball League. Practice will be held once per week, beginning the week of September 9. Players will be grouped into teams and given practice times based on grade. The first week is dedicated to practice, with the first game scheduled on Friday, September 20, and ending with the Skills Contest on Friday, November 16. The game schedule will be distributed by September 16. Jersey and award are included in the fee.

Grades 4-8 • September 9 - November 15
No Practice/Games: 10/14, 11/11 • 10 weeks
Res. \$145, Non-Res. \$150

CODE	PRACTICE SITE	DIVISION	PRACTICE DAY	PRACTICE TIME
FA24310	JFTB Gym	Spike (6th-8th grade)	Mondays	5:00-6:30pm
FA24420	JFTB Gym	Spike (6th-8th grade)	Mondays	6:45-8:15pm
FA24311	JFTB Gym	Set (4th-5th grade)	Wednesdays	5:00-6:00pm
FA24421	JFTB Gym	Set (4th-5th grade)	Wednesdays	6:15-7:15pm

Practice sites, practice times, and game times are subject to change.



Youth Volleyball League

The Co-ed Youth Volleyball League is back this Fall Season! Join us for a season full of total volleyball domination. Bump-Set-Dominate! It never gets old.

The Co-ed Youth Volleyball League offers two divisions: Set Division (4th-5th Grade) and Spike Division (6th-8th Grade). One team from both divisions will be crowned the league champions. League champions will receive a trophy, and all participants will receive a medal. Jersey and award are included in the fee. The last session of the program will consist of a Skills Contest where teams will come together to compete in a drill-based competition and close out with an awards ceremony. You do not want to miss out on volleyball fun in the Fall!

[Register Here](#)



Jr. Pee Wee Flag Football

Get a jump start on your football career! Participants will learn the skills of the game in a clinic-style, fun atmosphere. Future football stars will learn basic skills such as passing, catching, and flag-pulling. This is an excellent introductory camp for those starting out in football or looking to refine their skills. Award is included in the fee.

Dates: Tuesdays, 9/10 – 10/08



Time: 5:00 – 5:45 p.m. (4-7 years old)

Location: Little Cottonwood Park (4000 Farquhar Ave.)

[Register Here](#)

My City ♥ My Los Al

CITY OF Los Alamitos California

ELEVATE WOMEN'S CONFERENCE

Premier Sponsor: **Wednesday, October 9, 2024**
8:30 a.m. to 1:00 p.m.

Take time to invest in yourself and your future!

In this half day conference, you will:

- Open your mind to new concepts that will help you achieve your best self, both personally & professionally.
- Learn new tactical skills that will shift your mindset.
- Connect with other local women, like yourself, who are also committed to growing!

Los Alamitos Community Center 10911 Oak Street Los Alamitos, CA 90720

Ages 18+ **\$40**
Pre-registration required. Limited seating.
No registration at the door.

Register at losalrecreation.myrec.com

Sir Speedy
PRINT SERVICIS MANAGING
Los Alamitos

Elevate Women's Conference

Join us for the City of Los Alamitos 3rd annual “Elevate” Women’s Conference on Wednesday, October 9, 2024 from 8:30 a.m. to 1:00 p.m. at the Los Alamitos Community Center. Take time to invest in yourself and your future. In this half day conference, you will open your mind to new concepts to help you achieve your best self, both personally and professionally. Learn new tactical skills that will shift your mindset and connect with local women, like yourself, who are also committed to growing. Pre-registration of \$40 is required and the event is targeted for ages 18+. Lunch is included. Register today, as seating is limited.

[Register Here](#)



ELEVATE WOMEN'S CONFERENCE

8:30am **Check-in**

Intro & Welcome Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos

Keynote Speakers

- Women and Life Transitions - Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos
- Don't Let the Queen Bee Syndrome Sting You - Tracy Miller - TM Consulting

Breakout Session 1 (Choose one):

- Women's Reproductive Health: Its Importance & Navigating the Challenges - Christine M. Feigal, MD
Obstetrician-Gynecologist, MemorialCare Medical Group
Vice Chair, Obstetrics & Gynecology, MemorialCare Long Beach Medical Center
- Bridging the Gaps in Women's Healthcare with Acupuncture - Sarom "Grace" Han, LAc - BT Wellness
- Resiliency & Inner Strength - Lina Lumme, CEO - The Youth Center

Breakout Session 2 (Choose one):

- Sound Mind, Sound Body: Empowering Women Through Mental Health & Self-Care with Sound Healing - Dr. Tselane Gardner, DBC, MFT
- Lights, Camera, Action: 5 Ways to Become the Maven of Your Midlife - Denyse Rabbat, Career Coach
- Stress Management and Social Support - Dr. Laura Zettel-Watson & Dr. Melanie Horn Mallers - Gero Fusion

11:15am **Lunch**

Small Group Networking & Discussion

Closing Keynote Speaker Panel Topic - Growth, Transitions, & Transformation

Facilitator: Tara Farajian, LCSW - Transitions in Motherhood
Panelists: Michelle Boos - Five Elements Consulting Group LLC
Council Member Tanya Doby - City of Los Alamitos
Felicia Gonzalez, AAMS® - Edward Jones Investments

1:00pm **Closing**

Los Alamitos
Recreation & Community Services
AQUATICS

4 - Week Sessions

2x a Week - \$134(Res) \$139(Non-Res)	1x a Week - \$65(Res) \$70(Non-Res)
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Los Alamitos Aquatics Program

Youth Swim Lessons are available now at the MWR Aquatic Training Center at the Los Alamitos Joint Forces Training Base! There are 2-day-a-week and 1-day-a-week options and a variety of times to fit your schedule. Space is limited in some classes, so make sure to register as soon as possible! Don't forget FREE recreation swim is offered on Fridays and Sundays from 10:00 a.m. – 2:00 p.m. until September at the MWR Aquatic Training Center, reservations can be made online.

[Click Here](#)

Pickleball Time at the Los Alamitos Joint Forces Training Base Gym

The Los Alamitos Recreation and Community Services Department offers



open-play pickleball on Tuesdays and Thursdays at the Los Alamitos Joint Forces Training Base Gym (11360 Valley Forge Ave, Los Alamitos, CA 90720). Two time slots are available on Tuesdays and Thursdays: 9 a.m. – 12:00 p.m. and 5:00 – 8:00 p.m. Come see what the pickleball buzz is all about!

The drop-in fee per session is \$5 per person (cash only). A monthly membership option is available for \$30 which grants you access to all sessions throughout the month. Monthly memberships are purchased online.

All participants entering the Joint Forces Training Base must have a valid I.D. present.

Monthly Membership

Fall Brochure

The 2024 City of Los Alamitos Fall Recreation printed brochure is here now. There are so many new and exciting classes you don't want to miss!. The MemorialCare Miller Children's & Women's Hospital Long Beach Scholarships are also available for eligible Los Alamitos residents.



2024 Recreation & Community Services Special Event Opportunities

Los Alamitos
Recreation & Community Services
Creating Quality of Life

The City of Los Alamitos Recreation and Community Services Department prides itself on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

EVENT SPONSORSHIP OPPORTUNITIES

My City ♥ My Los Al

City of Los Alamitos Recreation & Community Services Department
10911 Oak St. Los Alamitos • 562-430-1073 • www.cityoflosalamitos.org

The Recreation & Community Services Department invites your business to get involved as an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:

[Sponsor Application](#)



Online Calendar

For more details on all City events,
please visit our online calendar at:
www.cityoflosalamitos.org



[Click Here](#)

Business Calendar

Upcoming City Meetings



PRESENTATION RECAP City Council - July, 2024

- 1. 2023 Annual @losalamitospd Honorees.
- 2. Oath of Office for Los Alamitos Police Officer Peacock.
- 3. Los Alamitos Employee of the Quarter - Spring 2024.

NEXT CITY COUNCIL SPECIAL MEETING

- Monday, August 19, 2024
- 6:00 P.M.
- City Council Chamber (3191 Katella Ave., Los Alamitos, CA, 90720)

Full agenda details can be found on the City's website at:

<http://cityoflosalamitos.org/129/Agendas-Minutes>

Upcoming Schedule City Business

UPCOMING SCHEDULE CITY BUSINESS

- AUG 19** CITY COUNCIL
6:00 p.m. - Third Monday of the Month
- SEP 4** PARKS, RECREATION, AND CULTURAL ARTS COMMISSION
7:00 p.m. - First Wednesday of the Month
- AUG 28** PLANNING COMMISSION
7:00 p.m. - Fourth Wednesday of the Month
- SEP 11** TRAFFIC COMMISSION
7:00 p.m. - Second Wednesday of the Month

Full Agenda Details Online:
<http://cityoflosalamitos.org/129/Agendas-Minutes>

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

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For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram @cityoflosal

Instagram

Facebook

Linked
In

Join our Team

My City ♥ My Los Al



CITY OF
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