

# Los Alamitos

Recreation & Community Services

*Creating Quality of Life*

## Recreation Brochure

& City News

Summer 2025

**UNITED Teen  
Mentorship Program**

**Summer Day Camps**

# Summer Time

**Aquatics**

**And much  
more!**

**Parks Program**

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# COMING UP SOON

2025

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**Los Alamitos  
Summer  
Day Camp**

**SUMMER DAY CAMP**

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**CELEBRATE LOS AL**

**SEPTEMBER 13**

**FALL**

**CAMPS, PROGRAMS AND EVENTS!**

LOOK FOR YOUR FALL GUIDE ARRIVING IN JULY FOR MORE INFO ON HOW TO KEEP YOUR FAMILY BUSY THIS FALL

CLASSES AND EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION



# Los Alamitos

## Recreation & Community Services

*Creating Quality of Life*

### CITY

**City Manager**  
Chet Simmons

**Deputy City Manager**  
Ron Noda

### PARKS, RECREATION AND CULTURAL ARTS COMMISSION

**Chairperson**  
William Bandak

**Commissioners**  
Morgan Beck - Vice Chair  
Janet Gallagher  
Ray Joseph  
Richard Wright  
Elliot Singer

### RECREATION AND COMMUNITY SERVICES STAFF

**Director of Recreation & Community Services / Intergovernmental Affairs**  
Emeline Noda

**Recreation Managers**  
Jason Bruton  
Jennifer Sisoev

**Management Analyst**  
Megan Shimada

**Recreation Supervisors**  
Steve Kim  
Kristina Villaluna

**Department Secretary**  
Lauren Pavelec  
Jewelina Miranda

**Recreation Coordinators**  
Alix Anderson  
Carson Deterding  
Gilberto Arteaga-Ceja  
Alejandro Gonzalez Lecumberri  
Angel Hernandez  
Samantha Kenny

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## KEEP UP WITH US IN 2025



(562) 430-1073



**CITYOFLOSALAMITOS.ORG/RECREATION**



**FOLLOW US @CITYOFLOSAL**



**REGISTRATION: LOSALRECREATION.MYREC.COM**

## ON THE FRONT COVER:

Summer fun in Los Alamitos! The Los Alamitos Recreation & Community Services Department has a fun-filled summer for participants of all ages! This season, we are offering amazing programs including: Aquatics at the MWR Aquatic Training Center, Summer Day Camp, UNITED Teen Mentorship Program, Summer Parks Program, Youth Sports Programs, Specialty Camps, and a wide variety of recreation classes for all ages!

## ON THE BACK COVER:

Kick start your summer together as a family at one of our upcoming special events! Join us as we celebrate July Park and Recreation Month! Enjoy free pick-up sports, Flower Seed Giveaway, Sunset Yoga, Pickleball Tournament, Park Fitness Takeover, Mini Family Day, Rec on the Go, a Pop-Up Dog Park, our Paws in the Park event, and more!

**FREE EVENT**

# ARBOR DAY CELEBRATION

**TAKE HOME FREE SEEDLINGS**  
\*WHILE SUPPLIES LAST\*

**FACE PAINTER**

**HELP US PLANT A NEW TREE!**

**ECO-FRIENDLY ACTIVITIES**

**BOUNCE HOUSE**

**COMPOST & MULCH**  
9AM - 10AM  
RESIDENTS ONLY. BRING YOUR I.D.  
2 BAGS PER HOUSEHOLD WHILE SUPPLIES LAST

**SATURDAY, APRIL 26TH**  
10AM - 12PM  
LITTLE COTTONWOOD PARK  
4000 FARQUHAR AVE  
LOS ALAMITOS

**Sponsored by**  
UWS EPSON

**Parks Make Life Better!**

## ARBOR DAY

Join us for a day of fun out in nature with face painting, eco-friendly activities, and inflatables. Help plant a tree, which is sponsored by Epson, America! Plus, take home seedlings (while supplies last) to grow your own little piece of nature.

We are also teaming up with Universal Waste System (UWS) to give away FREE compost and mulch to those who want to stock up on garden essentials! Each household (Los Alamitos residents only - please bring your ID) can receive 2 pre-bagged bags of each- compost and mulch. It's first come, first serve so be sure to arrive early!

Two great events in one fantastic day – do not miss this tree-mendous opportunity!

**Discover LOS ALAMITOS**  
Est. 1960

The City of Los Alamitos is thrilled to announce the launch of a new Economic Development initiative, Discover Los Alamitos, aimed at highlighting the vibrant and diverse small businesses that make our city unique.

Follow: DISCOVERLOSAL on Instagram to stay tuned with what's next!

**MUST-TRY HIDDEN WINERY IN LOS ALAMITOS**

Seal Beach Winery in Los Alamitos

**4 DATE NIGHT SPOTS TO TRY IN LOS AL**

Maderas

**MEET THE PEOPLE BEHIND PIETRINI PIZZA**

Pietrini Pizza Napoletana

**WOMEN-OWNED MEDSPA IN LOS AL**

BeYouTy Med Spa

## GOOD NEIGHBOR GUIDE

City of Los Alamitos

**RENTALS**

RESIDENTIAL SHORT-TERM RENTALS ARE PROHIBITED IN THE CITY OF LOS ALAMITOS.

**PARKING**

BE SURE TO FOLLOW ALL RESIDENTIAL STANDARDS & REMEMBER THERE IS NO COMMERCIAL PARKING ON RESIDENTIAL STREETS.

**4 WAYS TO BE A GOOD NEIGHBOR**

**DOGS**

ALL DOGS MUST BE ON A LEASH IN PUBLIC AREAS (E.G., CITY PARKS).

**WASTE**

TRASH & WASTE CONTAINERS SHALL NOT BE STORED WITHIN PUBLIC VIEW EXCEPT FOR COLLECTION PICK-UP DAY.

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## MAY: SKINCARE SUN SAFETY TIPS

ON CLOUDY DAYS, UV RAYS ARE PRESENT & CAN BE REFLECTED OFF WATER, SAND & SNOW. DID YOU KNOW?

UNPROTECTED SKIN CAN BE DAMAGED BY THE SUN'S UV RAYS IN 15 MINUTES! DID YOU KNOW?

**PROTECTING YOUR SKIN FROM THE SUN:**

**SHADE:** STAYING IN THE SHADE UNDER AN UMBRELLA, TREE, OR OTHER SHELTER CAN REDUCE EXPOSURE OF SKIN CANCER.

**CLOTHING:** WEAR DARK COLORED CLOTHES. STYLE A WIDE BRIMMED HAT TO SHADE FACE, NECK & EARS. SUNGLASSES BLOCK UVA & UVB RAYS.

**SUNSCREEN:** SLATHER A THICK LAYER OF SPF 15 OR HIGHER BEFORE YOU GO OUTSIDE.

FOR MORE INFORMATION SCAN ME

## JUNE IS NATIONAL SAFETY MONTH!

SEE SOMETHING, SAY SOMETHING!

DOWNLOAD THE MY LOS AL APP

SCAN ME

GET IT ON Google Play

Download on the App Store

## DROWNING PREVENTION TIPS

Barriers buy time and offer protection if they are installed correctly and are in good working condition to keep children and adults safe from all water sources. The more barriers you install and maintain, the safer your family will be. Always have adult supervision with children near water.

- NON-CLIMBABLE FENCES
- SELF-CLOSING OR LATCHING GATES
- POOL AND SPA COVERS
- ALARMS
- INDOOR BARRIERS

For more information, please scan the QR code.



## YOUR TAX DOLLARS AT WORK

### MAPLE STREET - STREET IMPROVEMENT PROJECT

As part of the City's ongoing pavement management program, vital improvements will be made to Maple Street, from Katella Avenue to Farquhar Avenue. The project consists of grinding and overlaying the roadway, replacing damaged curb & gutter, and fixing lifted sidewalks to improve drainage. ADA curb ramps will be modified to current codes as necessary for accessibility.



### STERN'S PARK RENOVATION

Visit Stern's Park (3871 Farquhar Avenue) to catch the exciting new features, which include a fully accessible school-age playground, rubberized play surfacing, fitness equipment, modern shelter, solar lighting for enhanced safety, and beautiful landscaping. The project was made possible through Community Development Block Grant funding and local tax dollars.

The next park that is undergoing improvement is Labourdette Park (4401 Howard Avenue) with an estimated completion date of fall 2025.



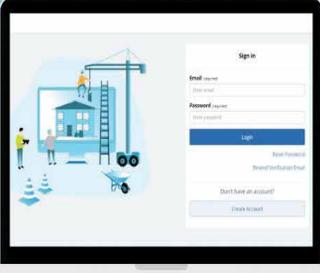

## PERMIT CENTER

(Provided by CityTech Solutions)



The City's Building & Safety Permit Center is crucial to the public for several reasons:

-  Legal Authorization
-  Quality Assurance
-  Infrastructure Planning
-  Economic Growth
-  Public Access and Transparency



Scan me



For more information, please scan the QR code to visit our city website

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## NEIGHBORHOOD CLEAN UP DAY

Open exclusively to Los Alamitos residents (with valid ID)



**WHERE & WHEN**  
 Saturday, May 17, 2025  
 8:00 a.m. to 11:00 a.m.  
 Corner of Pine Street and Florista Street



For entrance to the drop-off queue, enter off of Los Alamitos Boulevard at Florista Avenue. Please have your ID showing your Los Alamitos address ready.

**FREE RESIDENT DROP OFF:**

- Bulky items (i.e. furniture, appliances, bags of trash)
- Electronic equipment (i.e. refrigerators, washer and dryers)
- Unlimited bagged yard waste and bundled tree branches (Max length of 48 inches)
- Electronic waste (i.e. TV, computer, microwave)

**FREE PAPER SHREDDING:**

- A certified mobile shred truck will immediately shred documents
- Limit of 4 banker boxes per car
- Excluded items include binders, electronic media, x-rays, and plastic/trash



**FREE EVENT**

In partnership with Universal Waste Systems, Inc. (UWS) The City of Los Alamitos is offering residents a FREE clean up day!  
 For additional information, please contact City Hall at (562) 431-3538






## INTRODUCTION TO SUMMER: STAYING SAFE WHILE ENJOYING THE SEASON



As the warm days of summer roll in, it's the perfect time to embrace the outdoors and enjoy everything the season has to offer. Whether you're out on a bike ride, hitting the water, or planning a getaway, it's important to stay safe and be prepared. By taking a few simple precautions, you can ensure your summer is not only fun, but also safe.

Bicycle safety is a top priority for anyone planning to ride this summer. Water activities like swimming, boating, and fishing are a beloved part of summer fun, but they come with their own set of safety rules. For those heading out of town on a summer vacation, it's important to take steps to protect your home while you're away.

### Vehicles

- Do not leave your vehicle unattended with its windows or doors unlocked.
- Remove valuables from your vehicle.
- Park in well-lit areas at night.
- Temperatures inside vehicles are warmer than outside. Do not leave children or pets unattended in vehicles for any length of time. Excessive heat can cause serious injury or death.

### Vacation Checks

- Going on vacation or out of town? The Los Alamitos Police Department can conduct a vacation check of your residence while you're away. The Request for Vacation Check form can be found on our City website. (<https://www.cityoflosalamitos.org/DocumentCenter/View/1246/Vacation-Check-PDF?bidId=>) Completed forms should be submitted in person at least one week prior to your scheduled vacation.
- Put a stop on your mail or have someone pick it up daily.
- Consider installing timers on your lights to give the appearance that someone is home.
- Do not post vacation on social media, until after you return.
- Ensure all doors and windows are securely locked.
- Don't forget to ask someone to keep an eye on things while you're gone.

### Bicycle Safety Tips

- Check the tires on your bike to make sure they are inflated, and the brakes are working properly.
- Put reflectors on the front and back of your bike.
- Wear a safety helmet and pads for protection.
- Ride on the right side of the roadway and follow all traffic signs and signals.
- Use hand signals.
- Look both ways when crossing the street and walk your bike while in a crosswalk.
- Lock your bike when you park it.
- Familiarize yourself with the new Los Alamitos Municipal Code for E-Bikes.
- Riding with someone is a great way to stay safe while enjoying the experience.

### Water Safety Tips

- Ensure everyone in your household knows how to swim.
- Never leave children unattended around a body of water. Accidents can happen quickly.
- Be aware of ocean currents. Before you get in the water, familiarize yourself with rip currents and what to do if you get caught in one.
- Make sure to wear life jackets and swim in designated areas.
- Do not rely on equipment such as life preservers, floaties, and rafts to make a child "water safe."
- Use sunscreen and reapply as needed.
- Never swim alone.
- Avoid consuming alcohol while swimming.
- Always keep an eye on weather conditions and water currents, especially when boating.

By staying mindful of these safety tips, you can make the most of your summer adventures while keeping yourself, your family, and your home protected. **Enjoy the season responsibly!**

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CITY OF **Los Alamitos**  
California

**APPLY NOW!**

[WWW.CITYOFLOSALAMITOS.ORG](http://WWW.CITYOFLOSALAMITOS.ORG)

### JOIN OUR TEAM

Are you passionate about serving the community and are committed to excellence? We encourage you to apply to the City of Los Alamitos. The City of Los Alamitos Administration Department is committed to upholding ethical leadership and providing responsive assistance and exceptional customer service in all personnel and employment matters. As part of our commitment to excellence, we are currently hiring for various positions. To apply or learn more about current job openings, please visit the City of Los Alamitos website at [www.cityoflosalamitos.org/employment](http://www.cityoflosalamitos.org/employment) or email [HumanResources@cityoflosalamitos.org](mailto:HumanResources@cityoflosalamitos.org).

INTRODUCING **YOUR**  
COMMUNITY ENGAGEMENT PLATFORM

**YOU ASKED WE LISTENED**  
We heard you say that you wanted to be informed about large projects happening in the City.

**MYLOSAL ENGAGE**  
With our new MyLosAlEngage Platform, you can track a project from beginning to end and provide feedback along the way.

**STAY INFORMED**  
In addition to the City's website and social media, MyLosAlEngage will be a centralized information hub dedicated to large projects happening in the City of Los Alamitos.  
Sign up to be notified today!

**VISIT US ONLINE TODAY**  
[www.MyLosAlEngage.com](http://www.MyLosAlEngage.com)

## WHAT IS THE LOS AL LOOP?

The City of Los Alamitos is excited to announce the launch of its new monthly newsletter, **“The Los Al Loop,”** a key initiative designed to keep residents informed and engaged with City affairs. This newsletter will offer an exclusive inside look at major events from City Council Meetings, updates on important City projects, and insights into the initiatives shaping the future of Los Alamitos. The goal of this new communication platform is to ensure full transparency and give residents a clearer understanding of the inner workings of their City.

With **“The Los Al Loop,”** residents can expect a concise and informative recap of notable decisions and discussions from City Council meetings, along with regular status updates on ongoing and upcoming projects across the City. Additionally, the newsletter will provide timely notifications of future events and opportunities for community involvement.

**“The Los Al Loop”** is more than just a newsletter—it’s a direct line of communication between the City and its residents, offering transparency, accountability, and engagement. With this new resource, residents will have the ability to stay up-to-date on everything from City policy changes to Public Works projects and community events. Whether you’re interested in new developments, local services, or City Council decisions, **“The Los Al Loop”** will serve as your go-to source for all things Los Alamitos.”



### My Los Al Engage

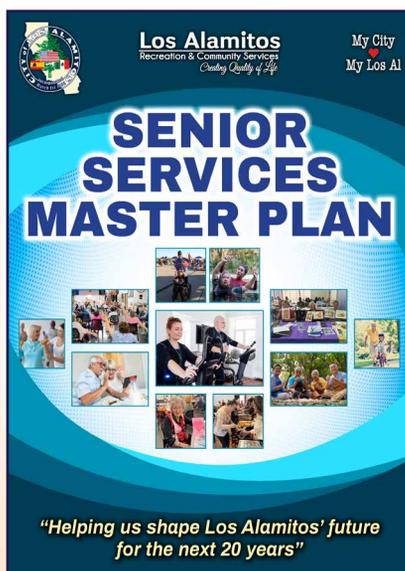
A citizen engagement platform [mylosalengage.com](http://mylosalengage.com) is available for you to sign up and receive notifications regarding significant development projects as an important part of our efforts to improve inclusion and transparency. Our goal is to ensure our community is aware of projects occurring in the City and know where to look for information and be able to participate as an active citizen in the public input process.



### Monthly Newsletter

Stay informed about all the latest happenings in Los Alamitos with The Los Al Loop! The Los Al Loop is a monthly newsletter that will provide residents with up-to-date information on City events, programs, and services. From community festivals and recreational activities to City Council meetings and essential updates, The Los Al Loop ensures that you’re always in the loop. Whether it’s about upcoming holiday celebrations, workshops, or public service announcements, this newsletter is your go-to source for staying connected with the City of Los Alamitos.

## CITY APPROVES SENIOR SERVICES MASTER PLAN



The City of Los Alamitos Recreation & Community Services Department is excited to move forward with the Senior Services Master Plan (SSMP) in addressing the needs of the older adult population age 50+ for the next 20 years. At the February 18, 2025 City Council meeting, the Council approved the SSMP as one of the first in Orange County, showing that the City prioritizes health, safety, community engagement and social connection, inclusivity, mobility, accessibility, resource awareness, and infrastructure investment that will enhance the overall quality of life for older adults. The SSMP comes at the end of a 12-month process including extensive marketing and public outreach, community focus groups, a community-wide survey, meetings and discussions with a Senior Services Advisory Committee, the Parks, Recreation & Cultural Arts Commission, and City Council.

Implementing a Senior Services Master Plan can significantly enhance the well-being of older residents and instill the values of the City of Los Alamitos’ visionary efforts to create an ideal community for residents to thrive and age well. By providing best-in-class service to our community, Los Alamitos demonstrates that every age is cared for, especially our older adult population, as their current and future needs are anticipated with thoughtful consideration. The full report can be viewed on the City’s website and includes an extensive list of recommendations in the document in Recommended Actions Section 7.3.

These strategies are designed to preserve and enhance the impactful aging-related services currently in place, while fostering sustainable growth, cost-effective practices, innovative solutions, and equitable access. By addressing the evolving needs of the senior population, these actions will ensure that Los Alamitos remains resilient, adaptive, and prepared to meet the challenges and opportunities of an aging population.

Presented by the Parks, Recreation & Cultural Arts Commission

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

# SUMMER CONCERT SERIES

FREE EVENTS 6:30 p.m. - 8:00 p.m.

*Concerts on Pine street*

COMMUNITY SPONSORS:

RANDY W. HILL  
BOOKER ASSOCIATE - (DEPECHE MODE)  
(562) 447-4111



## CONCERT DATES

**10901 Pine Street**

June 12 - JT Harker (Country) *Nites on Pine*

June 19 - Devotional (Depeche Mode Tribute)

June 26 - 80Z Band (80's Music)

July 10 - Headshine (Reggae) *Nites on Pine*

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[cityoflosalamitos.org](http://cityoflosalamitos.org)

Presented by the Parks, Recreation & Cultural Arts Commission

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

# SUMMER CONCERT SERIES

FREE EVENTS 6:30 p.m. - 8:00 p.m.

*Concerts in the Park*

COMMUNITY SPONSORS:

RANDY W. HILL  
BOOKER ASSOCIATE - (DEPECHE MODE)  
(562) 447-4111



## CONCERT DATES & LOCATIONS

**Little Cottonwood Park**  
4000 Farquhar Ave, Los Alamitos

July 17 - Remix  
(Funk & R&B)

July 31 - Hard Day's Night  
(Beatle's Tribute)

**Orville R. Lewis Jr. Park**  
3662 Kempton Dr, Los Alamitos

July 24 - Chris Lozano Band  
(Country & Rock)

Aug. 7 - Spin Town  
(Top 40 Band)

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[cityoflosalamitos.org](http://cityoflosalamitos.org)

## Los Alamitos Community Foundation



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The Los Alamitos Community Foundation is an organization that partners with the City of Los Alamitos to provide funding to enhance programs and services offered through the City to benefit the residents of Los Alamitos.

The Los Alamitos Community Foundation has identified priorities to focus on including funding towards a / an:

- Police Department Canine Program
- Urban Forest Program
- Adaptive Recreation Program
- Senior Programs

Each of these programs will benefit the residents of Los Alamitos in the areas of crime prevention, environmental benefits, community inclusion, expansion of services for families with special needs, and seniors. Visit the Foundation's website at [www.losalfoundation.org](http://www.losalfoundation.org) to donate today and begin your support of these valuable programs and services that will enhance the quality of life for residents in Los Alamitos.

[www.losalfoundation.org](http://www.losalfoundation.org)

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## ELEVATE WOMEN'S CONFERENCE

Premier Sponsor:



Wednesday, October 1, 2025  
8:30 a.m. to 1:00 p.m.

Take time to invest in yourself and your future!

In this half day conference, you will:

- Open your mind to new concepts that will help you achieve your best self, both personally & professionally.
- Learn new tactical skills that will shift your mindset.
- Connect with other local women, like yourself, who are also committed to growing!

Ages 18+ \$40  
Pre-registration required. Limited seating.  
No registration at the door.



## Thursday, July 3, 2025 4:00 p.m. Gates Open

Gates close at 8:45 p.m. or when event reaches capacity

**Fireworks Show begins approximately 9:00 p.m.**

**Los Alamitos Joint Forces Training Base**

Enter through Lexington or Orangewood Gates

- Seating and shade are not provided. Bring lawn chairs, blankets & weighted canopies (max 10'x10' in size and must be taken down by dusk).
- No pedestrians, walk-ins, or bicycles at the gate.
- No pets (service dogs are allowed on post).
- Minors without an I.D. must be accompanied by a parent/guardian.
- All vehicles may be subject to random vehicle inspections.
- No outside alcohol permitted.



Title Sponsor



Super Star Sponsor



Shining Star Sponsors



Rising Star Sponsors



Food Court ★ Vendor Booths ★ Musical Entertainment ★ Beer Garden

**Free to attend • Adults must have state/federal issued I.D. to enter (drivers must show valid Driver's License at gate).**

THE FIREWORKS SPECTACULAR, ITS ORGANIZERS, AND SPONSORS ARE NON-FEDERAL ENTITIES WHO HAVE BEEN GRANTED ACCESS TO JOINT FORCES TRAINING BASE FOR THE SOLE PURPOSE OF CONDUCTING THE 3rd OF JULY FIREWORKS SPECTACULAR ON THE BASE. THE ORGANIZERS AND SPONSORS ARE NOT PART OF THE DEPARTMENT OF DEFENSE, THE CALIFORNIA MILITARY DEPARTMENT OR ANY OF THEIR COMPONENTS. NEITHER THE FIREWORKS SPECTACULAR ORGANIZERS, NOR ANY SPONSORS ARE ENDORSED BY THE DEPARTMENT OF DEFENSE, THE CALIFORNIA MILITARY DEPARTMENT OR JOINT FORCES TRAINING BASE.

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

**Carnival & Activities Celebrating Los Alamitos!**

# Celebrate Los Al

Sept. 13, 2025

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COMMUNITY SPONSOR



HIRSCH & ASSOCIATES, INC.  
LANDSCAPE ARCHITECTURE & PLANNING

**Pine Street, Los Alamitos**

# AQUATICS

# OFFERING YEAR ROUND AQUATICS!



# Los Alamitos

Recreation & Community Services

# AQUATICS

## GENERAL INFORMATION

The Los Alamitos Aquatics Program is excited to have you join us for our Summer Swim Lessons! Youth Swim lessons take place at the MWR Aquatic Training Center at the Los Alamitos Joint Forces Training Base (JFTB 11360 Valley Forge Avenue Bldg. #44, Los Alamitos, 90720). This summer we are offering two 4-week sessions at all levels. More information on times and dates can be found below or at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation). Please remember, all adults entering the Joint Forces Training Base MUST have a valid photo I.D. All High School students MUST show school I.D.

## REFUND & MAKE-UP POLICY

Refund requests will only be granted prior to the second regularly scheduled class meeting, and a \$10 administrative fee will be assessed per participant, per class. There will be no make-up classes or refunds for missed classes, unless the City of Los Alamitos Recreation Staff cancels class due to an unforeseen circumstance.

## MWR Aquatic Training Center at JFTB

11360 Valley Forge Ave. #44, Los Alamitos

### LEARN TO SWIM LESSONS • 4-WEEK SESSIONS

Youth Swim Lessons are located at the MWR Aquatic Training Center at the Los Alamitos Joint Forces Training Base. Classes are 25 minutes in length. There are two 4-week sessions offered during the summer. Session 1 is from June 9 – July 9, and Session 2 is from July 14 – August 6. Classes meet either twice per week on Mon/Wed, or Tues/Thurs, or once per week on Saturdays. There are a variety of different age and skill levels available. Please refer to the level descriptions to see what class would fit your child; if you are unsure which class is best, please email [aquatics@cityoflosalamitos.org](mailto:aquatics@cityoflosalamitos.org) or call the Community Center at 562-430-1073.

### LAP SWIM

Available through the Joint Forces Training Base NAF – MWR at the MWR Aquatic Training Center at the Los Alamitos Joint Forces Training Base. For more information on Lap Swim times and pricing, please visit [jftbmwrбилlets.com/aquatics](http://jftbmwrбилlets.com/aquatics) or call 562-795-2628.



## PARENT & ME

Age 6 mon. – 3 yrs. Ratio 1:6

Introduce your child to fun and swimming readiness through water exploration. This class is designed to increase comfort in and around the water for both the child and parent. Some skills include blowing bubbles, kicking, floating on tummy and back, and holding onto the wall. Adults are required in water with children, and adults must know how to swim.

## LITTLE FISH

PRESCHOOL AGE 3 YRS – 6 YRS

Guppies (Tiny Tot 1) Ratio 1:3

This class is designed for children ready to be in the water without a parent. Some skills include being comfortable getting head wet, assisted tummy and back float, assisted kicking on tummy and back, assisted tummy gliding, and introducing alternating arm action.

Jelly Fish (Level 1) Ratio 1:4

This class is designed for beginners who have some aquatics experience but still need assistance getting comfortable in the water. Some skills include moving through water comfortably, assisted tummy float, moving to unassisted back float, assisted kicking on tummy and back, and introducing alternating arm action.

Squid (Level 2) Ratio 1:4

This class is designed for children who have aquatics experience, are comfortable in the water, and are ready to complete some skills unassisted. Some skills include introduction to deep water, submerging head for 5 seconds, unassisted tummy and back float, combined freestyle arms, and legs, assisted rolling over, and getting out at side of pool.

Otter (Level 3) Ratio 1:5

This class is designed for students who are ready to be more independent in the water and are ready to try harder skills. Some skills include introduction to side breathing, unassisted kicking with face in the water, unassisted tummy and back float, streamline position on top of water, unassisted jumping into water and swimming to instructor, and introduction to combined arm and legs for backstroke.

Seals (Level 4) Ratio 1:6

This class is designed for students who are ready to be introduced to stroke techniques and build endurance. Some skills include tummy glide with underwater streamline, freestyle with side breathing, coordinated backstroke arm action, retrieve an object from the deep end, comfortable in deep water, introduction to breaststroke kick, and introduction to diving.

## BIG FISH

SCHOOL AGE 6 YRS – 13 YRS

### Manatees (Level 1) Ratio 1:3

This class is designed for students who have little or no aquatics experience. Some skills include fully submerging head, assisted front and back float, flutter kicking, water entry, arm action, and introduction to glides.

### Belugas (Level 2) Ratio 1:4

This class is designed for students who are comfortable in the water and have some aquatics experience. Skills include front glide, unassisted front, and back float, jumping into water and swimming to the instructor, assisted backstroke kick, introduction to side breathing, and coordination with arm and leg action for freestyle.

### Manta Ray (Level 3) Ratio 1:5

This class is designed for students who are ready to be introduced to more swim strokes and do skills independently. Some skills include introduction to backstroke arms and legs, alternating side breathing, introduction to breaststroke legs, comfortable in deep water, and swimming 15 yards of freestyle.

### Barracuda (Level 4) Ratio 1:8

This class is designed for students who can do skills independently and are comfortable in deep water. After the first 4 classes, the instructor is no longer required to be in water with participants. Some skills include swimming underwater, 50 yards of kicking with a kickboard, 25 yards of freestyle, introduction to breaststroke arms, introduction to butterfly legs and arms, diving, treading water, and open turns.

### Orcas (Pre-Swim Team) Ratio 1:12

\*INSTRUCTOR NO LONGER REQUIRED IN WATER\*

This class is designed for students who no longer require an instructor to be in the water with them and serves as a pre-swim team class. Some skills include 100 yards of freestyle with alternating side breathing, 100 yards of backstroke, 25 yards of breaststroke and butterfly, diving, treading water, and introduction to flip turns.



All Youth Swim lessons are located at the MWR Aquatic Training Center at JFTB

CLASS	AGE	SESSION 1: MON / WED JUNE 9 - JULY 6 - NO CLASS JUNE 29 - JULY 5											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	2:30PM	3:00PM	3:30PM	4:00PM	4:30PM	5:00PM	
Parent & Me	6 mo - 3 yr	SU2501		SU2511		SU2522		SU2533		SU2544		SU2555	
Guppies	3 - 6 yrs		SU2506		SU2517		SU2528		SU2539		SU2550		SU2566
Jelly Fish	3 - 6 yrs	SU2502		SU2512		SU2523		SU2534		SU2545		SU2566	
Squid	3 - 6 yrs		SU2507		SU2518		SU2529		SU2540		SU2551		SU2567
Otter	3 - 6 yrs	SU2503		SU2513		SU2524		SU2535		SU2546			
Seals	3 - 6 yrs		SU2508		SU2519		SU2530		SU2541		SU2552		SU2568
Manatees	6 - 13 yrs	SU2504		SU2514		SU2525		SU2536		SU2547		SU2569	
Belugas	6 - 13 yrs		SU2509		SU2520		SU2531		SU2542		SU2553		
Manta Ray	6 - 13 yrs	SU2505		SU2515		SU2526		SU2537		SU2548			
Barracuda	6 - 13 yrs		SU2510		SU2521		SU2532		SU2543		SU2554		
Orcas	6 - 15 yrs			SU2516		SU2527		SU2538		SU2549			SU2560

\$134 FOR RESIDENTS • \$139 FOR NON-RESIDENTS

CLASS	AGE	SESSION 1: TUES / THURS JUNE 10 - JULY 13 - NO CLASS JUNE 28 - JULY 6											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	2:30PM	3:00PM	3:30PM	4:00PM	4:30PM	5:00PM	
Parent & Me	6 mo - 3 yr	SU2561		SU2571		SU2582		SU2593		SU25104			
Guppies	3 - 6 yrs		SU2566		SU2577		SU2588		SU2599		SU25110		SU25115
Jelly Fish	3 - 6 yrs	SU2562		SU2572		SU2583		SU2594		SU25105		SU25116	
Squid	3 - 6 yrs		SU2567		SU2578		SU2589		SU25100		SU25111		SU25117
Otter	3 - 6 yrs	SU2563		SU2573		SU2584		SU2595		SU25106			
Seals	3 - 6 yrs		SU2568		SU2579		SU2590		SU25101		SU25112		SU25118
Manatees	6 - 13 yrs	SU2564		SU2574		SU2585		SU2596		SU25107		SU25119	
Belugas	6 - 13 yrs		SU2569		SU2580		SU2591		SU25102		SU25113		
Manta Ray	6 - 13 yrs	SU2565		SU2575		SU2586		SU2597		SU25108			
Barracuda	6 - 13 yrs		SU2570		SU2581		SU2592		SU25103		SU25114		
Orcas	6 - 15 yrs			SU2576		SU2587		SU2598		SU25109			SU25120

\$65 FOR RESIDENTS • \$70 FOR NON-RESIDENTS FOR SATURDAY CLASSES

CLASS	AGE	SESSION 1: SATURDAY JUNE 14 - JULY 12 - NO CLASS JUNE 29 - JULY 5											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	11:30AM	12:00PM	12:30PM				
Parent & Me	6 mo - 3 yr	SU25121		SU25132		SU25143		SU25154					
Guppies	3 - 6 yrs		SU25127		SU25138		SU25149		SU25160				
Jelly Fish	3 - 6 yrs	SU25122		SU25133		SU25144		SU25155		SU25161			
Squid	3 - 6 yrs		SU25128		SU25139		SU25150		SU25161				
Otter	3 - 6 yrs	SU25123		SU25134		SU25145		SU25156		SU25162			
Seals	3 - 6 yrs		SU25129		SU25140		SU25151		SU25162				
Manatees	6 - 13 yrs	SU25124		SU25135		SU25146		SU25157		SU25163			
Belugas	6 - 13 yrs		SU25130		SU25141		SU25152		SU25163				
Manta Ray	6 - 13 yrs	SU25125		SU25136		SU25147		SU25158		SU25164			
Barracuda	6 - 13 yrs		SU25131		SU25142		SU25153		SU25164				
Orcas	6 - 15 yrs	SU25126		SU25137		SU25148		SU25159					

\$134 FOR RESIDENTS • \$139 FOR NON-RESIDENTS

CLASS	AGE	SESSION 2: MON / WED JULY 14 - AUGUST 6											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	2:30PM	3:00PM	3:30PM	4:00PM	4:30PM	5:00PM	
Parent & Me	6 mo - 3 yr	SU25165		SU25175		SU25186		SU25197		SU25208		SU25219	
Guppies	3 - 6 yrs		SU25170		SU25181		SU25192		SU25203		SU25214		SU25220
Jelly Fish	3 - 6 yrs	SU25166		SU25176		SU25187		SU25198		SU25209		SU25220	
Squid	3 - 6 yrs		SU25171		SU25182		SU25193		SU25204		SU25215		SU25221
Otter	3 - 6 yrs	SU25167		SU25177		SU25188		SU25199		SU25210			
Seals	3 - 6 yrs		SU25172		SU25183		SU25194		SU25205		SU25216		SU25222
Manatees	6 - 13 yrs	SU25168		SU25178		SU25189		SU25200		SU25211		SU25223	
Belugas	6 - 13 yrs		SU25173		SU25184		SU25195		SU25206		SU25217		
Manta Ray	6 - 13 yrs	SU25169		SU25179		SU25190		SU25201		SU25212			
Barracuda	6 - 13 yrs		SU25174		SU25185		SU25196		SU25207		SU25218		
Orcas	6 - 15 yrs			SU25180		SU25191		SU25202		SU25213			SU25224

\$134 FOR RESIDENTS • \$139 FOR NON-RESIDENTS

CLASS	AGE	SESSION 2: TUES / THURS JULY 15 - AUGUST 7											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	2:30PM	3:00PM	3:30PM	4:00PM	4:30PM	5:00PM	
Parent & Me	6 mo - 3 yr	SU25225		SU25235		SU25246		SU25257		SU25268		SU25279	
Guppies	3 - 6 yrs		SU25230		SU25241		SU25252		SU25263		SU25274		SU25279
Jelly Fish	3 - 6 yrs	SU25226		SU25236		SU25247		SU25258		SU25269		SU25280	
Squid	3 - 6 yrs		SU25231		SU25242		SU25253		SU25264		SU25275		SU25281
Otter	3 - 6 yrs	SU25227		SU25237		SU25248		SU25259		SU25270			
Seals	3 - 6 yrs		SU25232		SU25243		SU25254		SU25265		SU25276		SU25282
Manatees	6 - 13 yrs	SU25228		SU25238		SU25249		SU25260		SU25271		SU25283	
Belugas	6 - 13 yrs		SU25233		SU25244		SU25255		SU25266		SU25277		
Manta Ray	6 - 13 yrs	SU25229		SU25239		SU25250		SU25261		SU25272			
Barracuda	6 - 13 yrs		SU25234		SU25245		SU25256		SU25267		SU25278		
Orcas	6 - 15 yrs			SU25240		SU25251		SU25262		SU25273			SU25284

\$65 FOR RESIDENTS • \$70 FOR NON-RESIDENTS FOR SATURDAY CLASSES

CLASS	AGE	SESSION 2: SATURDAY JULY 19 - AUGUST 9											
		9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	11:30AM	12:00PM	12:30PM				
Parent & Me	6 mo - 3 yr	SU25285		SU25296		SU25307		SU25318		SU25324			
Guppies	3 - 6 yrs		SU25291		SU25302		SU25313		SU25324				
Jelly Fish	3 - 6 yrs	SU25286		SU25297		SU25308		SU25319		SU25325			
Squid	3 - 6 yrs		SU25292		SU25303		SU25314		SU25325				
Otter	3 - 6 yrs	SU25287		SU25298		SU25309		SU25320		SU25326			
Seals	3 - 6 yrs		SU25293		SU25304		SU25315		SU25326				
Manatees	6 - 13 yrs	SU25288		SU25299		SU25310		SU25321		SU25327			
Belugas	6 - 13 yrs		SU25294		SU25305		SU25316		SU25327				
Manta Ray	6 - 13 yrs	SU25289		SU25300		SU25311		SU25322		SU25328			
Barracuda	6 - 13 yrs		SU25295		SU25306		SU25317		SU25328				
Orcas	6 - 15 yrs	SU25290		SU25301		SU25312		SU25323					

All Youth Swim lessons are located at the MWR Aquatic Training Center at JFTB

Classes & Lap Swim may be subject to change or cancellation due to unforeseen weather or circumstances.

# SUMMER CAMPS

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

# LOS ALAMITOS SUMMER DAY CAMP

**June 9 - August 22 • Ages 5 - 12**

Campers will enjoy a variety of organized indoor and outdoor games, crafts, and activities thoughtfully designed around the week's theme. All add ons are optional and require an additional fee.

<p><b>WEEK ONE</b> June 9 - June 13</p> <p><b>HAPPIEST CAMP ON EARTH</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 6/10 Mother's Beach 6/12 Wild Rivers</li> <li>• DISNEY DREAMERS CLASS 6/9, 6/11, 6/13</li> <li>• SOCCER CLINIC 6/9 - 6/13</li> </ul>	<p><b>WEEK TWO</b> June 16 - June 20</p> <p><b>CAMP BUILD-A-LOT</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 6/17 OC Discovery Cube 6/19 Bolsa Chica Beach 6/20 JFTB Pool</li> <li>• LEGO LAB CLASS 6/16, 6/18, 6/20</li> <li>• TRACK AND FIELD CLINIC 6/16 - 6/20</li> </ul>	<p><b>WEEK THREE</b> June 23 - June 27</p> <p><b>AVENGER'S CAMPUS</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 6/24 Mother's Beach 6/25 Angel's Game 6/26 Sky Zone</li> <li>• SUPERHERO ADVENTURES CLASS 6/23, 6/25, 6/27</li> <li>• FOOTBALL CLINIC 6/23 - 6/27</li> </ul>	<p><b>WEEK FOUR</b> June 30 - July 2</p> <p><b>STEM &amp; BEYOND</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSION 7/1 Cinemark HB - Elio</li> <li>• STEM EXPLORERS CLASS 6/30</li> </ul>	<p><b>WEEK FIVE</b> July 7 - July 11</p> <p><b>PASSPORT TO ADVENTURE</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 7/8 Bolsa Chica Beach 7/10 Scooter's Jungle 7/11 JFTB Pool</li> <li>• JOURNEY AROUND THE WORLD CLASS 7/7, 7/9, 7/11</li> </ul>
<p><b>WEEK SIX</b> July 14 - July 18</p> <p><b>ART-VENTURE</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 7/15 Mother's Beach 7/17 Knott's Soak City</li> <li>• EXTREME ART CLASS 7/14, 7,16, 7/18</li> <li>• BASKETBALL CLINIC 7/14 - 7/18</li> </ul>	<p><b>WEEK SEVEN</b> July 21 - July 25</p> <p><b>CHOP, COOK, CAMP</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 7/22 Bolsa Chica Beach 7/24 Pirate's Dinner Adventure 7/25 JFTB Pool</li> <li>• MINI MASTERCHEF CLASS 7/21, 7/23, 7/25</li> <li>• VOLLEYBALL CLINIC 7/21 - 7/25</li> </ul>	<p><b>WEEK EIGHT</b> July 28 - August 1</p> <p><b>GALACTIC GETAWAY</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 7/29 Mother's Beach 7/31 Aquarium of the Pacific</li> <li>• SPACE CADETS CLASS 7/28, 7/30, 8/1</li> </ul>	<p><b>WEEK NINE</b> August 4 - August 8</p> <p><b>CAMP OF THE FORCE</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 8/5 Bolsa Chica Beach 8/7 Knott's Berry Farm 8/8 JFTB Pool</li> <li>• JEDI JOURNEY CLASS 8/4, 8/6, 8/8</li> </ul>	<p><b>WEEK TEN</b> August 11 - August 15</p> <p><b>ENCHANTED ACADEMY</b></p> <p><b>ADD ONS:</b></p> <ul style="list-style-type: none"> <li>• EXCURSIONS 8/12 Mother's Beach 8/14 American Ninja Warrior Adventure Park 8/15 JFTB Pool</li> <li>• HOGWARTS SCHOOL OF WIZARDRY CLASS 8/11, 8/13, 8/15</li> </ul>

**WEEK ELEVEN**  
August 18 - August 22

**THE GREAT CAMP ESCAPE**

**ADD ONS:**

- EXCURSIONS  
8/19 Bolsa Chica Beach  
8/21 Bowlero
- JR. DETECTIVES CLASS  
8/18, 8/20, 8/22

**MONDAY - FRIDAY**  
**REGULAR HOURS: 9 AM - 4 PM**  
Daily: Resident \$32, Non-resident \$37  
Weekly: Resident \$128, Non-resident \$133

**MONDAY - FRIDAY**  
**EXTENDED HOURS: 7 AM - 6 PM**  
Daily: Resident \$47, Non-resident \$52  
Weekly: Resident \$188, Non-resident \$193

\$5 First Sibling Discount / \$10 Second Sibling Discount  
(only applicable to weekly rate)



**REGISTRATION OPENS APRIL 1, 2025**

To register, visit [losalrecreation.myrec.com](http://losalrecreation.myrec.com)

**Los Alamitos Community Center • 10911 Oak Street**

# SUMMER CAMPS

## SPORTS CAMPS

### EPIC SPORTS WEEK SUMMER CAMP

Orville Lewis Jr Park

3662 Kempton Drive, Los Alamitos

Sportballers will learn and play 8 different sports throughout the week with our fun skill-based games, drills, and gameplay (soccer, basketball, football, volleyball, golf, hockey, tennis, and baseball). Your Sportballer will be talking about the Epic Time (hosted daily) they had for the rest of the summer, with a different activity daily from water games, dodgeball tournaments, Lego building, Nerf Gun challenges, Dodgeball Tournaments, Battleship, Kickball, and so much more! Please send a nut-free snack and lots of water daily with your child. Children must be potty trained and able to use the restroom unassisted.

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25329	1 week	M-F	6/16-6/20	9a-12p	3-5	\$169/\$174
SU25330	1 week	M-F	6/23-6/25	9a-12p	6-12	\$169/\$174
SU25331	1 week	M-F	7/7-7/11	9a-12p	3-5	\$169/\$174
SU25332	1 week	M-F	8/4-8/8	9a-12p	6-12	\$169/\$174

### INTERNATIONAL SOCCER CAMP

Laurel Park

10862 Bloomfield Street, Los Alamitos

Join us for an International Soccer Camp without leaving your area! Coached by our team of international and US-based staff, our week-long half day and full day soccer camps improve your child's soccer skills whilst providing a unique cultural experience.

Rooted in British training methodology, these camps introduce our international training tactics to campers across the U.S and Canada. Our curriculum and coaching foundation meets engaging delivery for an all-around positive experience.

We channel our energy and passion for the game into a fun, yet developmental environment. As industry experts, we have crafted an approach which uses methodologies from all around the world to truly reflect the global nature of the sport today.

**Instructor:** Challenger Sports Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25333	1 week	M-F	6/16-6/20	8-8:45a	3-5	\$130/\$135
SU25334	1 week	M-F	6/16-6/20	9a-12p	6-12	\$205/\$210
SU25335	1 week	M-F	6/16-6/20	9a-4p	7-12	\$275/\$280
SU25336	1 week	M-F	6/16-6/20	1-4p	6-12	\$205/\$210

**NEW!**

## SUMMER SPORT CAMPS

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

### SOCCER CAMP

Pass the ball and score some goals! This week-long camp will teach future stars the fundamentals of soccer and help players to improve their skill level. Taught by staff with high school soccer experience, players will focus on ball control, shooting, and player movement. *Location: Oak Middle School Field (10821 Oak St., Los Alamitos, CA)*

Code: SU25337 / Mon - Fri. / June 9 - June 13 / 9:30 - 11:30a / 5-12 yrs. / Res. \$110 / Non. Res \$115



### TRACK & FIELD CAMP

It's time to hit the track running! Led by staff with college and high school track experience, join us for a week-long camp where participants will be introduced to a variety of distance events, sprinting events, long jump, and the softball throw. *Location: Oak Middle School Field (10821 Oak St., Los Alamitos, CA)*

Code: SU25338 / Mon - Fri. / June 16 - June 20 / 9:30 - 11:30a / 5-12 yrs. / Res. \$110 / Non. Res \$115



### FOOTBALL CAMP

Football season is right around the corner! At this camp, staff with college and high school football experience will teach the fundamental skills of flag football, which will include passing, catching, throwing, and defense. Sessions will utilize clinic-style drills and fun skill based games.

*Location: Oak Middle School Field (10821 Oak St., Los Alamitos, CA)*

Code: SU25339 / Mon - Fri. / June 23 - June 27 / 9:30 - 11:30a / 5-12 yrs. / Res. \$110 / Non. Res \$115



### BASKETBALL CAMP

Make the ball go swish! This week-long camp is designed to teach basic basketball skills in a fun clinic style environment. Coaches from our Youth Basketball League will go over dribbling, shooting, passing, defense, and other skills necessary for the game. *Location: Oak Middle School Gym (10821 Oak St., Los Alamitos, CA)*

Code: SU25340 / Mon - Fri. / July 14 - July 18 / 9:30 - 11:30a / 5-12 yrs. / Res. \$110 / Non. Res \$115



### VOLLEYBALL CAMP

Bump, Set, Spike! Come learn the skills and techniques of volleyball or come sharpen your skills at the Youth Volleyball Camp. Participants will engage in various drills and activities led by coaches from our Youth Volleyball League to help them develop the skills needed to excel in the sport. *Location: Oak Middle School Gym (10821 Oak St., Los Alamitos, CA)*

Code: SU25341 / Mon - Fri. / July 21 - July 25 / 9:30 - 11:30a / 5-12 yrs. / Res. \$110 / Non. Res \$115



# SUMMER CAMPS

## SPECIAL INTEREST CAMPS

### DISNEY DREAMERS

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Welcome to Disney Camp, a magical adventure where dreams come true! This immersive camp is designed to transport campers into the enchanting world of Disney, where they can explore iconic stories, create amazing Disney-themed crafts, and bring their favorite Disney moments to life. Whether they're soaring with Peter Pan, dancing with princesses, or embarking on a heroic journey, Disney Camp promises a world of creativity, fun, and wonder for every camper.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25342	1 week	M-Th	6/9-6/12	9-11a	6-12	\$100/\$105

### LEGO LAB CAMP

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Join us as we create and learn to build fun, new LEGO creations! Students will learn how to create detailed LEGO designs, experience hands-on LEGO activities, all while developing lasting memories with fellow participants!

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25343	1 week	M-Th	6/16-6/19	9-11a	6-12	\$100/\$105

### SUPERHERO ADVENTURES - NEW!

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Welcome to Marvel Camp, where campers will unleash their inner hero or villain and step into the action-packed world of Marvel Comics! This camp is designed for young heroes-in-training who want to develop their powers, team up with fellow adventurers, and embark on epic missions across the Marvel Universe. Whether you're a future Avenger, X-Men recruit, or a force of villainy, this camp is your chance to shape your destiny!

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25344	1 week	M-Th	6/23-6/26	9-11a	6-12	\$100/\$105

### JOURNEY AROUND THE WORLD

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Calling all aspiring explorers and travelers. Join us at Camp Around the World, where every day we will explore and indulge in a different culture from around the world. Experiencing unique food, fun traditions, and creating unforgettable memories.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25345	1 week	M-Th	7/7-7/10	9-11a	6-12	\$100/\$105

### EXTREME ARTS & CRAFTS CAMP

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Experience arts and crafts like never before. Extreme Arts camp introduces kids to art on a larger, more epic, and more extreme scale. Instead of paintbrushes, pencils, and markers, we'll be learning and expanding our imagination with spray painting, fort building, and using any type of canvas imaginable.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25346	1 week	M-Th	7/14-7/17	9-11a	6-12	\$100/\$105

### STEM EXPLORERS

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Explore elements of Science, Technology, Engineering, and Mathematics in this fun and interactive STEM camp. Campers will learn fundamental concepts of all branches of science while also challenging themselves with hands-on projects and experiments.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25347	1 week	M-Th	7/21-7/24	9-11a	6-12	\$100/\$105

### SPACE CADETS

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

BLAST OFF into outer space at Space Camp. Campers will explore all the fun that space has to offer through unique hands-on activities and space-related crafts.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25348	1 week	M-Th	7/28-7/31	9-11a	6-12	\$100/\$105

### JEDI JOURNEY

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Once upon a time, in a camp not so far away, young padawans learn to master the force, become Jedi, and explore all the fun elements of the Star Wars universe at Star Wars Camp. Pod racing license not required. May the force be with you.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25349	1 week	M-Th	8/4-8/7	9-11a	6-12	\$100/\$105

### HOGWARTS SCHOOL OF WIZARDRY - NEW!

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Swish and Flick in the magical experience of Harry Potter Camp where campers step into the wizarding world and embark on their own Hogwarts adventure! From receiving their letter to becoming full-fledged witches and wizards, campers will dive into the enchanting world of Harry Potter. They'll learn magic, form lasting friendships, and participate in thrilling challenges as they discover what it truly means to be part of this iconic universe.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25350	1 week	M-Th	8/11-8/14	9-11a	6-12	\$100/\$105

### JR. DETECTIVES - NEW!

*Little Cottonwood Park*

**4000 Farquhar Avenue, Los Alamitos**

Welcome to Detective Camp where campers will become mystery-solving experts and crack codes just like their favorite fictional detectives! Each day we'll dissect a different mystery that will involve thrilling plot twists, mind-bending puzzles, and more. It's time to put on your thinking cap, gather your clues, and step into the world of mystery!

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25351	1 week	M-Th	8/18-8/21	9-11a	6-12	\$100/\$105

# SUMMER CAMPS

## YOUTUBE STYLE VIDEOS

*Fire Station 48*

**3131 N Gate Road, Seal Beach, CA 90740**

Online & social media videos have taken the entertainment industry by storm! Kids now watch YouTube more than TV! In this class, they will turn the cameras directly at themselves, in the style of the current social media and online shorts and podcasts. They will film about 3-4 assigned videos using a variety of topics and filming techniques to get the job done! Projects will be shared via link 1-2 weeks after the last day of class!

**Material Fee:** \$30

**Instructor:** Movies by Kids

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25352	1 week	M-F	7/14-7/18	9a-12p	7-13	\$205/\$210

## LEGO FORTNITE MOVIES

*Fire Station 48*

**3131 N Gate Road, Seal Beach, CA 90740**

Everyone loves the Fortnite video game, but what if you could take your character and make a stop motion animation movie with them? Well, now you can! You and a partner or two, will create an interesting story for your character. Follow along typical gameplay scenarios, or think totally outside the box for an epic, original Fortnite adventure created by you! All finished movies are available to download online!

**Material Fee:** \$30

**Instructor:** Movies by Kids

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25353	1 week	M-F	7/14-7/18	1-4pm	7-13	\$205/\$210

## HOLLYWOOD SPECIAL EFFECTS

*Fire Station 48*

**3131 N Gate Road, Seal Beach, CA 90740**

Are you a fan of special effects in movies? In this exciting class, learn how to create easy Hollywood special effects right in your HD Camera or Smart Device. Then you will collaborate with classmates to create a movie applying everything you have learned. Special effects used include: Forced Perspective, "Green Screen" technology, CGI, making characters appear and disappear, etc.! All movies will be available to view and download!

**Material Fee:** \$30

**Instructor:** Movies by Kids

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25354	1 week	M-F	8/4-8/8	9a-12pm	7-13	\$204/\$209

## MINECRAFT MOVIES

*Fire Station 48*

**3131 N Gate Road, Seal Beach, CA 90740**

In this class, you will use the art of Stop Motion animation to create a Lego movie based on the ever-popular video game! Cast Steve as your main hero, or maybe grab a Creeper or Zombie to cast as your main character! The choice is yours as to who will tackle the incredible environment that you have created! All student films will be available to view and download online.

**Material Fee:** \$30

**Instructor:** Movies by Kids

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25355	1 week	M-F	8/4-8/8	1-4pm	7-13	\$204/\$209

## ART SAFARI CAMP

*Cypress Community Center*

**5700 Orange Avenue, Cypress**

Embark on an exciting adventure with our Art Safari Camp! This camp is designed for children who love to explore the natural world through art. Each day, campers will learn about the different animals and habitats of the African savanna, and will use art as a medium to explore the beauty and diversity of the wild. They will learn about different art techniques such as painting, drawing, and more while creating their own art projects inspired by the safari theme. This camp is perfect for children who love art, nature, and adventure! Join us this summer for an artistic adventure with Just Think Art. Each week-long camp meets daily from 9:30 a.m. -12:00 noon. A list of supplies will be provided.

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25356	1 week	M-F	6/16 - 6/20	9:30a-12p	7-13	\$180/\$185

## BRIXOLOGY: LEGO™ ENGINEERING

*Marina Center*

**151 Marina Drive, Seal Beach, CA 90740**

Our LEGO™ BRIXOLOGY camp was developed in partnership with LEGO™ Master Builders! Team up to build exclusive creations that will test your engineering abilities!

Build carnival rides, paddle boats, mechanical animals, and even a vehicle that moves. Try your hand at nautical, structural, and even biomechanical engineering! Let the tinkering begin!

**Material Fee:** \$30

**Instructor:** Mad Scientist Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25357	1 week	M-F	6/23-6/27	9a-12p	7-12	\$195/\$200

## CARTOONING AND CHARACTER DESIGN CAMP

*Cypress Community Center*

**5700 Orange Avenue, Cypress**

Looking for a fun introductory cartooning and character design class? Draw your favorite characters, in a humorous cartooning style, by breaking them down into shapes and lines. Learn how to make expressive images and manipulate facial features on characters: humans or animals, and capture everyday objects in a funny way that makes them come to life. With easy exercises and techniques, imagine, exaggerate, develop skills, and create. Join us this Summer for a cartooning adventure with Just Think Art. A list of Supplies will be provided.

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25358	1 week	M-F	7/7-7/11	9:30a-12p	8-14	\$180/\$185

## ZENTANGLE ART CAMP

*Cypress Community Center*

**5700 Orange Avenue, Cypress**

Zentangle is "an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns." A method of drawing that helps create focus, calm, and relaxation. It has grown as a creative practice that is being enjoyed throughout the world. It focuses on gratitude and appreciation, being present in the moment - and it's fun! Join this summer in learning a new way to tap into your own creativity with Just Think Art. Students bring their own supplies. A list of supplies will be provided.

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25359	1 week	M-F	7/21-7/25	9:30a-12p	8-14	\$180/\$185

# SUMMER CAMPS

## SPECIAL INTEREST CONT.

### CRAZY CHEMWORKS

Marina Center

151 Marina Drive, Seal Beach, CA 90740

Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools. Students will explore acids and bases, reveal the secret recipe of slime, and examine crystallization. By the end of the week, the Jr. Mad Scientists will have their very own chemistry set.

**Material Fee: \$30**

**Instructor:** Mad Scientist Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25360	1 week	M-F	6/9-6/13	9a-12p	5-12	\$195/\$200

### DESTINATION EARTH

Marina Center

151 Marina Drive, Seal Beach, CA 90740

Take a walk on the wild side, kids will have fun with hands-on experiments that will increase their understanding of our Earth and Animals! They will learn how animals are camouflaged and go on the hunt for scents and tracks and discover what adversely affects our planet as we explore conservation. Take apart owl pellets to see what birds of prey can digest, build a birdhouse and experiment with inertia and gravity as you learn how they work together to help you enjoy your favorite sports.

**Material Fee: \$30**

**Instructor:** Mad Scientist Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25361	1 week	M-F	7/21-7/25	9a-12p	5-12	\$195/\$200

### FORENSICS LAB

Marina Center

151 Marina Drive, Seal Beach, CA 90740

Step into the shoes of a forensic scientist. Identify and collect evidence, from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing.

**Material Fee: \$30**

**Instructor:** Mad Scientist Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25362	1 week	M-F	8/4-8/8	9a-12p	5-12	\$195/\$200

### LITTLE SCIENTIST PRESCHOOL LAB

Marina Center

151 Marina Drive, Seal Beach, CA 90740

Investigate the science of nature with this fun summer camp for the youngest of scientists. Cultivate your interest in life science as you learn about insects, weather, plants and soil. Experience fun hands-on experiments in this week-long lab. Parents requested not to stay during class. Must be potty trained.

**Material Fee: \$30**

**Instructor:** Mad Scientist Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25363	1 week	M-F	8/11-8/15	9a-12p	3.5-5	\$210/\$215

### MINE, CRAFT, BUILD ADVENTURE GAME USING LEGO MATERIALS

Fire Station 48

3131 N Gate Road, Seal Beach, CA 90740

Bring Minecraft to life using LEGO® bricks! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! This experience is an original game designed by Play-Well instructors inspired by the popular game, Minecraft.

**Instructor:** Play-Well TEKnologies

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25364	1 week	M-F	7/7-7/11	9a-12p	5-7	\$220/\$225

### MINE, CRAFT, BUILD SURVIVAL GAME USING LEGO MATERIALS

Fire Station 48

3131 N Gate Road, Seal Beach, CA 90740

Bring Minecraft to life using LEGO® bricks! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, craft tools, and watch out for Creepers! This ultimate LEGO® Minecraft experience is an original game designed by Play-Well instructors.

**Instructor:** Play-Well TEKnologies

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25365	1 week	M-F	7/7-7/11	1-4pm	7-12	\$220/\$225

### STEM DISCOVERY USING LEGO MATERIALS

Fire Station 48

3131 N Gate Road, Seal Beach, CA 90740

Unleash your creativity with tens of thousands of LEGO® pieces at your fingertips! Build engineer-designed projects as you discover the world around us through our inquiry-based learning model. Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

**Instructor:** Play-Well TEKnologies

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25366	1 week	M-F	7/21-7/25	9a-12p	5-8	\$220/\$225

### RADICAL RIDES USING LEGO MATERIALS

Fire Station 48

3131 N Gate Road, Seal Beach, CA 90740

Start your engines with tens of thousands of LEGO® parts as you dive into the vast world of vehicles! Build and design an array of exciting machines traversing land, sea, and air with the assistance of experienced Play-Well instructors. Learn about the engineering principles behind motors, gears, and everything that zooms and zooms!

**Instructor:** Play-Well TEKnologies

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25367	1 week	M-F	7/21-7/25	1-4pm	5-8	\$220/\$225

# SUMMER CAMPS



## CHES WIZARDS SUMMER CAMP - NEW!

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like Corner Chess), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a T-shirt, trophy, and puzzle folder. We include all the materials necessary for your child to participate, but full-day kids should bring a lunch. Unleash your brain power and spend part of your vacation with Chess Wizards!

**Instructor:** Chess Wizards

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25368	1 week	Mon-Fri	6/2-6/6	9a-12p	5-12	\$371/\$376
SU25369	1 week	Mon-Fri	6/2-6/6	12-3p	5-12	\$371/\$376
SU25370	1 week	Mon-Fri	6/2-6/6	9a-3p	5-12	\$525/\$530
SU25520	1 week	Mon-Fri	7/28-8/1	9a-12p	5-12	\$371/\$376
SU25521	1 week	Mon-Fri	7/28-8/1	12-3p	5-12	\$371/\$376
SU25522	1 week	Mon-Fri	7/28-8/1	9a-3p	5-12	\$525/\$530



Join a passionate group of 11-17 year old's learning new skills and making a difference in the community year-round!

### Participants Can Receive:

- ★ Work Experience
- ★ Life Skills
- ★ Presidential Service Award
- ★ Service Hour Credit
- ★ New Friendships
- ★ Leadership Skills

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

Annual Fee: Resident: \$42 / Non-Resident: \$47  
Register Here: [losalrecreation.myrec.com](http://losalrecreation.myrec.com)



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Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

## UNITED Teen Mentorship Program

JUNE 9 - AUGUST 15

LOS ALAMITOS  
COMMUNITY CENTER

### REGISTRATION FEES:

Dates:	Regular Hours (9am-4pm)	Extended Hours (7am-6pm)
	Resident/Non-Resident	Resident/Non-Resident
Week #1: June 9 - 13	\$221/\$226	\$281/\$286
Week #2: June 16 - 20	\$208/\$213	\$268/\$273
Week #3: June 23 - 27	\$269/\$274	\$329/\$334
Week #4: June 30 - July 2	\$117/\$122	\$228/\$233
Week #5: July 7 - 11	\$202/\$207	\$262/\$267
Week #6: July 14 - 18	\$234/\$239	\$294/\$299
Week #7: July 21 - 25	\$228/\$233	\$288/\$293
Week #8: July 28 - August 1	\$218/\$223	\$278/\$283
Week #9: August 4 - 8	\$255/\$260	\$315/\$320
Week #10: August 11 - 15	\$227/\$232	\$287/\$292

NOTE: WEEKLY FEE INCLUDES ALL EXCURSIONS. NO REFUNDS.  
TO REGISTER & SEE DETAILED EXCURSION SCHEDULE, VISIT [CITYOFLOSALAMITOS.ORG](http://CITYOFLOSALAMITOS.ORG)

Teens ages 11-14...Get ready for an unforgettable summer filled with adventure, new friendships, and endless fun! Each week includes fun excursions, mentorship opportunities with City departments, service projects, personal development, arts & crafts, games, and more!



# ADAPTIVE RECREATION

## Adaptive Recreation

Los Alamitos  
Recreation & Community Services  
*Creating Quality of Life*

Sponsored by:  
Los Alamitos  
Community Foundation

The City of Los Alamitos invites participants with disabilities who require additional support or accommodations due to physical, mental, or developmental challenges and their families to participate in fun, social, and free activities. Monthly meetups are open to all ages and disabilities. Parent/guardian and/or aide is required to accompany participants at all times.

### Monthly Meetups

For information on our next monthly meetup, visit our website [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation) or scan our QR code right here →



Individuals with an intellectual disability gain confidence, self-esteem & develop life skills in a fun, supportive team environment. Volunteers enjoy a rewarding experience helping as coaches & assistant coaches.

If you are interested in being involved, please contact Mark Bermudez at [mbermudez@sosc.org](mailto:mbermudez@sosc.org) & Steve Munoz at [smunoz@sosc.org](mailto:smunoz@sosc.org)



## LOS ALAMITOS RECREATION SCHOLARSHIP PROGRAM

MemorialCare  
Miller Children's & Women's  
Hospital Long Beach

### Available

Interested in signing up for a Recreation class but need financial assistance?

*Thanks to local community groups & individuals who have graciously donated funds, the City of Los Alamitos offers scholarships to Los Alamitos families in need.*



### Donate

Interested in giving back to your community so that families in need can have opportunities to participate in enrichment, exercise, and educational programs?

*Donate today! Any amount is appreciated and your generosity will go a long way to enhance the lives and experiences of families who may not have the means to afford a program or class.*

To register for a recreation program (toddlers, teens, adults, & seniors)  
**VISIT FOR MORE INFORMATION: [WWW.CITYOFLOSALAMITOS.ORG/RECREATION](http://WWW.CITYOFLOSALAMITOS.ORG/RECREATION)**

## DANCE AND GYMNASTICS

### PRINCESS BALLET

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Twirl into your imagination! Dancers learn beginning ballet with an element of fantasy in this princess-themed class for the budding ballerina. Class includes princess storytimes and crafting. Leotard, tights, and ballet shoes required. \$5 craft fee due on first day. Last day performance for family. More info: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No Class: 7/3**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25371	7 weeks	Thu	6/19-8/7	3:30-4:15p	4-7	\$114/\$119

### TOTS PRINCESS BALLET

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Come twirl! Dancers learn beginning ballet with an element of fantasy in this princess-themed class for the budding ballerina. Class includes princess storytimes and crafting. Leotard, tights, and ballet shoes required. \$5 craft fee due on first day. Last day performance for family. Please read before first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No Class: 7/3**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25372	7 weeks	Thu	6/19-8/7	4:20-5:05p	2.5-4	\$114/\$119



### HIP HOP

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Children learn beginning hip hop and intro to tumbling skills in this upbeat, popular class! Class helps improve coordination, rhythm, gross motor skills, and agility. All movements and songs are age-appropriate. Athletic attire and sneakers required. Last day performance for family. Please read before first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No Class: 7/3**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25373	7 weeks	Thu	6/19-8/7	5:10-5:55p	3.5-7	\$114/\$119

CITY OF  
**Los Alamitos**  
California

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Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.



**Los Alamitos**  
Recreation & Community Services  
Creating Quality of Life



My City ♥ My Los Al

Children will be introduced to numbers, letters, sight words, colors, shapes, and days of the week! Activities will include circle time, art, music, stories, and games. Program will also emphasize sharing, respect, and understanding. All staff are First Aid, CPR, and AED certified. Please register online using the MY Rec portal or in person at the Los Alamitos Community Center. Participants must be potty-trained, no pull-ups. Priority given to those currently enrolled.

## LIL'OAK PRESCHOOL PROGRAM

(4 Total / 2 WEEK SESSIONS)

### SESSION 1

Age:	Days:	Dates:	Time:	Fee: (R/NR)	Code:
3-5	M/W/F	6/9-6/20	9am-1pm	\$135/\$140	SU25374
3-5	T/TH	6/10-6/19	9am-1pm	\$95/\$100	SU25375
3-5	M-F	6/9-6/20	9am-1pm	\$215/\$220	SU25376

### SESSION 2 No Class: 7/3 & 7/4

3-5	M/W/F	6/23-7/2	9am-1pm	\$115/\$120	SU25377
3-5	T/TH	6/24-7/1	9am-1pm	\$75/\$80	SU25378
3-5	M-F	6/23-7/2	9am-1pm	\$175/\$180	SU25379

### SESSION 3

3-5	M/W/F	7/7-7/18	9am-1pm	\$135/\$140	SU25380
3-5	T/TH	7/8-7/17	9am-1pm	\$95/\$100	SU25381
3-5	M-F	7/7-7/18	9am-1pm	\$215/\$220	SU25382

### SESSION 4

3-5	M/W/F	7/21-8/1	9am-1pm	\$135/\$140	SU25383
3-5	T/TH	7/22-7/31	9am-1pm	\$95/\$100	SU25384
3-5	M-F	7/21-8/1	9am-1pm	\$215/\$220	SU25385

10911 Oak Street, Los Alamitos

Department Late Policy: \$1 per minute, after 1:05 p.m.

Fee due prior to start of next class. Payable at the front desk. **No Refund Program.**

# PRESCHOOL & YOUTH

## DANCE AND GYMNASTICS

### ALL-IN-ONE DANCE

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Try multiple styles of dance! Dancers learn beginning ballet, jazz, hip hop, and tumbling in an encouraging environment. Class helps improve coordination, rhythm, and even sports ability! Leotard, tights or leggings, and jazz shoes required. Last day performance for family. Please read before first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No Class: 7/3**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25386	7 weeks	Thu	6/19-8/7	6-6:45p	5-9	\$114/\$119

### KIDDIE GYMNASTICS AND TUMBLING

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

During this action-packed class, kids will have the exciting opportunity to learn a variety of gymnastics and tumbling skills. From handstands and backbends, to forward rolls and backward rolls, we will guide your child through a progressive curriculum that promotes strength, flexibility, coordination, and confidence in tumbling.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25387	3 weeks	Wed	6/11-6/25	5-5:40p	3-6	\$81/\$86
SU25388	4 weeks	Wed	7/9-7/30	5-5:40p	3-6	\$81/\$86
SU25389	3 weeks	Wed	8/6-8/20	5-5:40p	3-6	\$81/\$86

### CHEER AND DANCE

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Get in the cheer spirit with our Cheer and Dance class! Cheerleaders will learn the fundamentals and basics of cheerleading and performance dance! Learn team building, choreography, cheer movements, jumps and more! Practice attire: Please wear a black t-shirt or any color KTA shirt (sold in class), black bottoms and sneakers to every class.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25390	3 weeks	Wed	6/11-6/25	4-4:45p	5-12	\$74/\$79
SU25391	4 weeks	Wed	7/9-7/30	4-4:45p	5-12	\$74/\$79
SU25392	3 weeks	Wed	8/6-8/20	4-4:45p	5-12	\$74/\$79

### FITNESS, FUN & GAMES

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

With a mixture of fun, fitness, and teamwork building, this class is perfect for kids who love to play games and workout! Class includes weightlifting, circuit training, sports, and other fun, classic schoolyard games! Improve concentration, fine motor skills, hand-eye coordination, and more! Comfortable clothing and sneakers are required for class.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25393	3 weeks	Wed	6/11-6/25	6:45-7:30p	5-12	\$69/\$74
SU25394	4 weeks	Wed	7/9-7/30	6:45-7:30p	5-12	\$69/\$74
SU25395	3 weeks	Wed	8/6-8/20	6:45-7:30p	5-12	\$69/\$74

## YOUTH GYMNASTICS AND TUMBLING

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

During this action-packed class, kids will have the exciting opportunity to learn a variety of gymnastics and tumbling skills. From handstands and backbends, to forward rolls and cartwheels, we will guide your child through a progressive curriculum that promotes strength, flexibility, coordination, and confidence in tumbling.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25396	3 weeks	Wed	6/11-6/25	5:45-6:35p	7-13	\$81/\$86
SU25397	4 weeks	Wed	7/9-7/30	5:45-6:35p	7-13	\$81/\$86
SU25398	3 weeks	Wed	8/6-8/20	5:45-6:35p	7-13	\$81/\$86

## YOUTH BALLET AND JAZZ

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Dancers will develop an enjoyment of music and movement expression while learning and perfecting the skills of ballet and jazz dancing with turns, kicks, leaps, and more! Dancers will learn simple rhythm techniques, musicality, and dance terms. Ballet Attire: ballet or jazz shoes are required.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25399	4 weeks	Mon	6/9-6/30	5:30-6:15p	7-13	\$69/\$74
SU25400	4 weeks	Mon	7/7-7/28	5:30-6:15p	7-13	\$69/\$74
SU25401	3 weeks	Mon	8/4-8/18	5:30-6:15p	7-13	\$69/\$74

## SPORTS



### TINY TYKES YOUTH SOCCER - NEW!

*Laurel Park  
10862 Bloomfield Street, Los Alamitos*

TinyTykes is an exciting child development program delivered through soccer. Our soccer and child development professionals have designed an innovative curriculum that takes children on 'Immersive Interactive Adventures' through fun and exciting themes. It is through these semi-structured adventures that every child has the ability to build their own experiences and be introduced to the basic skills needed in soccer; motor, social, and psychological skills.

**Instructor:** Challenger Sports Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25402	8 weeks	Sun	6/15-8/3	10-10:45a	2-3	\$140/\$149
SU25403	8 weeks	Sun	6/15-8/3	11-11:45a	4-5	\$140/\$149

# PRESCHOOL & YOUTH

## MINI SUPERSTARS

*Little Cottonwood Park*  
4000 Farquhar Avenue, Los Alamitos

Introduce your little superstar to sports! This five-week program will cover the sports of football, basketball, and soccer. Recreation Staff will lead the program, but parent participation is required. Get a jump-start in teaching your child to live an active lifestyle through sports.

**Award is included in the fee.**

**No Class: 7/5**

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25404	5 weeks	Sat	6/14-7/19	9-9:45a	2-3	\$65/\$70



## PARENT & ME T-BALL

*Little Cottonwood Park*  
4000 Farquhar Avenue, Los Alamitos

Get your little one started in America's favorite pastime. This five-week program will cover the fundamentals of catching, hitting, and running the bases. Practices are led by Recreation Staff, and parent(s) participation is required. Join the fun and hit some home runs! Bats are provided during class.

**Award is included in the fee.**

**No Class: 7/5**

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25405	5 weeks	Sat	6/14-7/19	10-10:45a	2-3	\$65/\$70

## JR. PEE WEE BASEBALL

*Little Cottonwood Park*  
4000 Farquhar Avenue, Los Alamitos

America's pastime in the summer! Join us for five weeks of baseball fun. Recreation Staff will teach the fundamentals of fielding, hitting, throwing, and running the bases in a clinic-style format. Bats are provided during class.

**Award is included in the fee.**

**No Class: 7/5**

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25406	5 weeks	Sat	6/14-7/19	11-11:45a	4-6	\$65/\$70

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**Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.**

## SOCCER AND T-BALL COMBO WITH SPORTBALL

*Orville Lewis Jr Park*

3662 Kempton Drive, Los Alamitos

In this class, we dive into two of the most loved sports, baseball and soccer. We will introduce your young athlete to the basics of both sports through imagination skill-based games, that will constantly be improving cognitive and social skills, and most importantly learning to work together as a team. The first part of the session focuses on soccer skills such as passing, throw-ins, dribbling and goalie skills and non-competitive game play. Midway through the season we switch to baseball skills such as throwing, catching, batting, running bases and fielding before playing an actual game. Parent participation is required for ages 2-3 years old.

**No Class: 7/5**

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25407	6 weeks	Sat	6/14-7/26	10-10:45a	2-3	\$139/\$144
SU25408	6 weeks	Sat	6/14-7/26	10:50-11:35a	3-5	\$139/\$144
SU25409	4 weeks	Sat	8/2-8/23	10-10:45a	2-3	\$96/\$101
SU25410	4 weeks	Sat	8/2-8/23	10:50-11:35a	3-5	\$96/\$101

## 8-SPORT MULTI-SPORT WITH SPORTBALL

*Orville Lewis Jr Park*

3662 Kempton Drive, Los Alamitos

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in a different sport each class (soccer, basketball, football, volleyball, tennis, hockey, golf, and baseball). Classes apply developmentally appropriate methodology to introduce, practice, and refine motor skills, progress sports skills, reinforce the benefits of teamwork and prepare your athlete for a future of confident sports participation. Parent participation is required for ages 2-3 years old.

**No Class: 7/5**

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25411	6 weeks	Sat	6/14-7/26	9:15-10a	3-5	\$139/\$144
SU25412	4 weeks	Sat	8/2-8/23	9:15-10a	3-5	\$96/\$101

## T-BALL: INTRO TO LEAGUE PLAY

*Orville Lewis Jr Park*

3662 Kempton Drive, Los Alamitos

In Sportball T-Ball, we introduce your children to the fundamentals of baseball, with the guidance of our coach. Children will learn hitting, throwing, fielding, catching, base running, terminology, and engage in activities by playing fun games and skill-based drills. Our coaches work with the children and parents throughout the class using positive reinforcement and imaginative coaching techniques. A fun experience for you and your child that prepares them for future league play! Parent Participation is required for children under age 3.

**No Class: 7/5**

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25413	6 weeks	Sat	6/14-7/26	11:40-12:25p	3-5	\$139/\$144
SU25414	4 weeks	Sat	8/2-8/23	11:40-12:25p	3-5	\$139/\$144

# YOUTH

## SPORTS CONTINUED

### HOMECOURT EDGE BASKETBALL SHOOTING STARS

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Homecourt Edge Basketball Shooting Stars will focus on improving your child's shooting form. We will teach proper shooting techniques, proper release, follow through, shooting consistency, shooting off the screen, and squaring up to the basket. For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 7/17**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25415	3 weeks	Thu	6/12-6/26	7-8:30p	5-14	\$84/\$89
SU25416	4 weeks	Thu	7/10-7/31	7-8:30p	5-14	\$84/\$89
SU25417	3 weeks	Thu	8/7-8/21	7-8:30p	5-14	\$84/\$89

### HOMECOURT EDGE BASKETBALL BALL HANDLING CLINIC

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Homecourt Edge Basketball Ballhandling Clinic will introduce ballhandling skills for novice, intermediate and advanced levels. The clinic will also introduce the latest offensive moves to the basket. Classes will also include speed and agility footwork. For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 7/15**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25418	3 weeks	Tues	6/10-6/24	7-8:30p	5-14	\$84/\$89
SU25419	5 weeks	Tues	7/1-7/29	7-8:30p	5-14	\$109/\$114
SU25420	3 weeks	Tues	8/5-8/19	7-8:30p	5-14	\$84/\$89

### HOMECOURT EDGE BASKETBALL RUN OPEN GYM SCRIMMAGE - NEW!

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Bring a group of friends to come play ball!

**Drop in: \$20 per class**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25421	3 weeks	Sun	6/15-6/29	3-5p	7-14	\$54/\$59
SU25422	4 weeks	Sun	7/6-7/27	3-5p	7-14	\$69/\$74
SU25423	3 weeks	Sun	8/3-8/17	3-5p	7-14	\$54/\$59

### HOMECOURT EDGE BASKETBALL TRIPLE BUNDLE

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and get the best of both worlds and get multiple workouts a week with Homecourt Edge Basketball. Tuesday's ball-handling class, Thursday's shooting class and Sunday's Open Gym. Please don't hesitate to sign up with us today! For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**No Class: 7/15, 7/17**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25424	4 weeks	Tue/Thu/Sun	6/10-6/29	T/Th 7-8:30p	5-14	\$189/\$194
SU25425	5 weeks	Tue/Thu/Sun	7/1-7/31	Tun 2-3p	5-14	\$229/\$234
SU25426	3 weeks	Tue/Thu/Sun	8/3-8/21	Tun 2-3p	5-14	\$209/\$214

### HOMECOURT EDGE TRAVEL BALL PROGRAM

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and join our Homecourt Edge Basketball Travel Team Program! We will practice twice a week Tuesdays and Thursdays. We will play at least two shootouts/tournaments a month. Your child will get better! 9U-11U is from 6:00-7:15p.m. and 12/14U is from 7:15-8:30p.m. Not an introductory class. Must get prior approval from the head coach before joining the program. Please email hcepersonaltraining@yahoo.com for approval and instructions. Please bring basketball and water.

**No Class: 7/15, 7/17**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25427	4 weeks	Tue/Thurs	6/10-6/26	6-8:30p	7-14	\$209/\$214
SU25428	4 weeks	Tue/Thurs	7/1-7/31	6-8:30p	7-14	\$209/\$214
SU25429	3 weeks	Tue/Thurs	8/5-8/21	6-8:30p	7-14	\$189/\$204

### HOME COURT EDGE BASKETBALL BALL HANDLING CLINIC BUNDLE AND SHOOTING STARS

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and get the best of both worlds and get multiple workouts a week with Homecourt Edge Basketball. Tuesday's ball-handling class, Thursday's shooting class. Please don't hesitate to sign up with us today! For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 7/15, 7/17**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25450	3 weeks	Tue/Thu	6/10-6/26	7-8:30p	5-14	\$129/\$134
SU25451	5 weeks	Tue/Thu	7/1-7/31	7-8:30p	5-14	\$149/\$154
SU25452	3 weeks	Tue/Thu	8/5-8/21	7-8:30p	5-14	\$129/\$134

### HOME COURT EDGE BASKETBALL TOTAL ATTACK SKILLS CLINIC

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

HCE Attack Series Clinic Skills Clinic will be a combination of our Ballhandling and Shooting Clinic Series. Homecourt Edge Basketball Ballhandling Clinic will introduce ballhandling skills for novice, intermediate and advanced levels. The clinic will also introduce the latest offensive moves to the basket. Classes will also include speed and agility footwork. Homecourt Edge Basketball Shooting Stars will focus on improving your child's shooting form. We will teach proper shooting techniques, proper release, follow through, shooting consistency, shooting off the screen, and squaring up to the basket. For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25453	3 weeks	Sun	6/15-6/29	2-3p	5-14	\$69/\$74
SU25454	4 weeks	Sun	7/6-7/28	2-3p	5-14	\$89/\$94
SU25455	3 weeks	Sun	8/3-8/17	2-3p	5-14	\$69/\$74

## SPECIAL INTEREST



### SHOTOKAN KARATE/ SELF-DEFENSE - YOUTH CLASS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Japanese Shotokan Karate for youth. Traditional Karate and self-defense will be taught. Training will focus on kihon (basics), kata (form), kumite (one-step sparring), and goshin jutsu (self-defense). You will also gain discipline, confidence, body awareness, and fitness. The history of Martial Arts and traditions will also be taught. Daniel Gacad is a 7th degree Black Belt (nana-dan) in Japanese Shotokan Karate.

**Instructor:** Daniel Gacad

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25456	8 weeks	Tue	6/10-7/29	4:30-5:15p	5.5-13	\$75/\$80

### SPANISH FOR KIDS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Welcome to our Enrichment program: a unique opportunity to enjoy a language immersion associated with cultural activities. Excellent opportunity to expose your kids to foreign languages with native instructors. If classes don't meet the minimum, they will be offered as a virtual class via Zoom instead.

**No Class: 7/2**

**Material Fee: \$20**

**Instructor:** Portal Languages

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25457	8 weeks	Wed	6/11-8/6	4-5p	6-10	\$209/\$214

## SUMMER PARKS PROGRAM

Games - Arts & Crafts - Excursions

### JUNE 9 - AUGUST 8

Little Cottonwood Park (M/W/F)    Ages 5-12  
Orville R. Lewis Jr. Park (T/TH)    10:30am-4:00pm  
**FREE Drop-in Program**

For more information, please contact the Los Alamitos Community Center at 562 - 430 - 1073 or visit [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)

# Donation Drive

## Backpacks & School Supplies

Local nonprofits will receive school supplies to benefit local children in need

**JULY 7 - JULY 10**  
**4-7 PM**

**LOS ALAMITOS COMMUNITY CENTER**  
10911 Oak St.

**DROP BOXES:**  
7/7 - 7/10  
7:30 AM - 5:30 PM

**DROP BOX LOCATIONS:**  
LOS ALAMITOS COMMUNITY CENTER,  
CITY HALL LOBBY, POLICE DEPARTMENT LOBBY

SEE WEBSITE FOR ITEMIZED LIST

## Join Us

at the Los Alamitos-Rossmoor Library  
12700 Montecito Rd  
Seal Beach, CA 90740  
562-430-1048  
[www.ocpl.org](http://www.ocpl.org)



### Children's

Baby Toddler Storytime  
Tuesdays @ 10:30a

Kinder Readiness Storytime  
Wednesdays @ 10:30a

Campfire Storytime  
2nd Mondays @ 5:30p

### Level Up at OC Public Libraries' Summer Reading Challenge

Signups begin  
June 16th - August 3rd  
Register at [OCPL.Beanstack.org](http://OCPL.Beanstack.org)

### Teen

Teen Advisory Group  
3rd Mondays @ 5:00p

Craft  
4th Tuesdays @ 5:00p

### Adult

Death & Donuts Book Club  
1st Mondays @ 10:30a

Cookbook Club  
2nd Tuesdays @ 4:00p

Genre Hopping Book Club  
3rd Wednesdays @ 5:30p

contact:  
[chloe.devereaux@occr.ocgov.com](mailto:chloe.devereaux@occr.ocgov.com)



# TEEN AND ADULT

# PAWS IN THE PARK

LITTLE COTTONWOOD PARK ON JUNE 28 FROM 12-3PM

CALLING ALL FURRY FRIENDS!

THE CITY OF LOS ALAMITOS IS HOSTING ITS 2ND ANNUAL PAWS IN THE PARK EVENT ON SATURDAY, JUNE 28TH FROM 12-3PM AT LITTLE COTTONWOOD PARK! THE EVENT WILL FEATURE A LOW-COST VACCINE CLINIC & MICROCHIPPING, FREE DOG TRAINING, A PET COSTUME CONTEST, PET ADOPTIONS, & THE KICKOFF OF OUR SUMMER POP-UP DOG PARK! FREE TO ATTEND & PARTICIPATE!



LOW-COST VACCINE CLINIC & MICROCHIPPING



ACTIVITIES, VENDORS, & COSTUME CONTEST



POP UP DOG PARK AVAILABLE JUNE 28-AUGUST 31



PET ADOPTIONS & DOG TRAINING

Los Alamitos Recreation & Community Services  
Creating Quality of Life

VETCARE Pet Clinic and Vaccination Services



VENDORS & PET RESCUES- VISIT US AT [CITYOFLOSALAMITOS.ORG](http://CITYOFLOSALAMITOS.ORG) OR CALL 562.430.1073 FOR MORE INFORMATION

# PARTY PACKAGES

Let us do the planning...

LET'S BE HONEST... PARTIES TAKE A LOT OF TIME & ENERGY TO PLAN. LUCKILY, THAT'S WHERE WE COME IN! CHOOSE FROM A MENU OF OPTIONS TO MAKE YOUR CHILD'S BIRTHDAY FUN, MEMORABLE, & STRESS FREE!

Customizable packages to fit your needs...

- COMMUNITY CENTER (\$850) OR PICNIC SHELTER (\$650) RENTAL (3 HOURS)
- THEMED CRAFT STATIONS & STAFF LED ACTIVITIES

Add ons...

- BOUNCERS
- DECORATIONS
- FACE PAINTING
- BALLOON TWISTING
- SNACK CUPS
- PHOTO AREA
- CAKE OR CUPCAKES
- CHARACTER APPEARANCES
- PLATES & FLATWARE
- DRINKS & PIZZA
- GOODIE BAGS
- GUEST BOOK & POLAROIDS
- AND MUCH MORE!

TIME TO PARTY

Los Al Rec Style



Let's get Started

Los Alamitos Recreation & Community Services Department  
FOR MORE INFORMATION, PLEASE CALL (562) 430-1073  
OR EMAIL [MSHIMADA@CITYOFLOSALAMITOS.ORG](mailto:MSHIMADA@CITYOFLOSALAMITOS.ORG)

## DANCE



### EASY LINE DANCING

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

This is an easy line dance class for those who want to move to the music. We do easy line dances-some old, some new, some country music, some to 50's, or popular music. Lots of review, no pressure, and no partner required. Join us for fun line dancing.

**No Class: 7/2**

**Drop in: \$6 per class**

**Instructor:** Carri Fox

DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
Continuous	Wed	6/9-8/23	10-11a	18+	\$6 per class

## SPECIAL INTEREST



### PORTRAIT WORKSHOP

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Come draw or paint live models with our national award-winning artist instructor, Ying Liu. Beginning through advanced level students are welcome. Bring medium of choice including pencil, drawing board, charcoal, pastel, oil, watercolor, or acrylic. Simple easels and drawing horses are available for use. Demonstrations and one-on-one instruction are provided upon request. **Fee: \$15 per class + \$10 model fee payable to the instructor per class.**

**No Class: 7/5**

**Instructor:** Ying Liu

DURATION	DAY	DATE(S)	TIME	AGE	PER CLASS FEE
Continuous	Sat	6/7-7/19	9-12p	16+	\$15 +\$10 model fee



### PHOTOGRAPHY CLUB

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

The Los Alamitos Photography Club is a group of local photo enthusiasts who meet once a month. This club shows individuals' photographs from current personal projects, works in progress, or assignments. All skill levels are welcome to participate. Come take part in discussions on photographic techniques, lighting, printing, photoshop post production, and many other items of interest.

**Instructor:** Dave Duenas

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25458	1 day	Tue	6/17	7-9p	18+	FREE
SU25459	1 day	Tue	7/15	7-9p	18+	FREE
SU25460	1 day	Tue	8/19	7-9p	18+	FREE



### GUAVA GROOVE UKULELE - BEGINNING

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

If you want to learn to play ukulele, this is the class for you! We will learn to tune, read chord charts, strum, and play songs! Requirement: Ukulele and tuner.

**Material Fee: \$5**

**No Class: 7/4**

**Instructor:** Hōkū Bray

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25461	4 weeks	Fri	6/20-7/18	9-10a	18+	\$69/\$74
SU25462	4 weeks	Fri	7/25-8/15	9-10a	18+	\$69/\$74

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**PARTICIPANTS POLICY:** Participants will receive a refund or transfer to a different class if enrollment does not meet the minimum number of participants.

# TEEN AND ADULT SPECIAL INTEREST CONT.



## WATERCOLOR PAINTING

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

In this class, we will focus on getting comfortable with watercolor painting skills and techniques and enjoy the process of painting. The basics of materials, tools, techniques and color will be explored with demonstrations. Join us to learn tips and tricks in watercolors and creating your own masterpieces. Skill level- beginner to intermediate. Students provide their own supplies; a list of supplies will be sent.

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25463	3 weeks	Sat	6/14-6/28	10a-12p	18+	\$90/\$95
SU25464	3 weeks	Sat	7/12-7/26	10a-12p	18+	\$90/\$95
SU25465	4 weeks	Sat	8/2-8/23	10a-12p	18+	\$120/\$125
SU25466	4 weeks	Mon	8/4-8/25	10:15a-12p	18+	\$120/\$125



## HEALING HEARTS SOUND BATH

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

The Healing Hearts Sound Bath is a transformative and rejuvenating experience combining sound with guided meditation to promote emotional healing and relaxation. In this 60-minute session, participants will be immersed in a bath of soothing sounds, including crystal singing bowls, gongs, chimes, and other healing instruments, creating a space for inner peace, emotional release, and heart-centered healing.

[www.clinicalcounselingwithtselane.com](http://www.clinicalcounselingwithtselane.com)

**Instructor:** Dr. Tselane Gardner, DBC, M.A.

DURATION	DAY	DATE(S)	TIME	AGE	PER CLASS FEE
SU25467	Fri	6/13	6-7p	18+	\$30
SU25468	Fri	6/27	6-7p	18+	\$30
SU25469	Fri	7/11	6-7p	18+	\$30
SU25470	Fri	7/25	6-7p	18+	\$30
SU25471	Fri	8/8	6-7p	18+	\$30
SU25472	Fri	8/22	6-7p	18+	\$30



## LEARN TO SKATE

*The Rinks Lakewood ICE  
3975 Pixie Avenue, Lakewood*

This program is a fun introduction to ice skating. With a strong team of coaches, participants will learn the basics of getting up and moving on the ice. Whether you are interested in ice hockey, figure skating, or going around for fun, this class is a great start! Classes will be split into age groups 3-6 years old and 7-16 years old at the rink by coaches. Class fee includes 30-minute instruction each week, skate rental, and 4 public session passes with skate rental. Learn to Skate USA Membership required to join classes: \$18.50 annually\*\* Register at [www.learntoskateUSA.com](http://www.learntoskateUSA.com)

**Instructor:** The Rinks Lakewood ICE

### Tots:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25473	6 weeks	Wed	7/16-8/20	5:45-6:15p	3-6	\$141/\$146
SU25474	6 weeks	Thu	7/17-8/21	5:45-6:15p	3-6	\$141/\$146
SU25475	6 weeks	Sat	7/19-8/23	10:40-11:10a	3-6	\$141/\$146

### Youth:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25476	6 weeks	Wed	7/16-8/20	6:20-6:50p	7-16	\$141/\$146
SU25477	6 weeks	Thu	7/17-8/21	6:20-6:50p	7-16	\$141/\$146
SU25478	6 weeks	Sat	7/19-8/23	11:15-11:45a	7-16	\$141/\$146



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Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.



# TEEN AND ADULT FITNESS AND SPORTS



## PARENT & ME FITNESS FRIDAYS

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Finding time for fitness as a parent can be tough, but your health matters! Join our Parent & Me Fitness Class – a 60-minute workout designed for parents of young children. Bring your little ones along in a stroller or car seat and enjoy a supportive environment focused on wellness, community, and family-friendly fitness. While parents are responsible for their own child during class, we'll provide a few engaging distractions to keep the little ones entertained. Let's get fit together and build strength with support from fellow parents! Limited to 2 children per adult. Children must be between ages 0-3. No children? No problem! The work will include cardio, strength training, and stretching.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	PER CLASS FEE
SP25487	4 weeks	Fri	6/6-6/27	11:30a-12:30p	Adults	\$120/\$125

# TABLE TENNIS CLUB



## Oak Middle School Gym

*10821 Oak Street, Los Alamitos*

Join the Long Beach Table Tennis Club! Drop-in play occurs year-round on Mondays, Wednesdays, and Saturdays at the Oak Middle School Gym (10821 Oak St.). League play is seasonal and occurs on Wednesdays. Whether it is your first time playing or you are a seasoned pro, this program is an excellent opportunity to increase your skillset through friendly and fun competition.

## DROP-IN PLAY - YEAR ROUND

**Dates:** Mondays, Wednesdays, Saturdays

**Times:** Mon. 7:30 - 10:00 p.m. / Wed. 7:30 - 10:30 p.m.

Sat. 9:00 - 11:00 a.m.

**Drop In-Cost:** \$5/person

**Monthly Membership:** \$40/month

**Payment:** Pre-registration and in-person cash options available.

## LEAGUE PLAY - SEASONAL

**Dates:** Wednesdays

**Time:** 7:30 - 10:30 p.m.

**League Fee:** \$20 (one-time fee per season)

**\*A drop-in fee of \$5/person or \$40 monthly membership is still required\***

**Payment:** Pre-registration only. Pre-registration and in-person cash options available.

**For more information regarding the Long Beach Table Tennis Club, please contact the Los Alamitos Community Center at (562) 430 – 1073**

## PICK-UP BASKETBALL

SIMPLY SHOW UP, PAY AT THE DOOR, AND ROTATE INTO FRIENDLY AND FUN COMPETITIVE BASKETBALL GAMES THROUGHOUT THE SESSION. ALL SKILL-LEVELS ARE WELCOME! MUST BE 18+.

**LOCATION:**  
OAK MIDDLE SCHOOL GYM (10821 OAK ST.)

**DROP-IN COST:**  
\$5 (CASH)

**DATES:**  
EVERY TUESDAY

**TIMES:**  
8:30 - 10:00PM

**Los Alamitos**  
Recreation & Community Services  
*Celebrating Quality of Life*

# TEEN AND ADULT



## PILATES ON THE REFORMER

*Garage Pilates*

10900 Los Alamitos Blvd., Unit 116

Los Alamitos, 90720

This Reformer Pilates Class utilizes a unique piece of Pilates equipment called a Reformer. This is ideal for those who are new to Pilates, have limitations they are working through or are just getting back into the studio after a long hiatus. Our experienced instructors will provide specific guidance on the Balanced Body equipment and give detailed information on the fundamentals of Pilates. Expect a full body workout, deep stretching and a lot of fun! Socks required.

**No class: 7/4**

**Instructor:** Garage Pilates

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25488	11 weeks	Mon	6/19-8/18	6:30-7:30p	18+	\$359/\$364
SU25489	10 weeks	Thu	6/12-8/21	6:30-7:30p	18+	\$320/\$325

## HULA DANCE FITNESS - NEW!

*Los Alamitos Community Center*

10911 Oak Street, Los Alamitos

Welcome to the world of Hula Dance Fitness. Traditional hula inspired choreography with a touch of Tahitian dance moves to get the heart pumping while dancing to the beat of the tropics. Incorporating toning with resistance bands, and ends with a restorative stretch.

**No class: 7/3**

**Instructor:** Rose Tandiana

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25490	5 weeks	Thu	6/12-7/17	7:15-8:15p	18+	\$69/\$74
SU25491	5 weeks	Thu	7/24-8/21	7:15-8:15p	18+	\$69/\$74

## AIKIDO MARTIAL ARTS

*Seal Beach Community Center*

3333 Saint Cloud Drive, Seal Beach, CA 90720

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control, blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased on own. Belt testing is optional. All students that attend must have the ability to roll and fall at a moderate pace and will be allowed to participate only per the instructor's discretion. Some Saturdays to be announced from 9:00am-10:30am.

**Instructor:** Steven Waserman

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25492	12 weeks	M/W	6/9-8/23	7:30-9:30p	18+	\$184/\$189

## YOGA WITH BARBARA

*Los Alamitos Community Center*

10911 Oak Street, Los Alamitos

Learn how to release trauma or stress through the use of yoga. The use of breath work, yoga positions, tapping EFT, and meditation will be taught. Self-awareness and body-mind connection are encouraged. Class begins and ends with a short mindfulness guided meditation. All levels welcome.

**Drop in \$15 per class**

**No class: 7/12**

**Instructor:** Barbara Bannerman

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25493	10 weeks	Tue	6/10-8/12	6:30-7:30p	12+	\$109/\$114
SU25494	10 weeks	Sat	6/14-8/16	8:30-9:30a	12+	\$109/\$114

## SHOTOKAN KARATE/ SELF-DEFENSE - ADULT/TEENS CLASS

*Los Alamitos Community Center*

10911 Oak Street, Los Alamitos

Japanese Shotokan Karate for Teens/Adults. Traditional Karate and self-defense will be taught. Training will focus on kihon (basics), kata (form), kumite (one-step sparring), and goshin jutsu (self-defense). You will also gain discipline, confidence, body awareness, and fitness. The history of Martial Arts and traditions will also be taught. Daniel Gacad is a Black Belt rank to 7th dan (nana-dan) in Japanese Shotokan Karate.

**Instructor:** Daniel Gacad

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25495	8 weeks	Tue	6/10-7/29	5:30-6:30p	13+	\$75/\$80

## COMBINED BEG./INT. T'AI CHI CHIH

*Los Alamitos Community Center*

10911 Oak Street, Los Alamitos

This moving meditation aids mindfulness, fitness, and balance. At 9:25 a.m. beginners will learn the basics of how to move in T'ai Chi Chih. Intermediate students will join at 10:00 a.m. and will do a full practice with the beginners following along.

**Instructor:** Suzanne Roady-Ross

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25496 (Beg/Int)	5 weeks	Tue	6/17-7/15	9:25-10:50a	16+	\$69/\$74
SU25497 (Beg/Int)	5 weeks	Tue	7/29-8/26	9:25-10:50a	16+	\$69/\$74

## QIGONG

*Los Alamitos Community Center*

10911 Oak Street, Los Alamitos

Seeking less stress and more energy? Join us in QiGong, an ancient practice adapted to our times. QiGong is based on gentle movements of breathing, warm-ups, stretches, flows, and meditation designed to increase overall well-being and circulate Qi (your vital force energy) to promote better health. We will be exploring the Five Elements and Three Treasures flows in this class. All movements are standing and easily modified to your own needs. A short standing or seated meditation will complete each session. Wear comfortable clothing and a soft shoe or go barefoot and bring a mat for comfort.

**Instructor:** Annette McNeil

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25498	4 weeks	Wed	7/9-7/30	11:30a-12:30p	18+	\$55/\$60

# TEEN AND ADULT

## TENNIS

### COURT INFORMATION

The tennis courts at Laurel Park are FREE for community play! Reservations for the tennis courts can be made by contacting the Recreation and Community Services Department a minimum of two weeks in advance at (562) 430-1073. All participants (residents and non-residents) may reserve the tennis court with lights for a fee until 10:00 p.m. Please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) for more information.

### REGISTRATION FOR TENNIS CLASSES

Participants may register for tennis classes online or by completing a registration form and submitting it to the Recreation and Community Services Department. Participants must provide their own tennis racket. **Early registration is encouraged so that class minimums can be reached in advance.**

### TENNIS CAMPS

#### Laurel Park

10862 Bloomfield Street, Los Alamitos

Camps are designed to focus on learning the game, strengthening stroke production, footwork, and match play strategy. The well rounded curriculum features high intensity drills, live-ball play, and competitive play to improve player performance.

**Instructor:** Kevin and Vicky Garrett Tennis, Inc.

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25509 (Int)	1 week	Mon-Fri	6/9-6/13	9a-12p	11-16	\$189/\$194
SU25510 (Beg)	1 week	Mon-Fri	6/16-6/20	9a-12p	7-13	\$189/\$194
SU25511 (Beg)	1 week	Mon-Fri	6/23-6/28	9a-12p	7-13	\$189/\$194

### SESSION 1

CLASS	DAY	TIME	AGE	DATES	CODE	R/NR
Youth-Beg	T	4-5pm	8-14	8/5-9/9	SU25499	\$95 / \$99
Youth-Int	T	5-6pm	11-16	8/5-9/9	SU25500	\$95 / \$99
Youth-Beg	W	3:30-4:30pm	8-14	8/6-9/10	SU25501	\$95 / \$99
Adult-Beg	W	6:30-7:30pm	16+	8/6-9/10	SU25502	\$95 / \$99
Pee Wee	Th	3:45-4:30pm	5-7	8/7-9/11	SU25503	\$79 / \$84
Youth-Beg	Th	4:30-5:30pm	8-14	8/7-9/11	SU25504	\$95 / \$99
Youth-Int	Th	5:30-6:30pm	11-16	8/7-9/11	SU25505	\$95 / \$99
Pee Wee	S	8:45-9:30am	5-7	8/9-9/13	SU25506	\$79 / \$84
Youth-Beg	S	9:30-10:30am	8-14	8/9-9/13	SU25507	\$95 / \$99
Youth-Int	S	10:30-11:30am	11-16	8/9-9/13	SU25508	\$95 / \$99

### PICKLEBALL COURT RESERVATIONS - LAUREL PARK

Laurel Park has three tennis courts and two pickleball courts. When not used for City programming, Pickleball courts #1 and #2 and Tennis Courts #2 and #3 are available for reservation Sunday through Saturday from 8:00 a.m. to 12:00 p.m. and 5:00 p.m. to 10:00 p.m. Players with facility permits have priority use. Open play only is available from 12:00 p.m. to 5:00 p.m.

- Pickleball Courts: \$10/hr. per court. • Tennis Courts: Free
- Reservations are taken on a first-come, first-served basis via online reservation only.
- Reservations cannot exceed 30 days from the date of submission.
- Reservations can be up to two hours maximum.
- Court lights are required for reservations from 15 minutes before sunset until closing. Light requests must be submitted 3 days in advance; the option to select lights is available when requesting your reservation. Pickleball Courts: Light usage is covered in the reservation fee. Tennis Courts: The light usage fee is \$8.00 per hour per court. Applicants can reserve lights in 15-minute increments.

Please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) for more information.

# ADULT SOCCER LEAGUE

## REGISTRATION:

Early Registration: **7/1 – 7/31**

Regular Registration: **8/1 – 8/28**

Visit [teamsideline.com/losalamitos](http://teamsideline.com/losalamitos) for updated soccer league information



**CHECK OUT!**

The City of Los Alamitos  
Adult Soccer Leagues  
for Men & Women

## FALL 2025

EARLY REGISTRATION/ REG. REGISTRATION CODES	PROGRAM	AGE	DAY(S)	START DATE	LOCATION	EARLY REGISTRATION/ REG. REGISTRATION FEE	OFFICIAL FEE (PER GAME / PER TEAM)
SU25512 / SU25513	7v7 Soccer Co-ed	18+	Sun	8/31/2025	Oak	\$610/ \$660 per team	\$20
SU25514 / SU25515	7v7 Soccer Men's Over 35	35+	Wed	9/3/2025	Oak	\$610/ \$660 per team	\$20
SU25516 / SU25517	7v7 Soccer Women's Over 30	30+	Thur	9/4/2025	Oak	\$610/ \$660 per team	\$20

Oak Middle School: 10821 Oak St, Los Alamitos, CA 90720



## \*BALANCE AND FITNESS

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

This low-impact exercise class incorporates seated stretch, standing or seated strength training, along with balance and coordination movements all while grooving to fun, inspiring music! **Please bring a caregiver if you need assistance.**

**Registration required for both participant and caregiver.**

**No Class: 7/22**

**Instructor:** Molly Knox

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25518	11 weeks	Tue	6/10-8/26	10-11a	50+	Free

*\*If student misses 3 classes in a row, they will be removed from the class to allow for those on the waitlist.*



## STRETCH AND STRENGTH

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Come join us as we move and build strength and endurance to some fun and groovy music. We will start off with a good morning stretch and get the blood flowing with light low impact movements. The main focus of this class will be strengthening the upper and lower body. The health benefits of movement and light weight training is essential and vital during older adulthood. Grab your friends and let's get moving! Spaces are limited.

**Materials:** Bring water and wear comfortable clothing.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
SU25519	8 weeks	Mon	6/9-7/28	11:30a-12:15p	50+	Free



CITY OF  
**Los Alamitos**  
California

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**Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.**

**Serve**  
**LOS AL**

*Philanthropy deeply rooted  
in the community*

Helping seniors  
in need in our  
community

*Give back  
All year long*

**Ages 50+**

**Los Alamitos Seniors!**

## NEED REPAIRS OR HELP WITH YARDWORK?

Are you a Los Alamitos senior resident over the age of 50+ that would like assistance with minor repairs and landscaping for your home by other resident volunteers?

Visit [www.servelosal.org](http://www.servelosal.org) to complete an application.

Looking to serve your community? Visit [www.servelosal.org](http://www.servelosal.org)

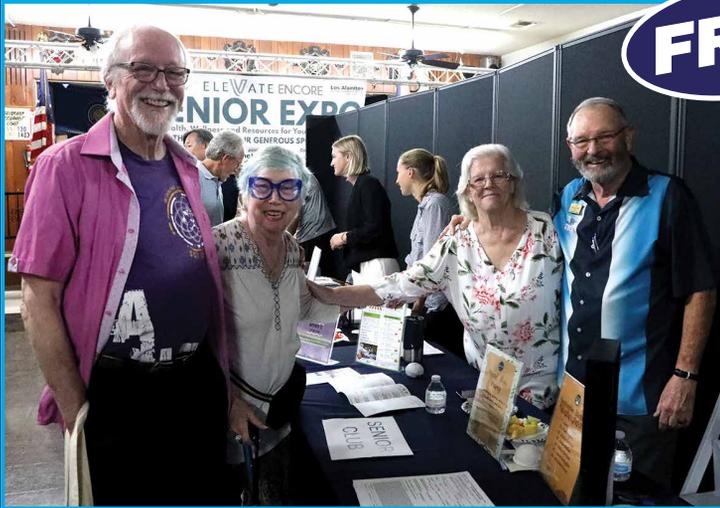




## ELEVATE ENCORE

50+

# SENIOR EXPO



FREE



### Health, Wellness and Resources for Your Second Act

## AUGUST 27, 2025 • 10:00 A.M. - 12:00 P.M.

## Los Alamitos

Recreation & Community Services  
*Creating Quality of Life*

Los Alamitos Community Center  
(10911 Oak St., Los Alamitos)

562-430-1073

[cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)



The Los Alamitos Senior Club provides opportunities to meet new friends, develop new interests, and socialize with one's peers. Club activities include: crafts, bingo, cards, table games, luncheons, holiday parties, birthday celebrations, guest speakers, entertainment, charity projects, and volunteer opportunities. Guests are welcome to attend.

**AGE:** 50+

**ANNUAL MEMBERSHIP:**

\$20 for the calendar year.

February - January

**LOCATION:** Community Center  
10911 Oak St. Los Alamitos

**CLUB ACTIVITIES:**

Thursdays 9:00 a.m. - 2:30 p.m.

(Bingo Buy-in is from 9:00 a.m. to 10:30 a.m.)

Bingo starts immediately following announcements.



**SOCIAL HOUR**

Join the Los Alamitos Senior Club every 1st and 3rd Wednesday at 1:00 p.m. to play games, enjoy luncheons, and socialize! \$5 entry fee, please bring snacks to share.

## FOOD PROGRAMS



### SENIOR GROCERY PROGRAM

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

In a joint effort with Second Harvest Food Bank Orange County, the City of Los Alamitos Recreation Department is tackling food scarcity within the older adult community by providing free food for those 50 and over. Stop by the Los Alamitos Community Center every Tuesday and fill your bag with fresh produce and dry goods. Check in begins at 12:45 p.m. Participants will be allowed to choose the items they would like to take home. Please bring your own grocery bags as supplies are limited. For up to date information on closure dates, please visit the Senior Page at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation).

**Every Tuesday at 2:00 p.m.**  
**(closure dates listed online)**



### DINE IN & DOUGH HOUSE

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

Join us for a cup of coffee at Dine In & Dough House. This is a two-part senior program providing a social space for individuals 50+ consisting of a bread program in the mornings and lunch program following immediately after. A variety of bread and pastries are available from 8 a.m. to 10 a.m. at a suggested donation. Lunch is catered from local restaurants for a modest, fixed price of \$7 and is served at 11:15 a.m. Participant registration and payment is requested 24 hours in advanced by visiting the Los Alamitos Community Center or calling in at (562) 430-1073. Menus can be viewed online on the City of Los Alamitos' Senior Page at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation).

**Every Tuesday & Thursday 8 a.m. to 12 p.m.**  
**(closure dates listed online)**

## ADDITIONAL SENIOR SERVICES

### AARP Smart Driver (online) Course:

This convenient, cost-effective course teaches evidence-based strategies to keep you safe behind the wheel and could save you money on your auto insurance. Consult your insurance agent for details on savings. Visit [aarpsdriversafety.org](http://aarpsdriversafety.org) for more details.

**Abrazar:** A non-profit agency that offers a no-cost Senior Non-Emergency Medical Transportation program. Rides provided to:

- Dialysis
- Rx pick-ups
- Health Education
- Dentistry
- Lab Tests
- X-rays and more!

Must be 60 years of age or older. If interested in utilizing this service, you must complete an application and return it via mail or email. Applications available through Abrazar or can be picked up at the Los Alamitos Community Center located at 10911 Oak Street. For additional information, or to register, please contact Abrazar at (714) 891-9500.

**Access:** Transportation provided within O.C. for doctor visits, shopping, or whatever your needs may be. (\$3.60 each way). Call (877) 628-2232 to be certified to ride.

### Affordable Housing Resources:

The Orange County Housing Authority maintains a list of affordable rental housing and offers assistance and information on housing resources. Visit [ochousing.org](http://ochousing.org) for more information.

**Council on Aging of OC Programs and Services:** Call (714) 479-0107 or visit [www.coaoc.org](http://www.coaoc.org) for information.

### Information and Assistance for Older Adults:

The County of Orange Office on Aging offers free information on services for older adults. Call 1 (800) 510-2020.

- Financial Abuse Prevention
- Advocates for Nursing
- In-Home Care Management
- Home Residents (Long-Term Care Ombudsman Services)
- Friendly Visitors Program



My City  
♥  
My Los Al

SHOP LOCAL

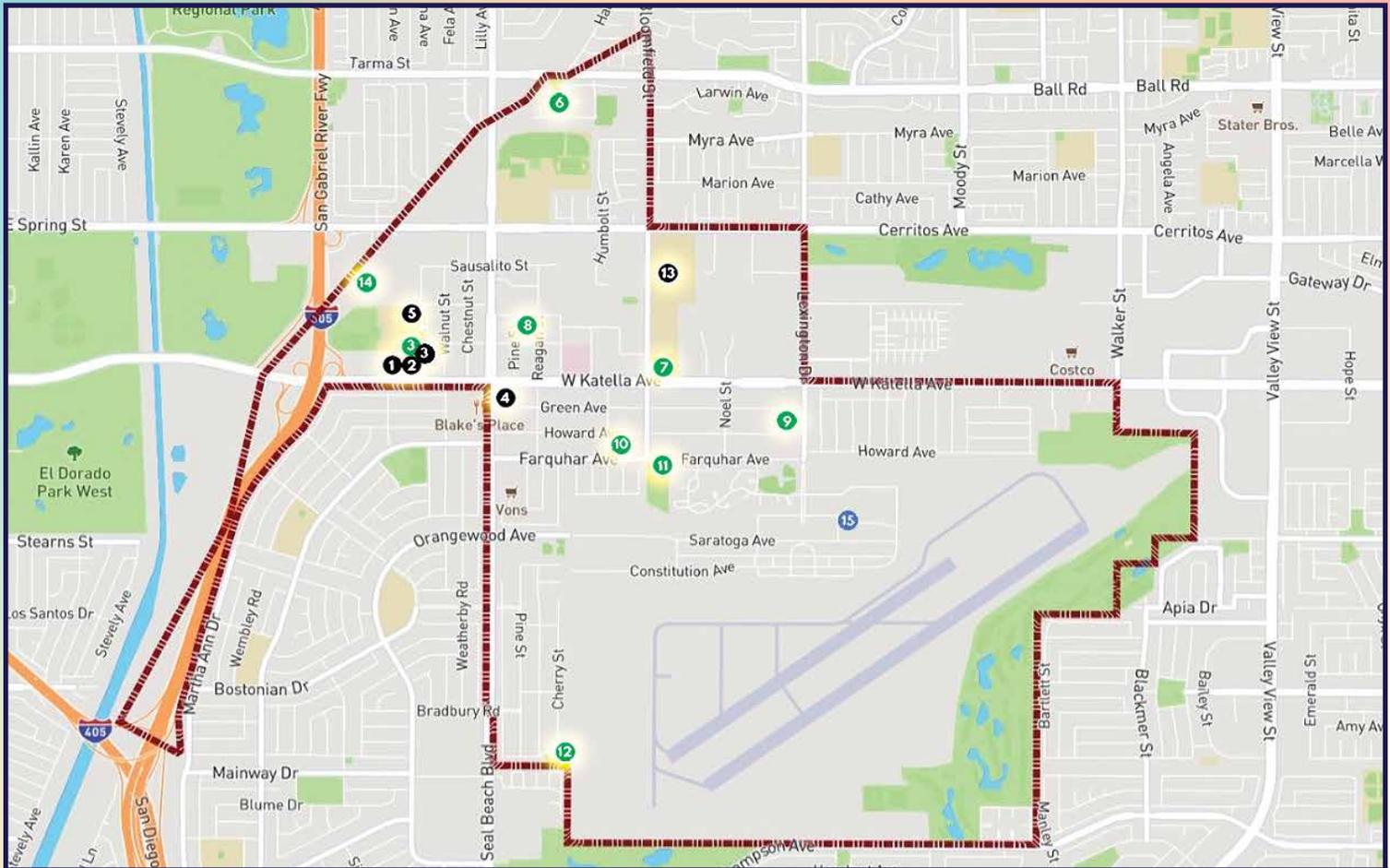
EAT LOCAL

PLAY LOCAL

STAY LOCAL

SUPPORT LOCAL

# DIRECTORY



## FACILITIES AND PARKS:

- |   |   |   |
|---|---|---|
| <p><b>1 City Hall</b><br/>3191 Katella Avenue</p> <p><b>2 Police Department</b><br/>3201 Katella Avenue</p> <p><b>3 Community Center</b><br/>10911 Oak Street<br/><b>Building 2</b><br/>10909 Oak Street</p> <p><b>3 Roberts Park</b><br/>10911 Oak Street</p> <p><b>4 Los Alamitos Museum</b><br/>11062 Los Alamitos Blvd.</p> | <p><b>5 Oak Gymnasium and Field</b><br/>10821 Oak Street</p> <p><b>6 Stansbury Park</b><br/>3711 Toland Avenue</p> <p><b>7 Laurel Park</b><br/>10862 Bloomfield Avenue</p> <p><b>8 Soroptimist Park</b><br/>10822 Pine Street</p> <p><b>9 Labourdette Park</b><br/>4401 Howard Avenue</p> <p><b>10 Sterns Park</b><br/>3871 Farquhar Avenue</p> | <p><b>11 Little Cottonwood Park</b><br/>4000 Farquhar Avenue</p> <p><b>12 Orville R. Lewis Jr. Park</b><br/>3662 Kempton Drive</p> <p><b>13 McAuliffe Field</b><br/>4112 Cerritos Avenue</p> <p><b>14 Coyote Creek Park</b><br/>10821 Oak Street</p> <p><b>15 MWR Aquatic Training Center at JFTB</b><br/>11360 Valley Forge Ave. #44,<br/>Los Alamitos</p> |
|---|---|---|



## Thank you to our Brochure Distribution Partners



# REGISTRATION



# SUMMER 2025

**GENERAL INFORMATION**  
Registration procedures for classes and programs are aimed at giving priority to Los Alamitos residents without excluding individuals from other communities. Participants can register online, by mail, in person, or by fax. Early registration is encouraged so that class minimums can be reached in advance of the first class. Los Alamitos residents will receive a \$5 discount per participant, per class.

one-day classes or workshops must be requested no less than five days prior to the class start date. Refunds for all other classes will only be granted if requested prior to the second regularly scheduled class or specialty camp meeting. A \$10 refund fee will be assessed per participant, per class. No refunds will be issued for seasonal Day Camps, Lap Swim or the Lil' Oak Preschool Program.

**GENERAL POLICIES**  
The City of Los Alamitos does not discriminate on the basis of handicapped status in admission or access to, or treatment in, its programs and activities. Alternative methods of communication will be made available for those wishing to participate in City programs or activities. Information concerning the provisions of the Americans with Disabilities Act is available by calling (562) 431-3538. Individuals registering for a class must meet the age requirement prior to the first class meeting. Children may not remain in adult classes and adults may not remain in children's classes during instruction unless otherwise stated.

**LATE REGISTRATION**  
Registration will be accepted at the first and second class if space is available. Fees will not be prorated. Call first to verify an opening at (562) 430-1073.

**CLASS TRANSFERS**  
Transfers will be honored if requested prior to the second class meeting. A \$10 transfer fee will be applied to any class, specialty camp, or program unless the class is cancelled due to low enrollment. Transfers cannot be made from season to season.

**LATE PICKUP FEE**  
If, after the conclusion of any class or program, a minor participant has not been picked up, staff will allow for a 5-minute grace period, after which a \$1 per minute fee will be assessed and charged to the parent/guardian.

**REFUND POLICY**  
If minimum enrollment is not met 72 hours prior to the class start date, classes will be cancelled and a full refund will be issued. Refunds for

**COMMENTS OR SUGGESTIONS**  
The programs and classes listed in this brochure are provided through the Recreation and Community Services Department and are made possible through public interest and input. If you have comments or class suggestions, please call (562) 430-1073.

**MAIL-IN REGISTRATION**  
Mail-in registration begins Monday, April 21, 2025. Mail registration form and method of payment to the Los Alamitos Community Center (10911 Oak St). For checks, please make payable to the City of Los Alamitos and include your driver's license number at the top of the check. All major credit cards except American Express are accepted.

**MAIL TO:**  
Los Alamitos Recreation and Community Services Department  
Attention: Registration  
10911 Oak St., Los Alamitos, CA 90720

Registration postmarked prior to Monday, April 21, 2025 will not be accepted. Registration will be processed beginning Monday, February 5, 2025.

**ONLINE REGISTRATION**  
Registration is available online at: <https://losalrecreation.myrec.com>. A credit card payment is required and

we accept the following credit cards: Visa, Mastercard, or Discover. Online registration begins Friday, April 18, 2025 for residents and Sunday, April 20, 2025 for non-residents.

**WALK-IN REGISTRATION**  
Walk-in registration begins Monday, April 21, 2025. The Los Alamitos Community Center office hours are Monday-Thursday from 7:30am-5:30pm. For your convenience, a brass wall-mounted drop box is located at the entrance to the Community Center on the left side of the building. You may drop your registration form with payment in this box.

**FAX-IN REGISTRATION**  
Fax-in registration begins Monday, April 21, 2025. Complete the registration form and please print clearly. Pay with credit card only for fax-in registration. Fax only once to avoid duplicate registration. Fax form to (562) 594-9657. We accept the following credit cards: Visa, Mastercard or Discover.



**SCHOLARSHIPS AVAILABLE FOR LOS ALAMITOS RESIDENTS**  
See website at [www.cityoflosalamitos.org](http://www.cityoflosalamitos.org) for eligibility and more information.



10911 Oak Street  
Los Alamitos, Ca 90720-2315

## Class/Activity Registration Form

(562) 430-1073  
FAX: (562) 594-9657

PLEASE PRINT AND FILL OUT FORM

<b>LAST NAME (Adult):</b>	<b>FIRST NAME (Adult):</b>	<b>DOB (Adult) (REQUIRED):</b>		
<b>ADDRESS:</b>	<b>HOME PHONE:</b>			
<b>CITY/STATE/ZIP:</b>	<b>SECONDARY PHONE (REQUIRED):</b>	<b>CIRCLE ONE:</b>	<b>CELL</b>	<b>WORK</b>
<b>E-MAIL ADDRESS:</b>	<b>HAS YOUR INFORMATION CHANGED?</b> <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> LOS ALAMITOS RESIDENT <input type="checkbox"/> NON-RESIDENT			

**Release, Waiver and Assumption of Risk**

I fully understand that my/my child's participation in the events/programs/classes listed below, exposes me/my child to the risk of personal injury, death or property damage. I hereby acknowledge that I/my child am/is voluntarily participating in this event/program/class and agree to assume any such risks. I hereby release, discharge and agree not to sue the City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors for any injury, death or damage to or loss of personal property arising out of, or in connection with my/my child's participation in the event/program/class from whatever cause, including the active or passive negligence of City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, or any other participants in the event/program/class. The parties to this agreement understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. In consideration for being permitted to participate in the event/program/class, I hereby agree, for myself, my heirs, administrators, executors, assigns, and agents that I shall indemnify and hold harmless City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, from any and all claims, demands, actions or suits arising out of or in connection with my participation in the event/program/class. I also grant my irrevocable right and permission with respect to photographs, videos, motion pictures, and/or sound recordings being taken of myself/my child. I further certify that said person/minor is in good health and has no physical or other impediment which would endanger him/her from participating in such an activity. I hereby consent to any x-ray, examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to myself/my child by a physician or hospital selected by staff for any injury or incident arising out of or connect with this event/program/class. The City of Los Alamitos has put into place preventative measures and protocols to protect program participants from the spread of COVID-19; however, the City of Los Alamitos cannot guarantee that you or your child will not become infected with COVID-19. Further, attending the recreation program could increase your risk and your child's risk of contracting COVID-19 or any other contagious disease. By signing this Liability Release and Assumption of Risk, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child and I may be exposed to or infected by COVID-19 by attending the recreation program and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the recreation program may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the City of Los Alamitos, its officers, agents, and employees, and other program participants and their families. I voluntarily agree to assume all the foregoing risks and accept sole responsibility for any harm, injury, or damage that may befall my child or myself relating to me or my child's attendance to the recreation program. On my behalf, and on behalf of my child, I hereby release, covenant not to sue, discharge, and hold harmless the City of Los Alamitos, its officers, agents, and employees (collectively "Released Parties") from any and all claims, including all liabilities, actions, damages, costs or expenses of any kind arising out of or relating to my child's attendance to the recreation program ("Claims"). I understand and agree that this Liability Release and Assumption of Risk includes any Claims based on the actions, omissions, or negligence, whether passive or active, of the Released Parties and irrespective of whether a COVID-19 infection occurs before, during, or after me or my child's attendance at the recreation program. I HAVE CAREFULLY READ THIS WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

<b>PARTICIPANT'S SIGNATURE OR PARENT/LEGAL GUARDIAN SIGNATURE IF PARTICIPANT IS A MINOR:</b> <b>X</b> _____ <b>Date:</b> _____	<b>EMERGENCY CONTACT NAME:</b> _____
	<b>EMERGENCY CONTACT PHONE:</b> _____

PROGRAM CODE	NAME OF CLASS	CLASS DAY/TIME	PARTICIPANT'S FULL NAME	SEX	BIRTHDATE	FEE

Donation to City's Scholarship Fund \$

TOTAL FEE:

**METHOD OF PAYMENT:** CASH  CHECK  VISA  MASTERCARD  DISCOVER  Check Amount: \_\_\_\_\_ Check # \_\_\_\_\_

**OFFICE USE ONLY - COMPLETED BY:**  
(Please complete this section if method of payment is cash)

<b>Name of Staff:</b> _____	<b>Cash Denomination:</b> _____	<b>RECEIPT #</b>	<b>STAFF INITIALS:</b>	<b>DATE:</b>
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<b>Cardholder Name (Please Print):</b> _____	<b>Cardholder Signature:</b> _____
<b>CREDIT CARD #:</b> _____	<b>EXPIRATION DATE:</b> _____
	<b>CVV2 CODE:</b> _____

CITY OF LOS ALAMITOS  
RECREATION AND COMMUNITY  
SERVICES DEPARTMENT

RESIDENTS AND BUSINESSES  
LOS ALAMITOS, CA 90720

BULK RATE  
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LOS ALAMITOS, CA 90720  
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CAR-ROUTE

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*

# July is Park And Recreation Month!

**FREE  
ACTIVITIES**

# All Month Long!

<p><b>ALL MONTH LONG</b></p> <ul style="list-style-type: none"> <li>• Dog Park Little Cottonwood Park <b>July 1 - August 31</b></li> <li>• Flower &amp; Herb Seed Giveaway</li> <li>• Free Pick up Basketball</li> </ul>	<p><b>PAWS IN THE PARK</b></p> <p>Little Cottonwood <b>June 28</b></p> <p>Time: <b>12:00 – 3:00 p.m.</b></p>	<p><b>FAMILY MOVIE NIGHT (LAYB)</b></p> <p>Playing "The Sandlot" <b>July 12</b></p> <p>Time: <b>8:00 – 10:00 p.m.</b></p>	<p><b>SUNSET YOGA</b></p> <p>Little Cottonwood <b>July 8, 15, 22</b></p> <p>Time: <b>7:15 - 8:00 p.m.</b></p>
<p><b>PICKLEBALL TOURNAMENT</b></p> <p>Laurel Park <b>July 19</b></p> <p>Time: <b>9:00 a.m. - 3:00 p.m.</b></p>	<p><b>FAMILY POOL PARTY</b></p> <p>MWR Aquatic Training Camp <b>Postponed</b></p> <p>Time: <b>10:00 a.m. - 2:00 p.m.</b></p>	<p><b>PARK POP UP</b></p> <p>Sterns Park <b>July 30</b></p> <p>Time: <b>10:00 a.m. - 12:00 p.m.</b></p>	

Some activities will require pre-registration • Activities subject to change

**For more info visit:**

**[www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation)**