



PRESS RELEASE

City of Los Alamitos
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Released 9/3/25

City of Los Alamitos Youth Flag Football Clinics Return This Fall

Los Alamitos, CA – The City of Los Alamitos Recreation and Community Services Department is pleased to announce the return of its youth flag football clinics this fall. These clinics present an engaging opportunity for young children to build athletic skills, stay active, and have fun in a team-oriented environment.

Starting Tuesday, September 9 through October 7, the five-week clinics will be held at Little Cottonwood Park, located at 4000 Farquhar Ave., Los Alamitos, from 5:15 p.m. to 6:00 p.m. each week.

Designed with early childhood development in mind, the football clinics introduce foundational techniques such as throwing, catching, running, and basic defensive play, all taught through fun drills and games led by Recreation Staff. The structured, play-based format encourages motor skill development, coordination, and confidence in a safe and supportive setting.

Two age-specific programs are available:

- **Parent & Me Football (Ages 2–3):** A hands-on introduction to the sport where parents actively participate alongside their child.
- **Jr. Pee Wee Football (Ages 4–7):** A beginner-friendly clinic focused on skill-building and teamwork through guided instruction and interactive games.

The cost is \$65 for Los Alamitos residents and \$70 for non-residents. Each participant will receive a participation award at the conclusion of the program. Registration is open now through Monday, September 8, and early sign-ups are encouraged as space is limited.



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For more information or to register, please visit the City's Recreation and Community Services website at www.cityoflosalamitos.org/recreation or contact the department directly at (562) 430-1073.

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