



CITY OF Los Alamitos California

3191 Katella Avenue
Los Alamitos, CA 90720-5600
Telephone: (562) 431-3538
FAX: (562) 493-1255
www.cityoflosalamitos.org

PRESS RELEASE

City of Los Alamitos
Contact: Angel Hernandez, Recreation Coordinator
(562) 430 – 1073, ext. 517
Released 2/25/26

Los Alamitos Youth Track & Field

Los Alamitos, CA – The Los Alamitos Youth Track & Field program returns on Mondays from March 30 through May 18 (no session on April 6). For 1st through 8th graders, this is a perfect opportunity for athletes to enhance their skills in various track and field events and cross-country techniques! Taking place at the Oak Middle School Track (10821 Oak St.), Recreation Staff will prepare all athletes to compete in the 50m, 100m, 200m, and long jump events. Athletes in 4th to 8th grade will also train in the 400m and 800m events, depending on their skill level. The last session of the program will feature a track meet for all our participants at the McAuliffe Middle School Track (4112 W. Cerritos Ave.)! We can't wait to see all of you speedsters out there!

For additional registration information, please visit the Recreation & Community Services website at www.cityoflosalamitos.org/recreation or contact the Los Alamitos Recreation and Community Services Department at (562) 430-1073.

###

CITY OF LOS ALAMITOS
SPRING 2026
TRACK & FIELD

1ST - 3RD GRADE
4:30 - 5:15PM
RES. \$85 / NON-RES. \$91

4TH - 8TH GRADE
5:30 - 6:45PM
RES. \$95 / NON-RES. \$101

MARCH 30 - MAY 18
*NO PROGRAM 4/6
MONDAYS
*TRACK MEET AT MCAULIFFE TRACK ON 5/18

OAK MIDDLE SCHOOL TRACK
10821 OAK ST.,
LOS ALAMITOS

7 WEEKS WITH TRACK MEET
• SKILL DEVELOPMENT
• PROGRESSIVE TRAINING
• SUPPORTIVE COACHING

Los Alamitos
Recreation & Community Services
Creating Quality of Life

MORE INFORMATION AT CITYOFLOSALAMITOS.ORG/RECREATION REGISTER HERE!

My City ♥ My Los Al



CITY OF
Los Alamitos
California

3191 Katella Avenue
Los Alamitos, CA 90720-5600
Telephone: (562) 431-3538
FAX: (562) 493-1255
www.cityoflosalamitos.org

