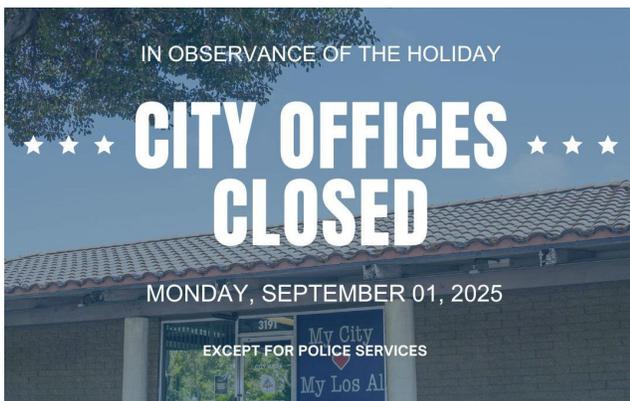


Weekly E-News

News



City Offices Closed

In observance of the holiday, **CITY OFFICES** are **CLOSED**, **Monday, September 1, 2025**. Except for Police Services. Normal business hours will resume on Tuesday, September 2, 2025, from 7:30 AM - 5:30 PM.

Good Evening Los Alamitos Postponed

We wanted to let you know that our Good Evening event has been postponed to a later date (TBD). We're working behind the

Join Us for

GOOD EVENING, Los Alamitos!

POSTPONED:
TBD

Los Alamitos
Community Center
10901 Oak St. Los Alamitos, 90720

Join us for the
City of Los Alamitos Open House

scenes to reschedule and will share the new date as soon as it's confirmed.

Thank you for your understanding and continued support. Stay tuned as we look forward to enjoying a great evening with you soon!

we want your feedback!

TAKE THE SURVEY

Community Survey Now Open – How do you stay informed?

Help the City of Los Alamitos improve how we share news, events, and alerts with YOU. In order for us to succeed, we need your feedback. Please take a moment to complete this short survey so that we can serve you better. Your feedback matters! **Take the survey online until August 31, 2025 here:**

<https://mylosalengage.com/en/projects/engagement-survey>

LEGEND

Tree to be removed

I-605/Katella Avenue Interchange Construction is Underway

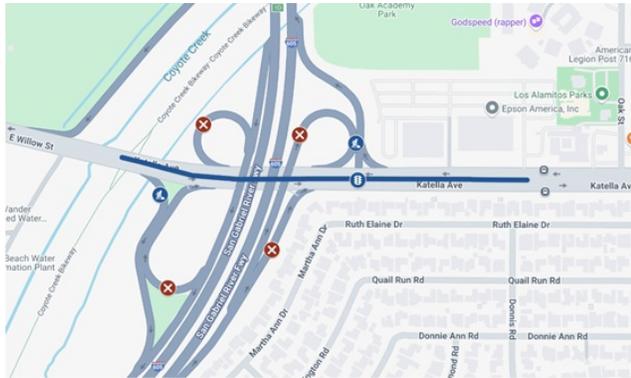
VEGETATION REMOVAL UPDATE

Crews are expected to continue night time vegetation removal before this activity concludes next week. This activity will require nightly closures beginning as soon as 9 p.m. to 5 a.m., Monday, Aug. 18,



through Friday, Aug. 22 (into Saturday morning).

- Northbound I-605 on-ramp from eastbound and westbound Katella Avenue
- Northbound I-605 off-ramps to eastbound and westbound Katella Avenue
- Southbound I-605 on-ramps from eastbound and westbound Katella Avenue
- Southbound I-605 off-ramp to eastbound Katella Avenue



TREE REMOVAL

Several trees are expected to be removed along eastbound Katella Avenue between the freeway and Epson Way during nighttime hours. Chainsaws and other equipment being used will generate noise. These trees conflict with planned improvements along this stretch, including a new bike lane and sidewalk.

CLOSURES AND DETOURS MAP

An interactive "Closures and Detours Map" will be updated regularly highlighting major activities and associated closures and detours. We encourage the community to bookmark the link for quick access to real-time construction information. Click on the image to be redirected, or [Click here](#).

This activity is expected to occur between 9 p.m. and 5 a.m., Tuesday, Aug. 19, through Thursday, Aug. 21 (into Friday morning).

PRELIMINARY ACTIVITIES FOR NEW BIKE LANES ON WESTBOUND KATELLA AVENUE EXPECTED TO BEGIN

Work is expected to begin later this month on westbound Katella Avenue, as crews begin preliminary activities for a new bike lane along this stretch. Upcoming work includes restriping, saw cutting and placing temporary concrete barriers before sidewalk improvements begin.

Drivers, pedestrians and cyclists will notice new traffic patterns and construction activities. Please use caution, follow posted signs and allow extra travel time to reach your destination.

STAY CONNECTED

octa.net/605Katella Text 605Katella to 888-720-7016
 888-200-3302 Message and data rates apply
 605KatellaInfo@octa.net
 @605Katella



ABOUT THE PROJECT

The Orange County Transportation Authority (OCTA), in cooperation with Caltrans, is improving the local interchange at Interstate 605 (I-605) and Katella Avenue. The project will enhance safety



and traffic flow by modifying existing on- and off-ramps, making improvements on Katella Avenue, and improving bicycle and pedestrian facilities.

For more information, including closures and detours [visitocala.net/605Construction](https://www.visitocala.net/605Construction), or email the Outreach Team at: 605KatellaInfo@ocala.net.

Recreation and Community Services



Summer Concerts Recap

The City of Los Alamitos Recreation and Community Services Department has concluded its annual Summer Concert Series event for the summer. Every Thursday, the music was set to begin at 6:30 p.m., but many visitors often showed up early to start setting up their lawn chairs and blankets. Attendees would quickly engulf the surrounding area as the evening moved forward, only leaving a pocket for those brave enough to test their dance skills in front of the stage. While the bands made their final equipment checks before showtime, many participants took this time to grab snacks, drinks, and other goodies from the various vendors available.



You can read more about it [here](#).



MemorialCare. **ELEVATE ENCORE**
50+

SENIOR EXPO

Health, Wellness and Resources for Your Second Act

AUGUST 27, 2025 • 10:00 A.M. - 12:00 P.M.

Los Alamitos Community Center
(10911 Oak St., Los Alamitos)
562-430-1073
[cityoflosalamitos.org/recreation](https://www.cityoflosalamitos.org/recreation)

FREE

Senior Expo

Next week, join the Los Alamitos Recreation & Community Services Department for our MemorialCare Elevate Encore Senior Expo, presented by Living Well Homecare, and Scan Medical Advantage, for an informative event featuring resources and information to help you in your second act! Resources will be



available on housing, transportation, caregiving, leisure services, volunteer opportunities, and more! This free event will be held Wednesday, August 27 from 10:00 a.m. to 12:00 p.m. at the Los Alamitos Recreation and Community Center. The first 150 participants in attendance will receive a FREE giveaway, while all in attendance can be entered to win one of several opportunity drawings!


FREE RECREATION SWIM
AUGUST 15th - AUGUST 29th
FRIDAYS
10:00 A.M. - 2:00 P.M.
OPEN TO ALL AGES
RESERVATIONS REQUIRED
Visit
losalrecreation.myrec.com
Parent supervision required
USCG approved life jackets are allowed
Swim test required to enter deep end

LOCATED AT MWR AQUATIC TRAINING CENTER AT THE LOS ALAMITOS JOINT FORCES TRAINING BASE
Real ID, US Passport, or Government-issued ID required for base entry
11360 Valley Forge Ave. Bldg. #44
Los Alamitos, CA 90720

Scan here to make a reservation!



For more information, please call the Front Desk at 562-430-1073 or email aquatics@cityoflosalamitos.org

All days and times may be subject to change or cancellation

Aquatics

Free Rec Swim! Please be sure to read the flyer for accurate dates, times, and locations. Reservations are required.

Click the link below to make your reservation today! Time slots will open two weeks before each date, as space is limited.

For more information, visit:
cityoflosalamitos.org/recreation

[Reserve Here](#)



Bump, Set, Dominate!

Co-ed Youth Volleyball is back this Fall Season! Join us for a season full of total volleyball domination. Bump-Set-Dominate! It never gets old.

The Co-ed Youth Volleyball League is returning this fall, offering an exciting opportunity for students in grades 4 through 8 to learn and compete in a fun, team-oriented environment. Players are divided into two divisions—Set Division for 4th–5th graders and Spike Division for 6th–8th graders—The league emphasizes skill development, teamwork, and



sportsmanship. All participants will receive a jersey and medal, while division champions will earn a trophy. The season concludes with a thrilling Skills Contest and awards ceremony, bringing all teams together to celebrate their progress. This program is a great way for youth to stay active, make friends, and grow both on and off the court.

Grades: 4 - 8

Res. Price: \$145 / **Non Res. Price:** \$150

Dates: September 8 - November 14

For more information and to register, click on the button below.



[Register Here](#)



Bump Clinic for 1st-3rd Grade!

If your athlete is too young for our Youth Volleyball League, we've got the perfect program! Bump clinic is meant to introduce your child to the basic skills and techniques of volleyball so that when they're of age, they can jump into our Volleyball League feeling equipped and confident. Taught by Recreation Staff, participants will engage in various drills and activities to help them develop the fundamental skills needed to excel in the sport. A T-shirt and certificate are included in the fee.

Dates: Tuesdays, September 9 – October 14

Time: 5:15 – 6:15pm

Location: Oak Middle School Gym (10821 Oak St.)



[Register Here](#)



It's Football Season!

Get a jump start on your football career with our Flag Football Clinic! Participants will learn the skills of the game in a clinic-style, fun, and energetic atmosphere. Led by experienced Recreation coaches, future football stars will learn basic skills such as passing, catching, and flag pulling. Whether your child is trying football for the first time or looking to build confidence on the field, our experienced coaches ensure every participant feels encouraged and included. An award is included in the fee.



Dates:

Tuesdays, September 9 – October 7

Time: 5:15 – 6:00pm

Location: Little Cottonwood Park
(4000 Farquhar Ave.)

Divisions:

Parent & Me (Ages 2-3)

*Parent Involvement Required

Jr. Pee Wee (Ages 4 – 7)

[Register Here](#)



Cross Country Program

We're proud to announce the launch of our brand-new Cross Country Program, where passion meets endurance and every mile builds champions. Whether your child is an experienced runner or just looking to challenge themselves in a new way, this program offers a supportive atmosphere and the chance to compete, grow, and push past limits. Lace up and join the journey—because greatness doesn't come easy, it comes earned, one step at a time.

Starting Location: Los Alamitos

Community Center (10911 Oak St.)

3rd-5th Grade: Will train for the mile

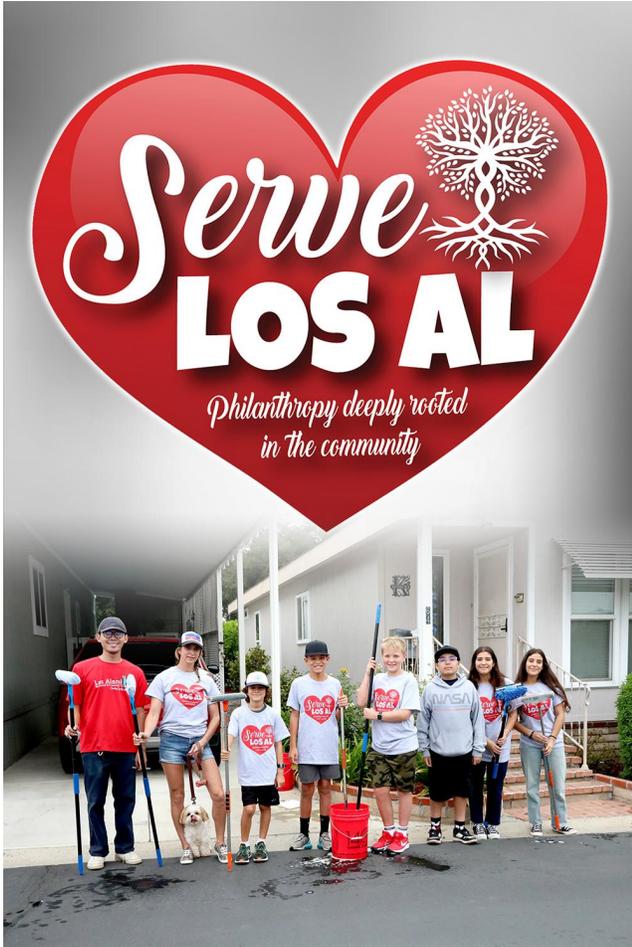
6th-8th Grade: Will train for the 2-miler

Res. Price: \$125 / Non Res. Price: \$130

Dates: Thursdays, September 11 -
November 13



[Register Here](#)



[Register Here](#)



Serve Los Al

Join us for a city-wide volunteer service event on **September 13, 2025**. We need your help to volunteer and assist in completing projects at local non-profits and parks within the City of Los Alamitos. Serve Los Al is an event where our City pulls together in unison to make an impact within our community.

A project will take place on Friday, September 12, with our main event day on Saturday, September 13. An assembly will occur at the Oak Middle School Amphitheater at 8:30 a.m. on Saturday, September 13. At this Assembly, volunteers will gather for a complimentary breakfast, and a speech from our Mayor. Volunteers will also receive their volunteer t-shirts and following the Assembly, volunteers will disperse to their projects from 9:00 - 12:00 p.m.

As a part of the Serve Los Al event, we are happy to have **Lestonnac Free Clinic** and **LifeStream Blood Bank** joining us on September 13. Lestonnac Free Clinic will be providing vision screenings and glasses on site at the Los Alamitos Community Center (10911 Oak St) from 9:00 a.m. to 12:00 p.m. LifeStream Blood Bank will have their bloodmobile set-up in the Community Center Parking Lot for participants to donate blood. If you know anyone who could benefit from this free service or would like to partake in the blood drive, please let them know to stop on by. Events like Serve

BLOOD DRIVE

Together We Give!

Proudly Hosted By
City of Los Alamitos

Los Al where our community shows just how strong the City of Los Alamitos is!



My City ♥ My Los Al

CITY OF
Los Alamitos
California

ELEVATE WOMEN'S CONFERENCE

Premier Sponsor:



Wednesday, October 1, 2025
8:30 a.m. to 1:00 p.m.

A dynamic, empowering experience that blends personal growth, professional development, and community building

- Learn about emotional intelligence and navigating through your personal & professional life.
- Learn about “becoming whole” and the process of integrating all parts of yourself, your emotions, values, experiences, & identities into a strong, authentic, and balanced sense of self.
- Connect with other local women, like yourself, who are also committed to growing and developing themselves & a powerful sense of community.

Los Alamitos Community Center
10911 Oak Street Los Alamitos, CA 90720

Ages 18+ **\$40**
Pre-registration required. Limited seating.
No registration at the door.

Register at losalrecreation.myrec.com

CITY OF
Los Alamitos
California

ELEVATE WOMEN'S CONFERENCE

My City ♥ My Los Al

8:30am **Check-in**

Intro & Welcome Mayor Shelley Hasselbrink - City of Los Alamitos

Keynote Speakers

- *The Beautiful Chaos of Becoming: Learning to Celebrate the Highs (and Survive the Lows)* - Mayor Shelley Hasselbrink, City of Los Alamitos
- *You've Got Style: Know Your Communication Style to Influence and Lead* - Gwen Hennessey, Hennessey Communications

Breakout Session 1 (Choose one):

- *When the Past Shows up in the Present: Meeting Your Inner Child* - Stephanie Archinas-Murphin, LMFT, Nurture & Heal Counseling
- *From Nervous to Noteworthy: Conquering Your Fears in Public Speaking & Self-Branding* - Felicia Gonzalez, Edward Jones®
- *Strong is the New Empowered: Redefining Women's Wellness* - Lisa Patino, Motivated by Lisa

Breakout Session 2 (Choose one):

- *Restoring Balance: The Female Body Under Stress & Eastern Wisdom* - Sarom "Grace" Han, LAc, BT Wellness
- *Your Hips Don't Lie: How Pelvic Floor Therapy Can Help You Feel More Confident in Your Body* - Kristin DiMiceli, Garage Pilates & Dr. Stacie Groat, DPT, Sunshine Physical Therapy & Wellness
- *Strong Hearts, Strong Women: Taking Charge of Your Heart Health* - Dr. Nissi Suppogu, Medical Director, Women's Heart Center, and Dr. Christina Rodriguez Ruiz, Medical Director, Advanced Cardiac Imaging, MemorialCare Heart & Vascular Institute at Long Beach Medical Center

Keynote Speaker

Unapologetic Wellness: Prioritizing Yourself Without Guilt - Mayor Pro Tem Tanya Doby

Speed Networking

Women Who Connect: The Power Exchange - Michelle Boos-Stone, Five Elements Consulting Group LLC.

12:15pm **Lunch & Small Group Discussion**

1:00pm **Closing**

Women's Conference

A dynamic, empowering experience that blends personal growth, professional development, and community building

Learn about emotional intelligence and navigating through your personal & professional life.

Learn about “becoming whole” and the process of integrating all parts of yourself, your emotions, values, experiences, & identities into a strong, authentic, and balanced sense of self.

Connect with other local women, like yourself, who are also committed to growing and developing themselves & a powerful sense of community.

[Register Here](#)



Los Alamitos
 Recreation & Community Services
 Creating Quality of Life

Miller Children's & Women's Hospital
 MemorialCare

Trunk or Treat

TRUNK APPLICATION

Saturday October 25, 2025

APPLY TO BE A TRUNK IN THIS GREAT COMMUNITY EVENT!
TRUNKS MUST ARRIVE BETWEEN 2:30PM TO 4:30PM

Little Cottonwood Park
 4000 Farquhar Ave. Los Alamitos

FILL OUT APPLICATION ON WWW.CITYOFLOSALAMITOS.ORG, THEN SEND APPLICATION TO CDETERDING@CITYOFLOSALAMITOS.ORG

Trunk or Treat

Would you like to be a trunk for Trunk or Treat 2025? The 14th Annual MemorialCare Miller Children's and Women's Long Beach Trunk or Treat, presented by Southland Credit Union, is on Saturday, October 25th, from 5:00 p.m. to 7:30 p.m. This well-attended event is a great way to participate in the community and make many memories for the families that attend. If you are interested in applying to be a trunk, please click the link or contact cdeterding@cityoflosalamitos.org.

City of Los Alamitos
 California

My City ♥ My Los Al

Pals of Los Al

Adaptive Sports

The City of Los Alamitos proudly invites participants requiring additional support or accommodations due to physical, mental, or developmental disabilities to join us at our second annual Pals of Los Al Youth Sports Day!

This inclusive afternoon is completely FREE! Go for the gold and come and showcase your skills. Individuals with disabilities and their siblings are welcome (ages 5+), registration is required. Parent/Guardian and or Aide is required to accompany participants at all times.

Wednesday, November 5, 2025 | **Oak Middle School Field (10821 Oak St.)**

Space is limited and pre-registration is required. Ages 5+

SCHEDULE
 3:10 p.m. Check-In
 3:30 p.m. - 3:40 p.m. Warm Up
 3:40 p.m. - 4:25 p.m. 10 Minute Sports Rotations
 4:25 p.m. - 4:45 p.m. Kona Ice

REGISTER HERE!
FREE

Sponsored by: www.cityoflosalamitos.org/recreation 562 - 430 - 1073
 Los Alamitos Community Foundation

Pals of Los Al

The City of Los Alamitos invites participants requiring additional support or accommodations due to physical, mental, or developmental disabilities, and their families to participate in our second annual Pals of Los Al on November 5, from 3:30 p.m. to 5:00 p.m. Go for the gold in this free youth sports event! **Registration starts in September.**

For any questions about this event please visit www.cityoflosalamitos.org/recreation or email cdeterding@cityoflosalamitos.org.

Los Alamitos Fall Adult Soccer League

Dust off those cleats and grab your squad — the Los Alamitos 2025 Fall Adult Soccer

Los Alamitos
Recreation & Community Services
Creating Quality of Life

REGISTRATION OPEN!
FALL 2025 LEAGUE
START WEEK: SEPTEMBER 1

CITY OF LOS ALAMITOS
ADULT SOCCER LEAGUE

Divisions:

- Wednesdays 7v7 Men's 35+
- Thursdays 7v7 Women's 30+
- Sundays 5v5 Co-ed 18+

League is just around the corner! Whether you're in it for the competition, the camaraderie, or just a good time under the lights, this league is sure to be the highlight of your week. Choose from three exciting divisions: 7v7 Men's 35+ on Wednesdays, 7v7 Women's 30+ on Thursdays, and our brand-new 5v5 Co-ed 18+ on Sundays. All skill levels are welcome and encouraged to join the fun! Regular registration is open through **August 28 at \$660 per team for 7v7 and \$500 per team for 5v5** (with games kicking off the first week of September). Don't miss your shot — register now and let the games begin!

[Register Here](#)



Pick-up Basketball

Pick-Up Basketball is back on Tuesday nights! Join us for Pick-Up Basketball from 8:30 – 10:00 p.m. at the Oak Middle School Gym (10821 Oak St.) The drop-in price is \$5 cash per person. Come solo or bring friends and rotate through games of basketball. **Must be at least 18 years old.** All skill levels welcome!



Calling All Seniors

Are you ready to make new friends or perhaps learn something new? Join us and discover all our engaging programming for the aging adult by clicking the link below. Don't miss out on the fun!

[Click Here](#)



Fall Brochure

The 2025 City of Los Alamitos printed Fall Recreation Brochure is available now. There are so many new and exciting classes and camps to keep you and your family busy all fall that you don't want to miss!

The MemorialCare Miller Children's & Women's Hospital Long Beach Scholarships are also available for eligible Los Alamitos residents.



2025 Recreation & Community Services Special Event Opportunities

The Recreation & Community Services Department invites your business to get involved as a Special Event Vendor or an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:



[Vendor Application](#)

Los Alamitos
Recreation & Community Services
Creating Quality of Life

The City of Los Alamitos Recreation and Community Services Department prides itself on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

EVENT SPONSORSHIP OPPORTUNITIES

My City ♥ My Los Al

City of Los Alamitos Recreation & Community Services Department
10911 Oak St., Los Alamitos • 562-430-1073 • www.cityoflosalamitos.org

Sponsor Application

Economic Development

September 11 Sega Countryside (Country) **Free Event**

October 9 The Emperors (Classic Rock)

Nites on Pine ST
LOS ALAMITOS

10901 Pine St.
(Florista St. and Pine St.)
6:30p.m. to 8:00p.m.

Live Music + Vendors + Free Kids Zone

@CityofLosAl
@NitesonPine

Presented by the Economic Development Division
For more information, contact (562) 431-3538 or visit cityoflosalamitos.org

Nites on Pine

Our very first Nites on Pine was a big success as New Romantics took the night away with an unforgettable performance. We're keeping the energy going with two more nights you won't want to miss.

Next up is Country Night on September 11 featuring the toe tappin' boot stomp'n' sounds of Sega Countryside. Dust off your cowboy boots, it's gonna be a good time.

Stay tuned for more exciting announcements by following us on Instagram at [@nitesonpine](#) on Instagram.

Online Calendar

For more details on all

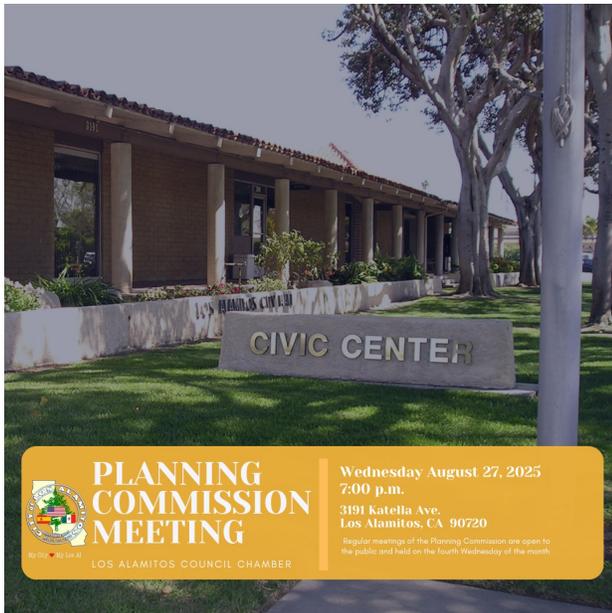


City events,
please visit our online calendar at:
www.cityoflosalamitos.org

[Click Here](#)

Business Calendar

Upcoming City Meetings



The **Planning Commission** meeting will meet in person Wednesday, August 27, 2025 at 7:00 p.m. in the Council Chamber located at 3191 Katella Ave., Los Alamitos, CA 90720.

Full agenda details can be found on the **City's website** at:
<http://cityoflosalamitos.org/129/Agendas-Minutes>

Upcoming Schedule City Business

UPCOMING SCHEDULE CITY BUSINESS

- SEP 15** CITY COUNCIL
6:00 p.m. - Third Monday of the Month
- OCT 1** PARKS, RECREATION, AND CULTURAL ARTS COMMISSION
7:00 p.m. - First Wednesday of the Month
- AUG 27** PLANNING COMMISSION
7:00 p.m. - Fourth Wednesday of the Month
- SEP 10** TRAFFIC COMMISSION
7:00 p.m. - Second Wednesday of the Month

Full Agenda Details Online:
<http://cityoflosalamitos.org/129/Agendas-Minutes>

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

Never Miss an Update

Join our Team



For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram @cityoflosal

[Instagram](#)

[Facebook](#)

[Linked In](#)

[Los Al Loop](#)

My City ❤️ My Los Al

Los Alamitos
California

APPLY NOW!

WWW.CITYOFLOSALAMITOS.ORG

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