



# Weekly E-News

## News

**September**

11 Sega Countryside (Country)

**October**

9 The Emperors (Classic Rock)

**Nites on Pine ST**  
LOS ALAMITOS

10901 Pine St.  
(Florista St. and Pine St.)  
6:30p.m. to 8:00p.m.

Live Music ✦ Vendors ✦ Free Kids Zone

Free Event

@CityofLosAl

@NitesonPine

Presented by the Economic Development Division  
For more information, contact (562) 431-3538 or visit [cityoflosalamitos.org](http://cityoflosalamitos.org)

### Nites on Pine

Our very first Nites on Pine was a big success as New Romantics took the night away with an unforgettable performance. We're keeping the energy going with two more nights you won't want to miss.

Next up is Country Night on September 11 featuring the toe tappin' boot stomp'n' sounds of Sega Countryside. Dust off your cowboy boots, it's gonna be a good time.

Stay tuned for more exciting announcements by following us on Instagram at [@nitesonpine](https://www.instagram.com/nitesonpine) on Instagram.

# I-605 | Katella INTERCHANGE



*Safer. Smarter. Smoother.*

## STAY CONNECTED

🌐 [octa.net/605Katella](http://octa.net/605Katella)

📞 888-200-3302

✉️ [605KatellaInfo@octa.net](mailto:605KatellaInfo@octa.net)

📱 @605Katella

Text 605Katella to  
888-720-7016

Message and data rates apply



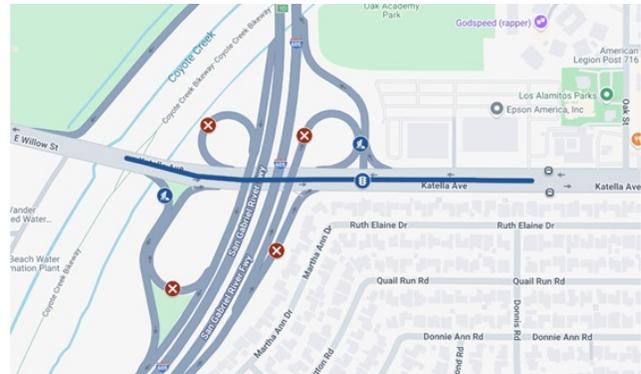
## ABOUT THE PROJECT

The Orange County Transportation Authority (OCTA), in cooperation with Caltrans, is improving the local interchange at Interstate 605 (I-605) and Katella Avenue. The project will enhance safety and traffic flow by modifying existing on- and off-ramps, making improvements on Katella Avenue, and improving bicycle and pedestrian facilities.

## I-605/Katella Interchange

[Click Here to View the Latest Updates](#)

## CLOSURES AND DETOURS MAP



An interactive "Closures and Detours Map" will be updated regularly highlighting major activities and associated closures and detours. We encourage the community to bookmark the link for quick access to real-time construction information. Click on the image to be redirected, or [Click here](#).

For more information, including closures and detours [visitocta.net/605Construction](http://visitocta.net/605Construction), or email the Outreach Team at: [605KatellaInfo@octa.net](mailto:605KatellaInfo@octa.net).

## H2OC StormwaterProgram

H2OC is a cooperative stormwater program which includes the County of Orange,

# OVERWATERING IS OUT

## KNOW THE COMMON POLLUTANTS



yard debris



pesticides



paint



detergents



trash



home solvents



engine oil



pet waste



fertilizers

If we overwater, the excess runoff flows over surfaces around our homes and picks up pollutants—creating and carrying pollution to our local waterways.

Find out how you can create a cleaner, healthier future by preventing runoff pollution.



Orange County's Solution to Runoff Pollution

Orange County Flood Control District (OCFCD), and all 34 cities in Orange County.

Clean beaches and healthy creeks, rivers, bays, and the ocean are important to Orange County. H2OC provides resources to residents and businesses to prevent water pollution and encourages personal action by working with members of each watershed community to prevent polluted runoff from entering our waterways.

To report pollution, please either visit <https://myOCeServices.ocgov.com> to submit a Service Request under Water Pollution, or call the **24-Hour pollution reporting hotline at 1-877-89-SPILL (77455)**.

Interested in learning about Orange County water quality requirements? Check out the [Model Water Quality Management Plan \(WQMP\)](#) to learn about Orange County requirements and the planning approval process.

## Recreation and Community Services

### Don't Miss, Celebrate Los Al

Celebrate Los Al returns on **Saturday, September 13** with a full day of community, food, and fun across Los Alamitos. The day kicks off with Serve Los Al, a city-wide service project, then we shift into festival mode from **4:30–9:30 p.m.** Stroll the **street fair** and **carnival**, meet our first responders at the **Public Safety Fair**, sample the best local bites at **Pine StrEATs**, raise a glass in

**Celebrate Los Al**

**Sept. 13, 2025**

10901 Pine Street, Los Alamitos

Carnival & Activities  
Celebrating Los Alamitos!

**8:30 AM**

**Street Fair & Carnival**  
4:30 PM  
Vendor Fair & Carnival Starts  
5:30 PM  
Veterans Recognition

**Concerts**  
4:30 PM  
80's All-Stars  
7:00 PM  
Country Nation

**300 Pine strEATs & Beverage Garden**  
Eat, Drink & Celebrate Los Al Restaurants  
5:00 PM

**Serve Los Al**  
Citywide Volunteer Service Event  
8:30 AM  
Oak Middle School Auditorium  
10821 Oak St. Los Alamitos

**Public Safety Fair**  
4:30 PM

**Glow Run & Glide**  
7:30 PM

**9:30 PM**

the Beverage Garden, and enjoy live performances all evening. We'll also pause for a special **Veterans Recognition at 5:30 p.m.** Cap the night with the **Elite Maintenance and Tree Service Glow Run and Glide at 7:30 p.m.** Bring your neighbors, wear your neon, and let's celebrate Los Al together!



## Serve Los Al

Join us for a city-wide volunteer service event on **September 13, 2025**. We need your help to volunteer and assist in completing projects at local non-profits and parks within the City of Los Alamitos. Serve Los Al is an event where our City pulls together in unison to make an impact within our community.

A project will take place on Friday, September 12, with our main event day on Saturday, September 13. An assembly will occur at the Oak Middle School Amphitheater at 8:30 a.m. on Saturday, September 13. At this Assembly, volunteers will gather for a complimentary breakfast, and a speech from our Mayor. Volunteers will also receive their volunteer t-shirts and following the Assembly, volunteers will disperse to their projects from 9:00 - 12:00 p.m.

[Register Here](#)

As a part of the Serve Los Al event, we are happy to have **Lestonnac Free Clinic** and **LifeStream Blood Bank** joining us on September 13. Lestonnac Free Clinic will be providing vision screenings and glasses



on site at the Los Alamitos Community Center (10911 Oak St) from 9:00 a.m. to 12:00 p.m. LifeStream Blood Bank will have their bloodmobile set-up in the Community Center Parking Lot for participants to donate blood. If you know anyone who could benefit from this free service or would like to partake in the blood drive, please let them know to stop by. Events like Serve Los Al are where our City demonstrates just how strong the Los Alamitos community is!

**BLOOD DRIVE**  
Together We Give!  
Proudly Hosted By  
**City of Los Alamitos**

**Make a Splash this Fall!**

JOIN US FOR SWIM LESSONS!  
MORNING & AFTERNOON TIMES AVAILABLE!

**REGISTER NOW**

## Make a Splash with Los Alamitos Aquatics

Whether you're splashing around in a Parent & Me class or leveling up in Pre-Swim Team, there's something for everyone!

All classes are held at the MWR Aquatic Center on the Joint Forces Training Base in Los Alamitos. Let the fun begin!

- 4-week sessions (except Session 3)
- 25-minute classes
- Monday/Wednesday or Saturday options available

**Session 1:** CLOSED

**Session 2:** October 6 – November 8

**Session 3:** November 17 – December 13

**Register today and dive into fun!**

[Register Here](#)

## Hit the Court this Fall!

The wait is nearly over! Our **Co-ed Youth Volleyball League** kicks off in **LESS THAN TWO WEEKS**, and spots are filling fast. This fall, students in **grades 4 through 8**



can join the action in a fun, team-driven environment focused on learning, growing, and competing.

### Divisions

- **Set Division:** 4th–5th Grade
- **Spike Division:** 6th–8th Grade

The focus is on **skill development, teamwork, and sportsmanship**—with a lot of fun along the way. Every player receives a jersey and medal, and division champions take home a **trophy!** The season wraps up with a **thrilling Skills Contest and awards ceremony**, where all teams come together to celebrate their progress on and off the court.

**Season Dates:** September 8 – November 14

**Grades:** 4–8

**Resident Price:** \$145

**Non-Resident Price:** \$150

Spots are limited, and the action starts soon—**register today** and get ready for a season of total volleyball domination! For more information and to register, click on the button below.

[Register Here](#)



## Ready, Set, Run!

Time to lace up those sneakers! Our **brand-new Cross Country Program** starts in just **two weeks**—perfect for young athletes ready to challenge themselves, build endurance, and grow stronger both mentally and physically.

Whether your child is a **seasoned runner** or just looking to try something new, they'll thrive in a **supportive, team-focused environment** designed to inspire and motivate.



**Starting Location:** Los Alamitos Community Center (10911 Oak St.)

**Dates:** Thursdays, September 11 - November 13

**Age Groups:**

**3rd-5th Grade:** Training for 1 mile

**6th-8th Grade:** Training for 2 miles

**Res. Price:** \$125 / **Non Res. Price:** \$130

Spots are limited and the season starts soon—**register today by clicking on the button below!**

[Register Here](#)



## Bump Clinic Starts in Less Than 2 Weeks – Sign Up Now!

For **1st–3rd graders** ready to get in the game!

Too young for our volleyball league? No problem! Our **Bump Clinic** introduces kids to the basics of volleyball through fun drills and activities led by Recreation Staff.

Includes a **T-shirt and certificate!**

**Location:** Oak Middle School Gym (10821 Oak St.)

**Dates:** Tuesdays, September 9 – October 14

**Time:** 5:15 – 6:15pm

**Less than 2 weeks left — secure your spot today by clicking on the button below!**

[Register Here](#)



## Football Fun Starts Soon!

Don't miss out! Our Flag Football Clinic kicks off Tuesday, September 9, giving young athletes a fun, supportive space to learn passing, catching, and flag pulling. Whether it's their first time playing or they want to build confidence, our skilled



coaches make sure everyone feels included and encouraged.

**When:**

Tuesdays, September 9 – October 7

**Time:** 5:15 – 6:00pm

**Where:** Little Cottonwood Park (4000 Farquhar Ave.)

**Divisions:**

Parent & Me (Ages 2-3)

\*Parent Involvement Required

Jr. Pee Wee (Ages 4 – 7)

An award is included for every participant.

**Hurry! Only less than two weeks to sign up—secure your spot today by clicking on the button below!**

[Register Here](#)



CITY OF LOS ALAMITOS  
RECREATION AND COMMUNITY  
SERVICES DEPARTMENT PRESENTS

**ADAPTIVE  
RECREATION  
MOVIE NIGHT:  
FEATURING "LUCA"**

**WEDNESDAY, SEPTEMBER 24  
4:00 - 5:30 PM**

10911 Oak Street Los Alamitos, CA 90720.

The City of Los Alamitos Recreation and Community Services Department invites participants with disabilities who require additional support or accommodations due to physical, mental, or developmental disabilities to this exclusive afternoon. Enjoy some freshly popped popcorn, and a movie!

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

SPONSORED BY:  
Los Alamitos  
Community Foundation

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PARENT/GUARDIANS AND OR AIDE ARE REQUIRED TO ACCOMPANY PARTICIPANTS AT ALL TIMES.

## Reel Fun Movie Night

The City of Los Alamitos invites participants with disabilities who require additional support or accommodations due to physical, mental, or developmental disabilities to this exclusive afternoon. Enjoy some freshly popped popcorn and a movie!

[Register Here](#)



## Women's Conference

A dynamic, empowering experience that blends personal growth, professional

**Premier Sponsor:**

**Wednesday, October 1, 2025**  
**8:30 a.m. to 1:00 p.m.**

**A dynamic, empowering experience that blends personal growth, professional development, and community building**

- Learn about emotional intelligence and navigating through your personal & professional life.
- Learn about “becoming whole” and the process of intergrating all parts of yourself, your emotions, values, experiences, & identities into a strong, authentic, and balanced sense of self.
- Connect with other local women, like yourself who are also committed to growing and developing themselves & a powerful sense of community.

**Los Alamitos Community Center**  
 10911 Oak Street Los Alamitos, CA 90720

Ages 18+ **\$40**  
 Pre-registration required. Limited seating.  
 No registration at the door.

Register at [losalrecreation.myrec.com](https://losalrecreation.myrec.com)

CITY OF  
**Los Alamitos**  
 California

# ELEVATE WOMEN'S CONFERENCE

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8:30am **Check-in**

**Intro & Welcome** Mayor Shelley Hasselbrink - City of Los Alamitos

**Keynote Speakers**

- *The Beautiful Chaos of Becoming: Learning to Celebrate the Highs (and Survive the Lows)* - Mayor Shelley Hasselbrink, City of Los Alamitos
- *You've Got Style: Know Your Communication Style to Influence and Lead* - Gwen Hennessey, Hennessey Communications

**Breakout Session 1 (Choose one):**

- *When the Past Shows up in the Present: Meeting Your Inner Child* - Stephanie Archinas-Murphin, LMFT, Nurture & Heal Counseling
- *From Nervous to Noteworthy: Conquering Your Fears in Public Speaking & Self-Branding* - Felicia Gonzalez, Edward Jones®
- *Strong is the New Empowered: Redefining Women's Wellness* - Lisa Patino, Motivated by Lisa

**Breakout Session 2 (Choose one):**

- *Restoring Balance: The Female Body Under Stress & Eastern Wisdom* - Sarom "Grace" Han, L.Ac, BT Wellness
- *Your Hips Don't Lie: How Pelvic Floor Therapy Can Help You Feel More Confident in Your Body* - Kristin DiMiceli, Garage Pilates & Dr. Stacie Groat, DPT, Sunshine Physical Therapy & Wellness
- *Strong Hearts, Strong Women: Taking Charge of Your Heart Health* - Dr. Nissi Suppogu, Medical Director, Women's Heart Center, and Dr. Christina Rodriguez Ruiz, Medical Director, Advanced Cardiac Imaging, MemorialCare Heart & Vascular Institute at Long Beach Medical Center

**Keynote Speaker**

*Unapologetic Wellness: Prioritizing Yourself Without Guilt* - Mayor Pro Tem Tanya Doby

**Speed Networking**

*Women Who Connect: The Power Exchange* - Michelle Boos-Stone, Five Elements Consulting Group LLC.

12:15pm **Lunch & Small Group Discussion**1:00pm **Closing**

development, and community building

Learn about emotional intelligence and navigating through your personal & professional life.

Learn about “becoming whole” and the process of intergrating all parts of yourself, your emotions, values, experiences, & identities into a strong, authentic, and balanced sense of self.

Connect with other local women, like yourself, who are also committed to growing and developing themselves & a powerful sense of community.

**Register Here**



## It's Candy Time!

Would you like to be a trunk for Trunk or Treat 2025? The 14th Annual MemorialCare Miller Children's and Women's Hospital Long Beach Trunk or Treat, presented by Southland Credit Union, is on Saturday, October 25th, from

**Los Alamitos**  
Recreation & Community Services  
Creating Quality of Life

**Miller Children's & Women's Hospital**  
MemorialCare

# Trunk or Treat

## TRUNK APPLICATION

Saturday October 25, 2025

**APPLY TO BE A TRUNK IN THIS GREAT COMMUNITY EVENT!  
TRUNKS MUST ARRIVE BETWEEN 2:30PM TO 4:30PM**

Little Cottonwood Park  
4000 Farquhar Ave. Los Alamitos

FILL OUT APPLICATION ON [WWW.CITYOFLOSALAMITOS.ORG](http://WWW.CITYOFLOSALAMITOS.ORG), THEN SEND APPLICATION TO [CDETERDING@CITYOFLOSALAMITOS.ORG](mailto:CDETERDING@CITYOFLOSALAMITOS.ORG)

5:00 p.m. to 7:30 p.m. This well-attended event is a great way to participate in the community and make many memories for the families that attend. If you are interested in applying to be a trunk, please click the link or contact [cdeterding@cityoflosalamitos.org](mailto:cdeterding@cityoflosalamitos.org).

**City of Los Alamitos**  
California

My City My Los Al

# Pals of Los Al

Adaptive Sports

The City of Los Alamitos proudly invites participants requiring additional support or accommodations due to physical, mental, or developmental disabilities to join us at our second annual Pals of Los Al Youth Sports Day!

This inclusive afternoon is completely **FREE!** Go for the gold and come and showcase your skills. Individuals with disabilities and their siblings are welcome (ages 5+), registration is required. Parent/Guardian and or Aide is required to accompany participants at all times.

**Wednesday, November 5, 2025** | **Oak Middle School Field (10821 Oak St.)**

Space is limited and pre-registration is required. Ages 5+

**SCHEDULE**

3:10 p.m.	Check-in		<b>REGISTER HERE!</b> <b>FREE</b>
3:30 p.m. - 3:40 p.m.	Warm Up		
3:40 p.m. - 4:25 p.m.	10 Minute Sports Rotations		
4:25 p.m. - 4:45 p.m.	Kona Ice		

Sponsored by: [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) 562 - 430 - 1073

Los Alamitos Community Foundation

## Let the Games Begin! Pals of Los Al

The City of Los Alamitos invites participants requiring additional support or accommodations due to physical, mental, or developmental disabilities, and their families to participate in our second annual Pals of Los Al on November 5, from 3:30 p.m. to 5:00 p.m. Go for the gold in this free youth sports event! **Registration is now open.**

For any questions about this event please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) or email [cdeterding@cityoflosalamitos.org](mailto:cdeterding@cityoflosalamitos.org).

[Register Here](#)

## Pick-up Basketball

Pick-Up Basketball is back on Tuesday nights! Join us for Pick-Up Basketball from 8:30 – 10:00 p.m. at the Oak Middle School



Gym (10821 Oak St.) The drop-in price is \$5 cash per person. Come solo or bring friends and rotate through games of basketball. **Must be at least 18 years old.** All skill levels welcome!

**PARTY IT UP**  
*Los Al Rec Style*

**My City ♥ My Los Al**

# PARTY PACKAGES

**Let us do the planning...**

LET'S BE HONEST... PARTIES TAKE A LOT OF TIME AND ENERGY TO PLAN. LUCKILY, THAT'S WHERE WE COME IN! CHOOSE FROM A MENU OF PARTY THEMES WITH A VARIETY OF OPTIONS TO MAKE YOUR CHILD'S BIRTHDAY FUN, MEMORABLE, AND STRESS FREE!

**Party Themes**

- DANCE PARTY
- FAIRY TALE ADVENTURES
- BATTLE ZONE
- SPORTS ZONE
- LITTLE ARTIST

**Customizable packages to fit your needs**

- FACILITY OR PICNIC SHELTER RENTAL (3 HOURS)
- DEDICATED PARTY HOST
- TABLES, LINENS, AND CHAIRS
- THEMED MUSIC
- THEMED ACTIVITIES & INSTRUCTION

**Add ons...**

- BOUNCERS
- DECORATIONS
- FACE PAINTING
- BALLOON TWISTING
- SNACK CUPS
- PHOTO AREA
- CAKE OR CUPCAKES
- CHARACTER APPEARANCES
- PLATES & FLATWARE
- DRINKS
- GUEST GOODIE BAGS
- GUEST BOOK & POLAROIDS
- AND MORE!

*Los Alamitos Recreation & Community Services Department*

FOR MORE INFORMATION,  
PLEASE CALL (562) 430-1073 OR EMAIL  
MSHIMADA@CITYOFLOSALAMITOS.ORG

**Let's get Started**

## Let Us Do The Planning

Let's be honest... parties take a lot of time and energy to plan. That's where we come in! Choose from a variety of fun, themed **party packages** designed to make your child's birthday celebration fun, memorable, and stress-free.

Explore our party options online at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation) or give us a call at (562) 430-1073 to start planning today!



## Calling All Seniors

Are you ready to make new friends or perhaps learn something new? Join us and discover all our engaging programming for the aging adult by clicking the link below. Don't miss out on the fun!

[Click Here](#)

## Free Programming

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

# FREE FALL WORKSHOPS

**All Seniors 50+** Pre-registration encouraged, but walk-ins welcome. Refreshments and giveaways for the first 10 who register and attend! (Must both register and attend workshop to collect giveaway.)

9/9 6:00-7:00p.m.	Need a break? A Respite Care Guide for Care Partners, <b>Alzheimer's OC</b>
9/17 1:00-2:00p.m.	Healthy Habits for Your Brain and Body, <b>Alzheimer's Association</b>
10/7 6:00-7:00p.m.	Managing Caregiver Stress, <b>Alzheimer's OC</b>
10/14 6:00-7:00p.m.	Manejo del estres del cuidador en Espanol, <b>Alzheimer's OC</b>
11/4 6:00-7:00p.m.	Finding Meaning in Caregiving, <b>Alzheimer's OC</b>
12/3 1:00-2:00p.m.	The Agony and Ecstasy of Aging, <b>SHANTI OC, Joyce Swaving</b>
12/9 6:00-7:00p.m.	Understanding and Dealing with Common Challenging Situations, <b>Alzheimer's OC</b>

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10911 Oak St., Los Alamitos, CA 90720  
(562) 430-1073 • [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)



## for Seniors

The Los Alamitos Recreation and Community Services Department will roll out a series of free senior workshops beginning in September. The first set of workshops focuses on caretaker support for those caring for a loved one. Additional programming includes a Halloween Costume Contest and Halloween Bingo Fundraiser, both in support of the Los Alamitos Senior Club. Click the link below for additional information on how to participate.

[Click Here](#)

## 2025 Recreation & Community Services Special Event Opportunities

The Recreation & Community Services Department invites your business to get involved as a Special Event Vendor or an Event Sponsor at one of our upcoming special events. Your partnership can help support our events and keep them free to the public while gaining a wide variety of marketing and community engagement benefits. To view full details, requirements and applications, please click below:

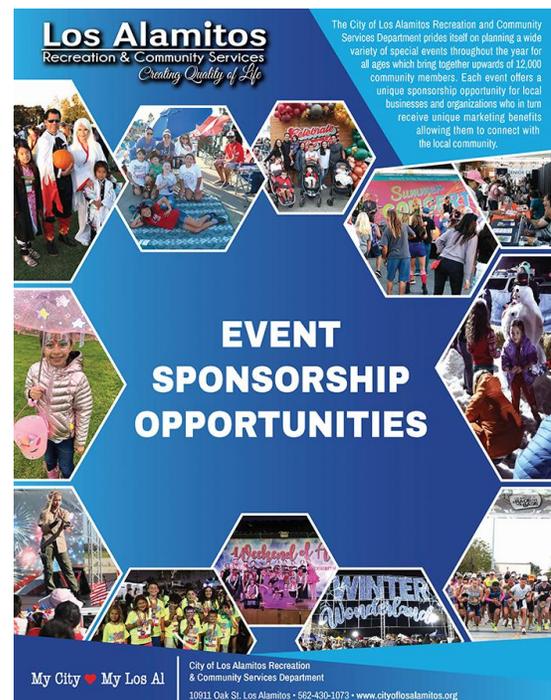


**Los Alamitos**  
Recreation & Community Services  
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SPECIAL EVENT VENDOR PACKET

The graphic features a collage of photos from various community events, including a parade, a festival, and a group of people at an outdoor gathering.

[Vendor Application](#)



**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

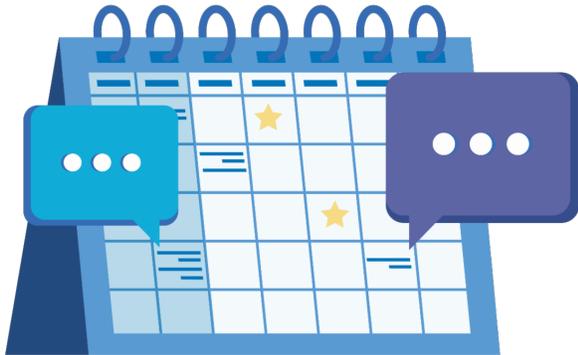
EVENT SPONSORSHIP OPPORTUNITIES

The City of Los Alamitos Recreation and Community Services Department prides local on planning a wide variety of special events throughout the year for all ages which bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

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City of Los Alamitos Recreation & Community Services Department  
10911 Oak St. Los Alamitos • 562-430-1073 • [www.cityoflosalamitos.org](http://www.cityoflosalamitos.org)

# Online Calendar



For more details on all  
**City events,**  
please visit our online calendar at:  
[www.cityoflosalamitos.org](http://www.cityoflosalamitos.org)

[Click Here](#)

# Business Calendar

## Upcoming City Meetings



The **Traffic Commission** meeting will meet in person Wednesday, September 10, 2025 at 7:00 p.m. in the Council Chamber located at 3191 Katella Ave., Los Alamitos, CA 90720.

Full agenda details can be found on the City's website at:  
<http://cityoflosalamitos.org/129/Agendas-Minutes>

## Upcoming Schedule City Business

**UPCOMING SCHEDULE**  
CITY BUSINESS

- SEP 15** CITY COUNCIL  
6:00 p.m. - Third Monday of the Month
- OCT 1** PARKS, RECREATION, AND CULTURAL ARTS COMMISSION  
7:00 p.m. - First Wednesday of the Month
- SEP 24** PLANNING COMMISSION  
7:00 p.m. - Fourth Wednesday of the Month
- SEP 10** TRAFFIC COMMISSION  
7:00 p.m. - Second Wednesday of the Month

Full Agenda Details Online:  
<http://cityoflosalamitos.org/129/Agendas-Minutes>

The City Council and appointed Commissions meet regularly to discuss City businesses. Meetings are open to the public and your input is always welcome and appreciated. You can sign up to receive notifications every time a new agenda is posted on the City's website here: <http://cityoflosalamitos.org/List.aspx>

## Never Miss an Update



For additional information on what the City of Los Alamitos is doing, make sure to follow us on Facebook and Instagram @cityoflosal

Instagram

Facebook

Linked  
In

Los Al  
Loop

## Join our Team

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## APPLY NOW!

[WWW.CITYOFLOSALAMITOS.ORG](http://WWW.CITYOFLOSALAMITOS.ORG)

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