



## PRESS RELEASE

City of Los Alamitos  
Contact: Angel Hernandez, Community Services Coordinator  
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*Released 8/14/25*

### Los Alamitos Youth Cross Country

*Los Alamitos, CA* – Is your child ready to push their limits, build endurance, and be part of a tight-knit team? Give your child an outlet to burn energy, build grit, and make new friends with The Los Alamitos Recreation and Community Services Department's NEW Cross Country program. For grades 3-8, Cross Country is the perfect way for participants to challenge themselves physically and mentally while enjoying the great outdoors for grades 3-8 this Fall! Whether your child is a seasoned runner or just starting, this program will help them improve their speed, stamina, and self-confidence. The Los Alamitos Cross Country program will take place on Thursdays from September 11 through November 13. Grades 3-5 will be trained for one mile, and grades 6-8 will be trained for two miles. On the last session of the program, a race will be held for all participants! A shirt is included in the fee.

**Grades:** 3-8

**Location:** Los Alamitos Community Center (10911 Oak St.)

**Dates:** September 11 – November 13 (Thursdays)

**Time:** 4:00 – 5:15 pm

**Res. Price:** \$125 / **Non-Res. Price:** \$130

Register now online or in-person at the Los Alamitos Community Center (10911 Oak Street). For additional information, please visit the Recreation & Community Services website at [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

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CITY OF  
**Los Alamitos**  
*California*

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**LOS ALAMITOS  
CROSS COUNTRY**

**10 week program • 4:00 - 5:15 p.m.  
9/11 - 11/13, Thursdays**

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

**Race on  
Last Day  
of Program!**



**Los Alamitos Community Center**  
(10911 Oak St., Los Alamitos)  
**Grades 3-5: 1 Mile**  
**Grades 6-8: 2 Mile**  
**Res: \$125 / Non-Res: \$130**

My City ♥ My Los Al

