



Weekly E-News

News

Los Alamitos Community Center Grand Re-Opening Next Week!

You and your family are invited to attend the Grand Re-Opening of the City of Los Alamitos Community Center located at 10911 Oak St., Los Alamitos. Please join us on Friday, October 4, 2024 from 5:30 p.m. to 8:00 p.m. for our Grand Re-Opening and Ribbon Cutting Ceremony beginning at 5:30 p.m. Come dressed up in cocktail attire, tour our Open House, and celebrate with us! This event is free and includes appetizers (first come, first served), DJ and dancing! Additional parking will be available at the Oak Middle School parking lot.



City of Los Alamitos invites you to attend the Community Center

GRAND

Re-Opening

Friday, October 4, 2024
5:30 p.m. to 8:00 p.m.

Ribbon Cutting at 5:30 p.m.



You are invited to this free event!



LOS ALAMITOS COMMUNITY CENTER

In honor of the spirit of Los Alamitos residents, we proudly rededicate this facility as a testament to the collective efforts, vision, and generosity of this great community.

May this Community Center continue to be a place to gather, learn, grow, and celebrate.

REDEDICATED TO THE LOS ALAMITOS COMMUNITY ON OCTOBER 4, 2024

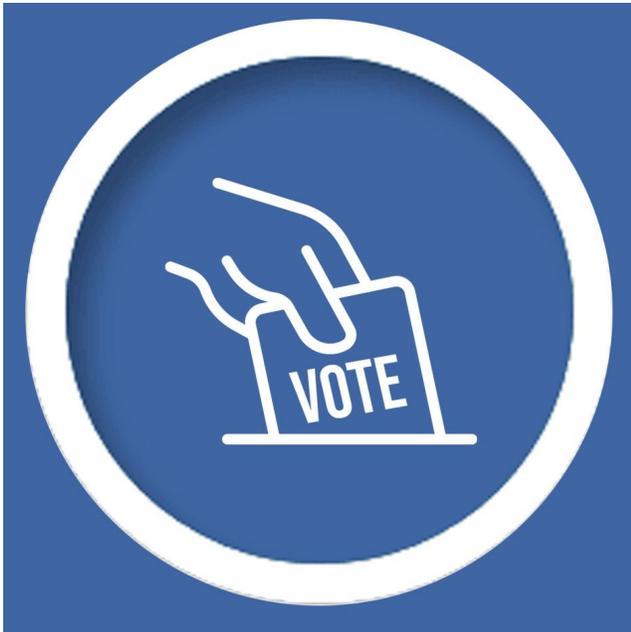
This project was made possible through the dedicated work and financial support of State Senator Janet Nguyen

10911 Oak Street, Los Alamitos, CA 90720

Come dressed up with your family, tour our Open House and celebrate with us! Appetizers served. Cocktail Attire. DJ and dancing.

www.cityoflosalamitos.org

We proudly rededicate this facility as a testament to the collective efforts, vision, and generosity of this great community. May this Community Center continue to be a place to gather, learn, grow, and celebrate. This project was made possible through the dedicated work and financial support of State Senator Janet Nguyen.



Los Alamitos City Government Accountability, Transparency Charter Reform Measure

In the November 2024 general election, registered voters will see Measure X - Los Alamitos City Government Accountability, Transparency Charter Reform on the ballot. The measure aims to update the City Charter, which was initially established in 1966.

Measure X offers several key reforms including updating the public works contracting requirements, establishing district-specific term limits for City Council members, updating language related to district elections, placing local campaign contribution limits on those seeking City Council office and requiring public filing and disclosure of lobbyist activities in the City.

To learn more about the Los Alamitos City Government Accountability, Transparency



ANNUAL COMMUNITY SHRED EVENT

FREE EVENT

Monday, October 14, 2024
9 a.m. to 1 p.m. OR
Until the Truck is Full

A CERTIFIED MOBILE SHRED TRUCK WILL SHRED DOCUMENTS PROVIDED IN PERSON ON SITE

10911 Oak Street
Los Alamitos, CA 90720

- Limit of 4 bank boxes per car
- Staff will be available to assist with boxes
- No binders
- No electronic media
- No e-rays
- No plastic/trash

Call For Details (949) 431-3538

My City ♥ My Los Al

Website [cityoflosalamitos.org](https://www.cityoflosalamitos.org)

2024 Shred Event

Please join us for our Annual Community Shred Event. Members of the public are invited to queue up in the Community Center parking lot, where we will have staff available to help you offload your documents for shredding. We ask residents limit themselves to 4 boxes per car. Shredding is completed onsite. The event will be held on Monday, October 14, 2024, from 9:00 a.m. to 1:00 p.m. or until the truck is filled.

Recreation and Community Services



My City ♥ My Los Al

CITY OF Los Alamitos California

ELEVATE WOMEN'S CONFERENCE

Premier Sponsor:
MemorialCare
Long Beach Medical Center

Wednesday, October 9, 2024
8:30 a.m. to 1:00 p.m.

Take time to invest in yourself and your future!

In this half day conference, you will:

- Open your mind to new concepts that will help you achieve your best self, both personally & professionally.
- Learn new tactical skills that will shift your mindset.
- Connect with other local women, like yourself, who are also committed to growing!

Los Alamitos Community Center Ages 18+ **\$40**
10911 Oak Street Los Alamitos, CA 90720 Pre-registration required. Limited seating. No registration at the door.

PrintMasters Register at [losalrecreation.myrec.com](https://www.losalrecreation.myrec.com) **By Community**

Elevate Women's Conference

Join us for the City of Los Alamitos 3rd annual "Elevate" Women's Conference on Wednesday, October 9, 2024 from 8:30 a.m. to 1:00 p.m. at the Los Alamitos Community Center. Take time to invest in yourself and your future. In this half day conference, you will open your mind to new concepts to help you achieve your best self, both personally and professionally. Learn new tactical skills that will shift your mindset and connect with local women, like yourself, who are also committed to growing. Pre-registration of \$40 is required and the event is targeted for ages 18+. Lunch is included. Register today, as seating is limited.

[Register Here](https://www.losalrecreation.myrec.com)

ELEVATE WOMEN'S CONFERENCE

8:30am Check-in

Intro & Welcome Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos

Keynote Speakers

- Women and Life Transitions - Mayor Pro Tem Shelley Hasselbrink - City of Los Alamitos
- Don't Let the Queen Bee Syndrome Sting You - Tracy Miller - TM Consulting

Breakout Session 1 (Choose one):

- Women's Reproductive Health: Its Importance & Navigating the Challenges - Christine M. Feigal, MD
Obstetrician-Gynecologist, MemorialCare Medical Group
- Vice Chair, Obstetrics & Gynecology, MemorialCare Long Beach Medical Center
- Bridging the Gaps in Women's Healthcare with Acupuncture - Sarom "Grace" Han, LAc - BT Wellness
- Resiliency & Inner Strength - Lina Lumme, CEO - The Youth Center

Breakout Session 2 (Choose one):

- Sound Mind, Sound Body: Empowering Women Through Mental Health & Self-Care with Sound Healing - Dr. Tselane Gardner, DBC, MFT
- Lights, Camera, Action: 5 Ways to Become the Maven of Your Midlife - Denyse Rabbat, Career Coach
- Stress Management and Social Support - Dr. Laura Zettel-Watson & Dr. Melanie Horn Mallers - Gero Fusion

11:15am Lunch

Small Group Networking & Discussion

Closing Keynote Speaker Panel Topic - Growth, Transitions, & Transformation

Facilitator: Tara Farajian, LCSW - Transitions in Motherhood
Panelists: Michelle Boos - Five Elements Consulting Group LLC
Council Member Tanya Doby - City of Los Alamitos
Felicia Gonzalez, AAMS® - Edward Jones Investments

1:00pm Closing



Celebrate Los Al Recap

The City of Los Alamitos Recreation and Community Services Department held the Celebrate Los Al event on Saturday, September 14, 2024. The morning started with the 7th annual Serve Los Al event where over 100 volunteers gathered for an assembly at 8:30 a.m. at the Oak Middle School Outdoor Amphitheatre. The event was led by Recreation Coordinator Angel Hernandez. Volunteers were welcomed by Recreation Staff and received a Serve Los Al volunteer shirt and were given breakfast burritos provided by Nick's Deli. Water provided by Golden State Water along with snacks were also available for volunteers to enjoy. At the Assembly, local elected officials addressed the volunteers and thanked them for their volunteer service. Following the Assembly, volunteers gathered for a group photo and dispersed to their project sites.

You can read more about it [here](#).

Trunk or Treat

MemorialCare
 Miller Children's & Women's
 Hospital Long Beach

Los Alamitos
 Recreation & Community Services
Creating Quality of Life

FREE ADMISSION!
TRUNK OR TREAT
 A FUN, SAFE HALLOWEEN EVENT FOR FAMILIES

FREE PUMPKIN PATCH PRESENTED BY
Southland
 CREDIT UNION

SATURDAY,
OCTOBER 26 | **5:00 - 7:30 PM** | **4000 FARGUJAR AVE,**
 LITTLE COTTONWOOD PARK | **LOS ALAMITOS**

NEW COSTUME PET DIVISION!

www.cityoflosalamitos.org/recreation

Get ready for a spooktacular good time! Join us for the MemorialCare Miller Children's & Women's Hospital Long Beach Trunk or Treat presented by Southland Credit Union on Saturday, October 26 from 5:00 p.m. – 7:30 p.m. at Little Cottonwood Park. Make sure to bring your costumes and sweet tooth as the night will be filled with treats, thrills, and a trunkful of fun! Trick or treating from trunks, the ever so popular costume contest, a brand NEW pet costume contest (dogs must be leashed), an adult pie eating contest, a spooky train ride, food and artisan vendors, carnival games, a beverage garden benefiting the Los Alamitos Community Foundation, inflatables, and a free pumpkin patch presented by Southland Credit Union will be available for all to enjoy!

Los Alamitos
 Recreation & Community Services
AQUATICS

4 - Week Sessions

2x a Week -
\$134(Res)
\$139(Non-Res)

1x a Week -
\$65(Res)
\$70(Non-Res)

Los Alamitos Aquatics Program

Youth Swim Lessons are available now at the MWR Aquatic Training Center at the Los Alamitos Joint Forces Training Base! There are 2-day-a-week and 1-day-a-week options and a variety of times to fit your schedule. Space is limited in some classes, so make sure to register as soon as possible! Don't forget FREE recreation swim is offered on Fridays and Sundays from 10:00 a.m. – 2:00 p.m. until September at the MWR Aquatic Training Center, reservations can be made online.

[Click Here](#)

Pickleball Time at the Los Alamitos Joint Forces Training Base Gym

The Los Alamitos Recreation and Community Services Department offers



open-play pickleball on Tuesdays and Thursdays at the Los Alamitos Joint Forces Training Base Gym (11360 Valley Forge Ave, Los Alamitos, CA 90720). Two time slots are available on Tuesdays and Thursdays: 9:00 a.m. – 12:00 p.m. and 5:00 – 8:00 p.m. Come see what the pickleball buzz is all about!

*** Please note that on Tuesday evenings, from 9/10 – 10/15, pickleball will run from 6:00 – 8:00 p.m.**



The drop-in fee per session is \$5 per person (cash only). A monthly membership option is available for \$30 which grants you access to all sessions throughout the month. Monthly memberships are purchased online.

All participants entering the Joint Forces Training Base must have a valid I.D. present.

Monthly Membership

Fall Brochure

The 2024 City of Los Alamitos Fall Recreation printed brochure is here now. There are so many new and exciting classes you don't want to miss!. The MemorialCare Miller Children's & Women's Hospital Long Beach Scholarships are also available for eligible Los Alamitos residents.



2024 Recreation & Community Services Special Event Opportunities

Los Alamitos
Recreation & Community Services
Creating Quality of Life

The City of Los Alamitos Recreation and Community Services Department prides itself on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

EVENT SPONSORSHIP OPPORTUNITIES

My City ♥ My Los Al

City of Los Alamitos Recreation & Community Services Department
10911 Oak St. Los Alamitos • 562-430-1073 • www.cityoflosalamitos.org

The Recreation & Community Services Department invites your business to get involved as an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:

[Sponsor Application](#)



Economic Development

Nites on Pine St.

The City of Los Alamitos and Elite Special Events are excited to announce a new monthly event, "Nites on Pine," in



Music, Bites, and Community Nites

- AUGUST 17TH
- SEPTEMBER 21ST
- OCTOBER 19TH
- NOVEMBER 16TH

4:00 PM - 9:00 PM

10902 PINE STREET • FLORISTA ST. & PINE ST.
 WWW.CITYOFLOSALAMITOS.ORG • @NITESONPINE
 FOR VENDOR INFORMATION, PLEASE CALL: (310) 560-9122

My City My Los Al

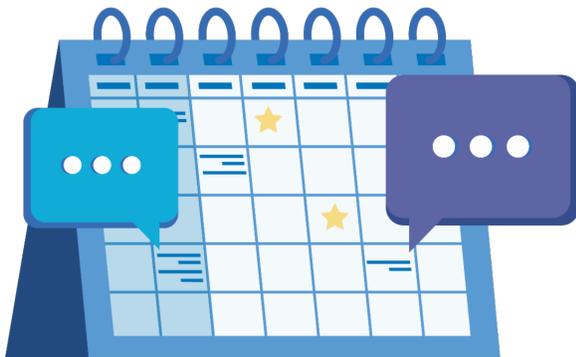
downtown Los Alamitos. This lively street fair will feature live music, a free kids zone, gourmet food trucks, and creative pop-up retail vendors. Scheduled on the third Saturday of each month, the upcoming dates are Aug. 17, Sept. 21, Oct. 19, and Nov. 16, from 4:00 to 9:00 pm.

As a pop-up market, vendors are required to bring their own canopy, tables, and chairs. Limited power is available for vendors needing lights. We are renting only 30 retail and 5 food truck spaces, so submit your application promptly!

@NitesonPine / Instagram

Click Here for More Information

Online Calendar



For more details on all City events,

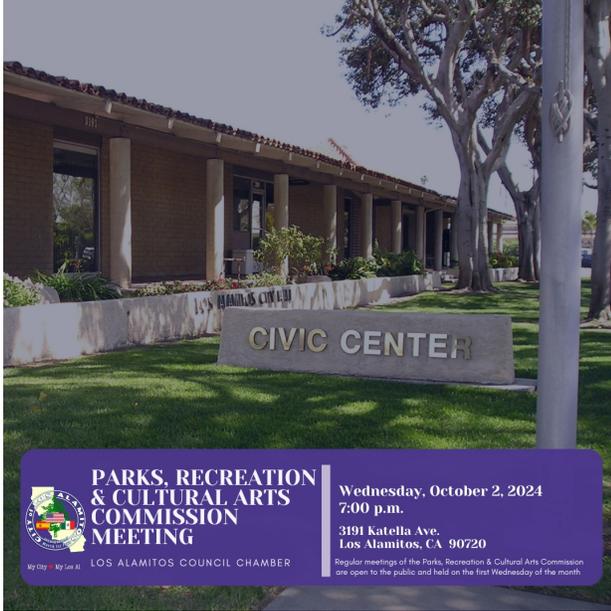
please visit our online calendar at: www.cityoflosalamitos.org

Click Here

Business Calendar

Upcoming City Meetings

Upcoming Schedule City Business



The Los Alamitos Parks, Recreation & Cultural Arts Commission will meet in person Wednesday, October 2, 2024, at 7:00 p.m. in the Council Chamber located at 3191 Katella Ave., Los Alamitos, CA 90720.

Full agenda details can be found on the City's website at: <http://cityoflosalamitos.org/129/Agendas-Minutes>



UPCOMING SCHEDULE

CITY BUSINESS

- OCT 21** CITY COUNCIL
6:00 p.m. - Third Monday of the Month
- OCT 2** PARKS, RECREATION, AND CULTURAL ARTS COMMISSION
7:00 p.m. - First Wednesday of the Month
- OCT 23** PLANNING COMMISSION
7:00 p.m. - Fourth Wednesday of the Month
- OCT 9** TRAFFIC COMMISSION
7:00 p.m. - Second Wednesday of the Month

Full Agenda Details Online:
<http://cityoflosalamitos.org/129/Agendas-Minutes>

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

Follow Us on Social Media



For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram @cityoflosal

Instagram

Facebook

Join our Team

My City ❤️ My Los Al



CITY OF Los Alamitos
California



APPLY NOW!

WWW.CITYOFLOSALAMITOS.ORG

Linked
In



For questions regarding the content
in this email, please
visit: www.cityoflosalamitos.org
or email: **Weekly E-News Inquiry**.

My City ♥ My Los Al

Get In Touch / Staff
Directory

Sign up here to receive the City's Weekly E-
News

City of Los Alamitos | 3191 Katella Avenue | Los Alamitos, CA 90720 US

[Unsubscribe](#) | [Constant Contact Data Notice](#)