

# Los Alamitos

Recreation & Community Services

*Creating Quality of Life*

## Recreation Brochure

& City News



Miller Children's  
& Women's Hospital  
MemorialCare™

Winter 2026

# WINTER Wonderland

Presented by **UWS**  
UNIVERSAL WASTE SYSTEMS INC.



**Saturday, December 6, 2025**  
**4pm to 7:30pm • Pine Street**

# COMING UP SOON

2025

PAGE 6



**WINTER Wonderland**

Presented by **UWS**

**WINTER WONDERLAND**

DECEMBER 6

BACK COVER



**LOS AL LINK**

**EV TRANSPORTATION**

EARLY 2026

PAGE 6



**TOY DRIVE**

**TOY DRIVE**

DEC. 1 - DEC. 4

PAGE 15



**Winter Camp**

**WINTER CAMP**

DEC. 22, 23, 26, 29, 30, 31 & JAN. 2

2026

PAGE 8

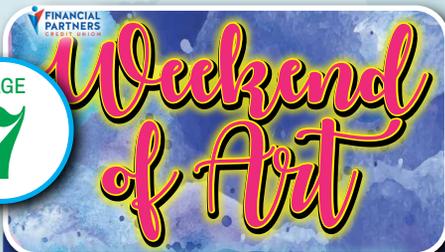


**AQUATICS**

**AQUATICS**

JANUARY 12

PAGE 7



**Weekend of Art**

**WEEKEND OF ART**

MARCH 27-28

PAGE 7



**Spring Carnival**

**SPRING CARNIVAL**

APRIL 4

PAGE 7



**ELEVATE teen expo**

**ELEVATE TEEN EXPO**

APRIL 18

SPRING

CAMPS, PROGRAMS AND EVENTS!

LOOK FOR YOUR SPRING GUIDE ARRIVING IN FEBRUARY FOR MORE INFO ON HOW TO KEEP YOUR FAMILY BUSY THIS SPRING

CLASSES AND EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION



# Los Alamitos

## Recreation & Community Services

*Creating Quality of Life*

### CITY

**City Manager**  
Chet Simmons

**Assistant City Manager**  
Ron Noda

### PARKS, RECREATION AND CULTURAL ARTS COMMISSION

**Chairperson**  
William Bandak

**Commissioners**  
Morgan Beck - Vice Chair  
Janet Gallagher  
Ray Joseph  
Elliot Singer  
Richard Wright

### RECREATION AND COMMUNITY SERVICES STAFF

**Director of Recreation & Community Services / Intergovernmental Affairs**  
Emeline Noda

**Recreation Managers**  
Jason Bruton  
Jennifer Sisoev

**Management Analyst**  
Megan Shimada

**Recreation Supervisors**  
Steve Kim  
Kristina Villaluna

**Community Resources**  
Tara Farajian

**Department Secretaries**  
Jewelina Miranda  
Lauren Pavelec

**Recreation Coordinators**  
Alix Anderson  
Gilberto Arteaga-Ceja  
Carson Deterding  
Angel Hernandez  
Samantha Kenny  
Alejandro Gonzalez Lecumberri

Special Events . . . . .	Inside front cover
Upcoming Events . . . . .	6-7
Aquatics . . . . .	8-9
Adaptive Recreation . . . . .	10
Preschool . . . . .	10
Preschool and Youth . . . . .	11-13
Youth Programs . . . . .	14-18
Teen and Adult Programs . . . . .	19-26
Older Adults . . . . .	27-31
Facilities and Parks . . . . .	32
Registration Information . . . . .	Inside back cover

## KEEP UP WITH US IN 2026



(562) 430-1073



**CITYOFLOSALAMITOS.ORG/RECREATION**



**FOLLOW US @CITYOFLOSAL**



**REGISTRATION:**  
**LOSALRECREATION.MYREC.COM**



**ONLINE BROCHURE**

## ON THE FRONT COVER:

The Los Alamitos Recreation and Community Services Department invites the community to the MemorialCare Miller Children's and Women's Hospital Long Beach Winter Wonderland on Saturday, December 6, 2025 from 4:00 p.m. to 7:30 p.m. on Pine Street and St. Isidore Historical Plaza (10961 Reagan Street.) The event will feature live entertainment by local performing groups, Santa's Village, a tree lighting, vendors, inflatables, free snow sledding presented by Universal Waste Systems (UWS), and a free ice skating rink. For more information, please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation).

## ON THE BACK COVER:

In partnership with Circuit, getting around Los Al just got easier! The City of Los Alamitos will launch a new on-demand EV transportation service, Los Al Link, in early 2026 for residents to improve local mobility. More information coming soon!



# CITY NEWS

## LABOURDETTE PARK RENOVATED

Did you hear!?! Labourdette Park is now open for all to enjoy! Take a stroll through the grounds to see the exciting renovations, which include a state-of-the-art school age playground with sleek play amenities, rubberized surfacing for accessibility, exercise equipment for adults of all fitness levels, various picnic tables, and much more!



**HOLIDAY TREE COLLECTION**

*Recycle Your Tree*

**DECEMBER 26TH - JANUARY 16TH**

**Los Alamitos residents can recycle their holiday trees at no additional cost.**

Instructions on disposal:

- Remove lights, ornaments, tinsel and tree stands.
- Cut trees in half that are 6 feet and over.
- Place tree at the curb next to the bins on your regular collection day.
- Do not block streets, alleys, or sidewalk.

My City ♥ My Los Al

*Tis the season...*

**Need a reason? Get cozy, stay in for the holidays, and always **Support Local!****

**Shop** ONLINE

**DID YOU KNOW?**

Online purchases contribute to the City's sales tax returns, supporting local services and programs.

## Holiday Street Sweeping Schedule

**IMPACTED:**  
Street Sweeping will **NOT** occur on the *Thanksgiving Holiday*, with no make-up date for that week. Regular Sweeping will resume the following week.

**NOT IMPACTED:**  
Street Sweeping will occur as regularly scheduled for the *Christmas Day* and *New Year's Day* holidays.

## UWS Holiday Trash Collection Schedule

There is **NO** service on these holidays:

- Thanksgiving Day
- Christmas Day
- New Year's Day

There will be a **1-day delay** in the regular collection each week, with regular collection resuming the week of January 5. Service schedule hours range from 7:00 a.m. to 6:00 p.m.



## I-605/KATELLA AVENUE INTERCHANGE PROJECT UPDATE

Led by OCTA and Caltrans, construction is underway to improve the local interchange at I-605 Freeway and Katella Avenue. Lane reductions are in place on westbound Katella as crews prepare to reconstruct the sidewalk to accommodate the addition of a new bike lane. Contractors are expected to shift their attention to eastbound Katella as they perform similar activities. Drivers are encouraged to plan for potential delays through the interchange and stay informed on construction activities, pedestrian impacts, and closures and detours at [www.octa.net/605Katella](http://www.octa.net/605Katella) or sign up for weekly construction alerts.

### STAY CONNECTED

[octa.net/605Katella](http://octa.net/605Katella)

Text 605Katella to  
888-720-7016

888-200-3302

Message and data rates apply

[605KatellaInfo@octa.net](mailto:605KatellaInfo@octa.net)

@605Katella



My City ♥ My Los Al

## What Common Pollutants are Found in Runoff?

Common runoff pollutants include trash, pet waste, yard debris, fertilizer, pesticides, engine oil, paint, home solvents, and detergents. Continue reading to learn how these pollutants affect our water resources and what you can do to help.



## Who is H<sub>2</sub>OC?

H<sub>2</sub>OC is YOU! H<sub>2</sub>OC is also a cooperative stormwater program which includes all 34 cities in Orange County, the County of Orange, and Orange County Flood Control District. Clean and healthy beaches, creeks, rivers, bays, wetlands, and ocean are important to Orange County. H<sub>2</sub>OC provides resources to residents and businesses to prevent water pollution and encourage personal action by working with communities to prevent polluted runoff from entering our waterways. Join us at [H2OC.org](http://H2OC.org) to learn more about how you can protect local waterways and be the solution to runoff pollution!

## Visit

[H2OC.org](http://H2OC.org) to learn more about runoff, water pollution, and what you can do to protect our water resources!

## Contact

24-Hour Pollution Reporting Hotline:  
(877) 89-SPILL (77455)  
24-Hour Reporting Website:  
[myOCeServices.ocgov.com](http://myOCeServices.ocgov.com)

\*For more information on household hazardous waste centers go to [www.oilandfills.com/hazardous](http://www.oilandfills.com/hazardous) or call (714) 834-4000

\*\*UCCE Master Gardeners: [ucceocmg hotline@ucanr.edu](mailto:ucceocmg hotline@ucanr.edu)  
[mgorange.ucanr.edu/Gardening\\_Hotline/](http://mgorange.ucanr.edu/Gardening_Hotline/)

# YOU ARE THE SOLUTION TO RUNOFF POLLUTION





## LOS ALAMITOS COMMUNITY RESILIENCY SURVEY

Help us understand the readiness of our community and identify areas where we can concentrate on improving preparedness.

**EVERY HOUR - EVERY DAY**

**PARTICIPATE IN THE SURVEY TODAY!**



My City My Los Al

**APPLY NOW!**

[WWW.CITYOFLOSALAMITOS.ORG](http://WWW.CITYOFLOSALAMITOS.ORG)

### JOIN OUR TEAM

Are you passionate about serving the community and are committed to excellence? We encourage you to apply to the City of Los Alamitos. The City of Los Alamitos Administration Department is committed to upholding ethical leadership and providing responsive assistance and exceptional customer service in all personnel and employment matters. As part of our commitment to excellence, we are currently hiring for various positions. To apply or learn more about current job openings, please visit the City of Los Alamitos website at [www.cityoflosalamitos.org/employment](http://www.cityoflosalamitos.org/employment) or email [HumanResources@cityoflosalamitos.org](mailto:HumanResources@cityoflosalamitos.org).

**INTRODUCING YOUR COMMUNITY ENGAGEMENT PLATFORM**

**YOU ASKED WE LISTENED**  
We heard you say that you wanted to be informed about large projects happening in the City.

**MYLOSAL ENGAGE**  
With our new MyLoSalEngage Platform, you can track a project from beginning to end and provide feedback along the way.

**STAY INFORMED**  
In addition to the City's website and social media, MyLoSalEngage will be a centralized information hub dedicated to large projects happening in the City of Los Alamitos. Sign up to be notified today!

**VISIT US ONLINE TODAY**  
[www.MyLoSalEngage.com](http://www.MyLoSalEngage.com)

**2025 LEGISLATIVE PLATFORM**

### LEGISLATIVE PLATFORM

Did you know the City of Los Alamitos has a Legislative Platform? The City of Los Alamitos recognizes the importance of protecting the City's interests at the Local, State and Federal levels. In order to efficiently participate in the legislative process on behalf of the citizens of Los Alamitos, the City has revised and updated the Legislative Platform to reflect current policy issues and priorities. The general philosophy of the Legislative Platform is to demonstrate flexible authority; oppose unfunded mandates; promote economic development and assist businesses and enhance community partners and stakeholders; and to protect, stabilize and increase the City's revenue sources. The platform serves as the cornerstone for a focused advocacy strategy, acting as a reference guide for legislative and policy positions.

The platform outlines legislative priorities in the areas of Fiscal and Organizational Stability; Corridor Revitalization and Economic Development; Housing; Environmental Quality; Public Safety & Homeland Security; Revenue and Taxation; Transportation and Infrastructure; Partnership with the Los Alamitos Joint Forces Training Base; Workforce Development; Public Health; Land Use; Parks and Open Space, and Community Engagement and Strong Regional Partnerships. It identifies policy areas at the County, Regional, State and Federal levels. The Legislative Platform confirms the City Council's position on high-priority issues with the potential to directly or indirectly impact the City, thereby establishing guidelines to actively pursue pending legislation through monitoring and communications activities. Visit [www.cityoflosalamitos.org](http://www.cityoflosalamitos.org) to read the full document.

## TRY A NEW CLASS IN 2026!

New year, new you! Come out to the Los Alamitos Community Center to try one of hundreds of classes taught by our talented instructors. Interested in learning how to create your own jewelry? We have a class for that! (page 21). Always wanted to learn to play tennis? We have a class for that! (page 23). Is your little one ready to learn the fundamentals of sports? We have a class for that! (pages 12 & 13). No matter your interest, we have a little something to offer everyone. Join us this new year to sharpen your skills or learn a new hobby. Registration for winter classes opens November 17. Note: Senior classes have a one week priority registration period for Los Alamitos residents. Information can be found on page 33.



## LIL' OAK PRESCHOOL PROGRAM

The City of Los Alamitos Recreation and Community Services Department offers a wide variety of programs, classes, and camps for preschool children ages 3-5 years. This age group represents a strong community of Los Alamitos parents who continuously seek to expose their children to a range of experiences during this important introductory stage of their lives. The Lil' Oak Preschool Program strives to create a realistic classroom setting to best prepare students for transition to kindergarten. Academics are a core component, with emphasis on sight words, reading, math, science and art. Preschool staff lead children in fun and educational curriculum, games, activities, excursions and more. Offered for ages 3-5, the full schedule, including information on registering your child in 2026, can be found on page 11.



## ADULT SOCCER 5V5

The Los Alamitos Recreation and Community Services Department is excited to introduce a New 5v5 division to the Adult Soccer League! This new division calls for smaller teams and shorter games, making it easier for players to organize, join, and commit to. The 5v5 league aims to provide a fast-paced, small-sided version of soccer that emphasizes fitness, fun, and a social and inclusive environment. Games will be played on Sunday Evenings this Winter!



## CROSS COUNTRY PROGRAM

The City of Los Alamitos proudly launched a new Cross Country program this past Fall season, open to students in grades 3 through 8. Held every Thursday from September 11 – November 13, the program aimed to promote fitness, endurance, and a love for running in a supportive environment. Athletes in grades 3-5 trained for a one-mile course, focusing on basic running techniques and pacing. Those in grades 6-8 took on the challenge of the two-mile distance, building stamina and speed. The program provided a great balance of training and fun, helping students of all experience levels grow stronger and more confident. It also encouraged teamwork and goal setting. With great participation and progress, the City looks forward to continuing and expanding the program in the future.



## SENIOR SERVICES ARE EXPANDING!

Thanks to all who shared their feedback related to the needs of our Los Alamitos seniors. The results have spoken, and the City of Los Alamitos Recreation and Community Services Department has listened. Senior programming is expanding FREE senior classes, services, and resources. If you or a senior (50+) you know in Los Alamitos is struggling with accessing food, finances, and/or support, please call our Community Resources Supervisor, Tara Farajian at (562) 430-1073 x518.

Did you know about our current programs: Dine In & Dough House, Lunch every Tuesday and Thursday, Grocery Program, and Bingo? **Want to get involved? Join the Senior Club! Only \$20 for the year.**





## WINTER Wonderland

Presented by  
**UWS**  
UNIVERSAL WASTE SYSTEMS INC.

My City ♥ My Los Al







**Visit us online**

## SATURDAY, December 6, 2025

### 4pm to 7:30pm

**10901 Pine Street,  
Los Alamitos**

- Snow Play**
- Ice Skating Rink**
- Tree Lighting**
- Snow Sledding**
- Musical Entertainment**
- Santa's Village**

At **ST. ISIDORE**  
HISTORICAL PLAZA

# TOY DRIVE



Two ways to donate:

New & Unwrapped Toys!

Mon, Dec. 1 - Thu, Dec. 4

Donation Bins Located at:

Los Alamitos Community Center,  
City Hall and Police Department



## Coffee with a Cop

Wednesday, December 3

5:00 - 7:00pm

Starbucks (3575 Katella Avenue, Los Alamitos)





Los Alamitos nonprofit organizations will distribute toys to local children who are most in need.

My City ♥ My Los Al

## LOS ALAMITOS-ROSSMOOR LIBRARY

# UPCOMING EVENTS

### CHILDREN

Baby Toddler Storytime  
Tuesdays @ 10:30a

Kinder Readiness Storytime  
Wednesdays @ 10:30a

Read to a Dog  
2<sup>nd</sup> Wednesdays @3p

Campfire Storytime  
2<sup>nd</sup> Mondays @ 5:30p

Food Literacy for Littles  
4<sup>th</sup> Thursdays @11:00a

### TEEN

Teen Book Club  
3<sup>rd</sup> Tuesdays @ 4:30p

Teen Food Program  
4<sup>th</sup> Wednesdays @ 4:30p

### ADULT

Death & Donuts Book Club  
1<sup>st</sup> Mondays @ 10:30a

Cookbook Club  
2<sup>nd</sup> Tuesdays @ 4:00p

Genre Hopping Book Club  
3<sup>rd</sup> Wednesdays @ 5:30p



2700 MONTECITO RD  
SEAL BEACH, CA 90740  
562-430-1048



6 CITY OF LOS ALAMITOS
CLASSES AND EVENTS ARE SUBJECT TO CHANGE OR CANCELLATION.

**2 DAY VISUAL  
& PERFORMING  
ARTS EXHIBITION**



Presented by the  
Los Alamitos Parks,  
Recreation & Cultural Arts  
Commission

# Weekend of Art

**FRIDAY**

**March 27, 2026  
5:00 – 8:00 PM**

**SATURDAY**

**March 28, 2026  
12:00 – 7:00 PM**

**LOS ALAMITOS COMMUNITY CENTER (10911 OAK ST.)  
WWW.CITYOFLOSALAMITOS.ORG/RECREATION**



My City ♥ My Los Al



## Spring Carnival

**FREE  
ADMISSION**

**SATURDAY,  
APRIL 4**

**9:30 AM – 12:00 PM**

**LITTLE COTTONWOOD PARK  
(4000 FARQUHAR AVENUE)**

[www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation)

## SAVE THE DATE

**8am-3pm**

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos



**Saturday, April 18, 2026**

**A Personal Development  
Conference for Teens in  
Middle School and High School**



# Los Alamitos

Recreation & Community Services  
AQUATICS



## MWR Aquatic Training Center at JFTB

11360 Valley Forge Ave. #44, Los Alamitos

### LEARN TO SWIM LESSONS

This winter, two 4-week sessions will be offered. Youth Swim Classes are 25 minutes long and meet either twice weekly (Monday/Wednesday) or once weekly on Saturdays. Lessons are available for a variety of age and skill levels, please refer to the level descriptions to find the best fit for your child. If you're unsure, contact us at [aquatics@cityoflosalamitos.org](mailto:aquatics@cityoflosalamitos.org) or call the Community Center at **562-430-1073**. Registration can be completed online at [losalrecreation.myrec.com](http://losalrecreation.myrec.com). There will be no make-up classes unless canceled by Los Alamitos Recreation Staff due to unforeseen circumstances. For details on our refund policy, please see page 33.

**All adults entering the Joint Forces Training Base must present a valid U.S. Passport, or a REAL ID compliant driver's license or identification card; and high school students must show a current school I.D.**

#### PARENT & ME

AGE 6 MON – 3 YRS

##### Ratio 1:6

Introduce your child to fun and swimming readiness through water exploration. This class is designed to increase comfort in and around the water for both the child and parent. Some skills include blowing bubbles, kicking, floating on tummy and back, and holding onto the wall. Adults are required in water with children, and adults must know how to swim.

##### Squid (Level 2) Ratio 1:4

This class is designed for children who have aquatics experience, are comfortable in the water, and are ready to complete some skills unassisted. Some skills include introduction to deep water, submerging head for 5 seconds, unassisted tummy and back float, combined freestyle arms, and legs, assisted rolling over, and getting out at side of pool.

#### BIG FISH

SCHOOL AGE 6 YRS – 13 YRS

##### Manatees (Level 1) Ratio 1:4

This class is designed for students who have little or no aquatics experience. Some skills include fully submerging head, assisted front and back float, flutter kicking, water entry, arm action, and introduction to glides.

##### Barracuda (Level 4) Ratio 1:8

This class is designed for students who can do skills independently and are comfortable in deep water. After the first 4 classes, the instructor is no longer required to be in water with participants. Some skills include swimming underwater, 50 yards of kicking with a kickboard, 25 yards of freestyle, introduction to breaststroke arms, introduction to butterfly legs and arms, diving, treading water, and open turns.

#### LITTLE FISH

PRESCHOOL AGE 3 YRS – 6 YRS

##### Guppies (Tiny Tot 1) Ratio 1:3

This class is designed for children ready to be in the water without a parent. Some skills include being comfortable getting head wet, assisted tummy and back float, assisted kicking on tummy and back, assisted tummy gliding, and introducing alternating arm action.

##### Otter (Level 3) Ratio 1:5

This class is designed for students who are ready to be more independent in the water and are ready to try harder skills. Some skills include introduction to side breathing, unassisted kicking with face in the water, unassisted tummy and back float, streamline position on top of water, unassisted jumping into water and swimming to instructor, and introduction to combined arm and legs for backstroke.

##### Belugas (Level 2) Ratio 1:4

This class is designed for students who are comfortable in the water and have some aquatics experience. Skills include front glide, unassisted front, and back float, jumping into water and swimming to the instructor, assisted backstroke kick, introduction to side breathing, and coordination with arm and leg action for freestyle.

##### Orcas (Pre-Swim Team) Ratio 1:12

\*INSTRUCTOR NO LONGER REQUIRED IN WATER\*

This class is designed for students who no longer require an instructor to be in the water with them and serves as a pre-swim team class. Some skills include 100 yards of freestyle with alternating side breathing, 100 yards of backstroke, 25 yards of breaststroke and butterfly, diving, treading water, and introduction to flip turns.

##### Jelly Fish (Level 1) Ratio 1:4

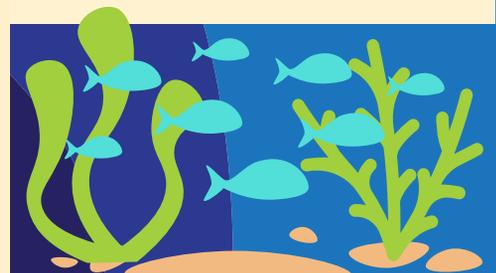
This class is designed for beginners who have some aquatics experience but still need assistance getting comfortable in the water. Some skills include moving through water comfortably, assisted tummy float, moving to unassisted back float, assisted kicking on tummy and back, and introducing alternating arm action.

##### Seals (Level 4) Ratio 1:6

This class is designed for students who are ready to be introduced to stroke techniques and build endurance. Some skills include tummy glide with underwater streamline, freestyle with side breathing, coordinated backstroke arm action, retrieve an object from the deep end, comfortable in deep water, introduction to breaststroke kick, and introduction to diving.

##### Manta Ray (Level 3) Ratio 1:5

This class is designed for students who are ready to be introduced to more swim strokes and do skills independently. Some skills include introduction to backstroke arms and legs, alternating side breathing, introduction to breaststroke legs, comfortable in deep water, and swimming 15 yards of freestyle.



**SESSION 1: MON / WED**

1/12 - 2/9

NO CLASS: 1/19

CLASS	AGE	CLASS TIMES	
Parent & Me	6 mo – 3 yr	10:00AM	5:30PM
Guppies	3 - 6 yrs	10:30AM	4/5 PM
Jelly Fish	3 - 6 yrs	3:30PM	4:30PM
Squid	3 - 6 yrs	3:30PM	5:00PM
Otter	3 - 6 yrs	4:00PM	5:00PM
Seals	3 - 6 yrs	4:30PM	5:30PM
Manatees	6 - 13 yrs	3:30PM	4:30PM
Belugas	6 - 13 yrs	4:30PM	5:30PM
Manta Ray	6 - 13 yrs	4:00PM	5:00PM
Barracuda	6 - 13 yrs	4:00PM	5:30PM
Orcas	6 - 15 yrs	3:30PM	5:00PM

**RESIDENT: \$134**  
**NON-RESIDENT: \$139**

**SESSION 1: SATURDAY**

1/17 - 2/7

CLASS	AGE	CLASS TIMES			
Parent & Me	6 mo – 3 yr	9:30AM	10:30AM	11:30AM	12:30PM
Guppies	3 - 6 yrs	10:00AM	11:00AM	12:00PM	1:30PM
Jelly Fish	3 - 6 yrs	9:30AM	10:30AM	11:30AM	1:00PM
Squid	3 - 6 yrs	10:00AM	11:00AM	12:00PM	1:00PM
Otter	3 - 6 yrs	10:30AM	11:30AM	12:30PM	1:30PM
Seals	3 - 6 yrs	9:30AM	10:30AM	12:00PM	1:00PM
Manatees	6 - 13 yrs	10:00AM	11:00AM	12:00PM	1:00PM
Belugas	6 - 13 yrs	9:30AM	11:30AM	12:30PM	1:30PM
Manta Ray	6 - 13 yrs	10:00AM	11:00AM	12:30PM	1:30PM
Barracuda	6 - 13 yrs	9:30AM	11:30AM	12:30PM	1:30PM
Orcas	6 - 15 yrs	10:00AM	11:00AM	12:00PM	1:00PM

**RESIDENT: \$65**  
**NON-RESIDENT: \$70**

**SESSION 2: MON / WED**

2/23 - 3/18

CLASS	AGE	CLASS TIMES	
Parent & Me	6 mo – 3 yr	10:00AM	5:30PM
Guppies	3 - 6 yrs	10:30AM	4/5 PM
Jelly Fish	3 - 6 yrs	3:30PM	4:30PM
Squid	3 - 6 yrs	3:30PM	5:00PM
Otter	3 - 6 yrs	4:00PM	5:00PM
Seals	3 - 6 yrs	4:30PM	5:30PM
Manatees	6 - 13 yrs	3:30PM	4:30PM
Belugas	6 - 13 yrs	4:30PM	5:30PM
Manta Ray	6 - 13 yrs	4:00PM	5:00PM
Barracuda	6 - 13 yrs	4:00PM	5:30PM
Orcas	6 - 15 yrs	3:30PM	5:00PM

**RESIDENT: \$134**  
**NON-RESIDENT: \$139**

**SESSION 2: SATURDAY**

3/7 - 3/28

CLASS	AGE	CLASS TIMES			
Parent & Me	6 mo – 3 yr	9:30AM	10:30AM	11:30AM	12:30PM
Guppies	3 - 6 yrs	10:00AM	11:00AM	12:00PM	1:30PM
Jelly Fish	3 - 6 yrs	9:30AM	10:30AM	11:30AM	1:00PM
Squid	3 - 6 yrs	10:00AM	11:00AM	12:00PM	1:00PM
Otter	3 - 6 yrs	10:30AM	11:30AM	12:30PM	1:30PM
Seals	3 - 6 yrs	9:30AM	10:30AM	12:00PM	1:00PM
Manatees	6 - 13 yrs	10:00AM	11:00AM	12:00PM	1:00PM
Belugas	6 - 13 yrs	9:30AM	11:30AM	12:30PM	1:30PM
Manta Ray	6 - 13 yrs	10:00AM	11:00AM	12:30PM	1:30PM
Barracuda	6 - 13 yrs	9:30AM	11:30AM	12:30PM	1:30PM
Orcas	6 - 15 yrs	10:00AM	11:00AM	12:00PM	1:00PM

**RESIDENT: \$65**  
**NON-RESIDENT: \$70**



**REGISTER HERE: [LOSALRECREATION.MYREC.COM](https://www.losalrecreation.com/myrec)**

**Scholarships available for eligible  
 Los Alamitos residents.**

# ADAPTIVE RECREATION



## Adaptive Recreation

Sponsored By:



The City of Los Alamitos invites participants requiring additional support or accommodations due to physical, mental, or developmental challenges and their families to participate in fun, social, and free activities. Monthly meetups are open to all ages and disabilities. Parent/guardian and/or aide is required to accompany participants at all times.

QUARTERLY CALENDAR



**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*



SOSOC.ORG/REGION4



**Special Olympics**  
Southern California



Become an athlete, coach, or volunteer — make a lasting impact. From field to podium, your support builds confidence, friendships, and joy.

# PRESCHOOL ARTS, CRAFTS AND MUSIC

## LEARN AND GROW PLAYGROUP

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Come join us as we meet new friends, share ideas to foster positive parenting, and all the while sharing some smiles. Children will engage in various activities including movement, literature, music, and crafts that will heighten their development in social, cognitive, fine, and gross motor skills. Parent participation is required. Please do not bring unregistered siblings.

**Material Fee: \$5**

**Instructor:** Diana Perez

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2601	5 weeks	Wed	1/14-2/11	9:15-10a	1.5-2.5	\$79/\$84
WI2602	4 weeks	Wed	2/25-3/18	9:15-10a	1.5-2.5	\$69/\$74



## SHAPING IT UP WITH ABC'S AND 123'S

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Come join us as we explore our world of numbers, shapes, and letters. Class will target classification, counting, numbers, letters, colors, shapes, socialization, music, movement, crafts, and prepare children for school readiness. Parent participation is required. Please do not bring unregistered siblings.

**Material Fee: \$5**

**Instructor:** Diana Perez

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2603	5 weeks	Wed	1/14-2/11	10:15-11a	2.6-5	\$79/\$84
WI2604	4 weeks	Wed	2/25-3/18	10:15-11a	2.6-5	\$69/\$74

CITY OF **Los Alamitos**  
California

My City ♥ My Los Al

**Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.**

# PRESCHOOL & YOUTH

## LIL'OAK PRESCHOOL PROGRAM

### WINTER PROGRAM

( 9 WEEK SESSION ) • Registration Opens:

Priority 11/3, Public 11/17

Age:	Days:	Dates:	Time:	Fee: (R/NR)	Code:
3-5	M/W/F	1/5-3/13	9am-1pm	\$623/\$628	WI2605
3-5	T/TH	1/6-3/12	9am-1pm	\$439/\$444	WI2606

NO CLASS: 1/19, 2/16-2/20



**10911 Oak Street, Los Alamitos**

Department Late Policy: \$1 per minute, after 1:05 p.m.

**My City ♥ My Los Al**

Children will be introduced to numbers, letters, sight words, colors, shapes, and days of the week! Activities will include circle time, art, music, stories, and games. Program will also emphasize sharing, respect, and understanding. All staff are First Aid, CPR, and AED certified. Please register online using the My Rec portal or in person at the Los Alamitos Community Center. Participants must be potty-trained, no pull-ups. Priority given to those currently enrolled.

## DANCE AND GYMNASTICS

### PRINCESS BALLET

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Come twirl! Dancers learn beginning ballet with an element of fantasy in this princess-themed class for the budding ballerina. Class includes princess storytimes and crafting. Leotard, tights, and ballet shoes required. \$5 craft fee due on first day. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline February 24th. Please read before first class: [www.socaarts.com/policies-procedures](http://www.socaarts.com/policies-procedures).

**Material Fee: \$5**

**No Class: 2/19**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2607	7 weeks	Thu	1/15-3/5	3:30-4:15p	4-7	\$114/\$119

### TOTS PRINCESS BALLET

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Come twirl! Dancers learn beginning ballet with an element of fantasy in this princess-themed class for the budding ballerina. Class includes princess storytimes and crafting. Leotard, tights, and ballet shoes required. \$5 craft fee due on first day. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline February 24th. Please read before first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**Material Fee: \$5**

**No Class: 2/19**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2608	7 weeks	Thu	1/15-3/5	4:20-5:05p	2.5-4	\$114/\$119

### ALL-IN-ONE DANCE

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Try multiple styles of dance! Dancers learn beginning ballet, jazz, hip hop, and tumbling in an encouraging environment. Class helps improve coordination, rhythm, and even sports ability! Leotard, tights or leggings, and jazz shoes required. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline February 24th. Please read before first class: [www.socaarts.com/policies-procedures](http://www.socaarts.com/policies-procedures).

**No Class: 2/19**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2609	7 weeks	Thu	1/15-3/5	6-6:45p	5-9	\$114/\$119

### HIP HOP

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Children learn beginning hip hop and intro to tumbling skills in this upbeat, popular class! Class helps improve coordination, rhythm, gross motor skills, and agility. All movements and songs are age-appropriate. Athletic attire and sneakers required. Optional recital with nominal fee. January-May enrollment required to participate, recital registration deadline February 24th. Please read before first class: [socaarts.com/policies-procedures](http://socaarts.com/policies-procedures).

**No Class: 2/19**

**Instructor:** SoCa Arts

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2610	7 weeks	Thu	1/15-3/5	5:10-5:55p	3.5-7	\$114/\$119

CITY OF  
**Los Alamitos**  
California

My City ♥ My Los Al

Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos/recreation](http://www.cityoflosalamitos/recreation) for the most up to date information.

# PRESCHOOL & YOUTH

## DANCE AND GYMNASTICS CONT.



### KIDDIE GYMNASTICS AND TUMBLING

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

During this action-packed class, kids will have the exciting opportunity to learn a variety of gymnastics and tumbling skills. From handstands and backbends, to forward rolls and backward rolls, we will guide your child through a progressive curriculum that promotes strength, flexibility, coordination, and confidence in tumbling. Parents must remain outside. Attire: Leotard or a fitted top with comfortable bottoms. Grip socks are preferred for safety.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2611	4 weeks	Wed	1/14-2/4	4-4:40p	3-6	\$88/\$93
WI2612	4 weeks	Wed	2/25-3/18	4-4:40p	3-6	\$88/\$93

### YOUTH GYMNASTICS AND TUMBLING

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

During this action-packed class, kids will have the exciting opportunity to learn a variety of gymnastics and tumbling skills. From handstands and backbends, to forward rolls and cartwheels. We will guide your child through a progressive curriculum that promotes strength, flexibility, coordination, and confidence in tumbling. Parents must remain outside. Attire: Leotard or a fitted top with comfortable bottoms. Grip socks are preferred for safety.

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2613	4 weeks	Wed	1/14-2/4	4:45-5:35p	7-13	\$88/\$93
WI2614	4 weeks	Wed	2/25-3/18	4:45-5:35p	7-13	\$88/\$93

### PUMP IT UP CHEER AND DANCE

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Get in the cheer spirit with our Cheer and Dance class! Cheerleaders will learn the fundamentals and basics of cheerleading and performance dance! Learn team building, choreography, cheer movements, jumps and more! Practice attire: Please wear a black t-shirt or any color KTA shirt (sold in class), black bottoms and sneakers to every class.

**Material Fee: \$15**

**Instructor:** Kidz Talent Academy

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2615	4 weeks	Wed	1/14-2/4	5:45-6:30p	5-12	\$78/\$83
WI2616	4 weeks	Wed	2/25-3/18	5:45-6:30p	5-12	\$78/\$83

## SPORTS

### ABC'S OF SPORTS PARENT & CHILD WITH SPORTBALL

*Orville R. Lewis Jr. Park*

*3662 Kempton Drive, Los Alamitos*

This is often a child's first time participating in a structured sports class so everything is new and exciting! At this stage we focus on breaking down the basics in eight different sports, while learning to follow instructions, taking turns, improving balance and building confidence in a supportive environment surrounded by caregivers and positive role models.

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2617	4 weeks	Sat	1/17-2/7	9-9:45a	16 mon-3yrs	\$90/\$95
WI2618	4 weeks	Sat	2/14-3/7	9-9:45a	16 mon-3yrs	\$90/\$95

### LITTLE LEAGUE JUMPSTART: SOCCER AND T-BALL WITH SPORTBALL

*Orville R. Lewis Jr. Park*

*3662 Kempton Drive, Los Alamitos*

Soccer and T-Ball is an intro program for 3yrs – 5yrs to build foundational skills for future league play in a fun, supportive environment. Through exciting activities like soccer dribbling, obstacle courses, goal shooting challenges, t-ball tee hitting drills, and base running relays, kids develop kicking accuracy, ball control, batting precision, throwing, and teamwork, fostering confidence and a love for both sports!

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2619	4 weeks	Sat	1/17-2/7	10-10:45a	3-5	\$90/\$95
WI2620	4 weeks	Sat	2/14-3/7	10-10:45a	3-5	\$90/\$95

### TOTAL SPORTS TRAINING WITH SPORTBALL

*Orville R. Lewis Jr. Park*

*3662 Kempton Drive, Los Alamitos*

Total Sports Training is a high-energy class for kids that is perfect for beginners, league players, and everyone in between, using a multiple-sport approach to build well-rounded athletes. Through fun team drills and games in soccer, t-ball, basketball, golf, football, tennis, hockey, and volleyball, kids enhance quick thinking, precise passing, powerful swings, agility, and teamwork, boosting confidence and skills for any sports journey!

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2621	4 weeks	Sat	1/17-2/7	11-11:45a	5-7	\$90/\$95
WI2622	4 weeks	Sat	2/14-3/7	11-11:45a	5-7	90/\$95

### LITTLE LEAGUE KICK-OFF: SOCCER AND T-BALL WITH SPORTBALL

*Orville R. Lewis Jr. Park*

*3662 Kempton Drive, Los Alamitos*

Little League Kick-Off: Soccer and T-ball is a playful, beginner friendly program for 2yrs – 3yrs. Toddlers build soccer skills like kicking, dribbling, and running with the ball, while in t-ball, they practice swinging, tossing, and catching, all through fun, imaginative games that foster teamwork and set a joyful foundation for future league play!

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2623	4 weeks	Sun	1/18-2/8	9:30-10:15a	2-3	\$90/\$95
WI2624	4 weeks	Sun	2/15-3/8	9:30-10:15a	2-3	\$90/\$95

## SPORTS CONTINUED



### 8 SPORT MULTI-SPORT WITH SPORTBALL

*Orville R. Lewis Jr. Park  
3662 Kempton Drive, Los Alamitos*

8 sport Multi-Sport is a dynamic program for 3yrs – 5yrs, distinct from our ABCs of sports, focusing on advancing skills in soccer, t-ball, basketball, golf, football, tennis, hockey, and volleyball. Through engaging games, drills, and obstacle courses, kids sharpen hand-eye coordination, agility, teamwork, and confidence, preparing them for more competitive play!

**Instructor:** Sportball Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2625	4 weeks	Sun	1/18-2/8	10:30-11:15a	3-5	\$90/\$95
WI2626	4 weeks	Sun	2/15-3/8	10:30-11:15a	3-5	90/\$95



### PARENT & ME BASKETBALL

*Oak Middle School Gym  
10821 Oak St., Los Alamitos*

Calling all parents looking to shoot some hoops with their little one! This program is designed to introduce your little one to the sport of basketball. Participants will learn basketball skills through a clinic-style and game-based session. Skills that will be covered include: dribbling, passing, defense, and shooting. Classes will be led by Recreation Staff but must include parent(s) participation. Award is included in the fee.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2628	5 weeks	Thu	1/8-2/5	5:15-6p	2-3	\$65/\$70

### JR. PEE WEE BASKETBALL

*Oak Middle School Gym  
10821 Oak St., Los Alamitos*

Is your child ready to hit the court and learn the fundamentals of basketball in a supportive and exciting environment? This dynamic clinic will go over dribbling, passing, shooting, footwork, and defense through age-appropriate drills and games. Our experienced coaches create an inclusive and positive atmosphere where every child can thrive, no matter their starting skill level. An award is included in the fee.

**Instructor:** Recreation Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2629	5 weeks	Thu	1/8-2/5	5:15-6p	4-6	\$65/\$70



### SKATEDOGS SKATEBOARDING WINTER BREAK CAMP - NEW!

*Marina Park  
151 Marina Drive, Seal Beach*

Whether you are just learning or ready to learn advanced tricks, this camp is right for you. Make friends, play games, win prizes, and advance your skills in our private mobile skatepark. Requirements: A signed waiver, a "trick" skateboard, knee & elbow pads and a helmet. Visit [skatedogs.com](http://skatedogs.com) to view our online skate shop

**Instructor:** Skatedogs

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2627	1 week	M,T,W,F	12/29 - 1/2	9a-12p	5-13	\$260/\$265

### TINY TYKES YOUTH SOCCER

*Laurel Park  
10862 Bloomfield Street, Los Alamitos*

TinyTykes is an exciting child development program delivered through soccer. Our soccer and child development professionals have designed an innovative curriculum that takes children on 'Immersive Interactive Adventures' through fun and exciting themes. It is through these semi-structured adventures that every child has the ability to build their own experiences and be introduced to the basic skills needed in soccer; motor, social, and psychological skills.

**Instructor:** Challenger Sports Coaches

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2630	8 weeks	Sun	1/18-3/8	9:15-10a	2-3	\$149/\$154
WI2631	8 weeks	Sun	1/18-3/8	10:15-11a	4-5	\$149/\$154

# YOUTH

## HOME COURT EDGE BASKETBALL OPEN GYM SCRIMMAGE - NEW!

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Bring a group of friends to come play ball!

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2632	3 weeks	Sun	1/11-1/25	3-4:30p	12-18	\$89/\$94
WI2633	4 weeks	Sun	2/1-2/22	3-4:30p	12-18	\$109/\$114
WI2634	5 weeks	Sun	3/1-3/29	3-4:30p	12-18	\$134/\$139

## HOMECOURT EDGE BASKETBALL SHOOTING STARS

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Homecourt Edge Basketball Shooting Stars will focus on improving your child's shooting form. We will teach proper shooting techniques, proper release, follow through, shooting consistency, shooting off the screen, and squaring up to the basket. For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 2/19**

**Instructor:** HCE Staff-Coach H and Coach Leseanda

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2635	4 weeks	Thu	1/8-1/29	6:30-7:30p	5-14	\$109/\$114
WI2636	3 weeks	Thu	2/5-2/26	6:30-7:30p	5-14	\$89/\$94
WI2637	5 weeks	Thu	3/5-3/31	6:30-7:30p	5-14	\$119/\$124

## HOMECOURT EDGE BASKETBALL TRIPLE BUNDLE

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and get the best of both worlds and get multiple workouts a weeks with Homecourt Edge Basketball. Tuesday's ball-handling class, Thursday's shooting class and Sunday's Open Gym. Please don't hesitate to sign up with us today! Please bring basketball and water.

**No Class: 2/17, 2/19**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2638	4 weeks	Tue/Thu/Sun	1/6-1/29 T/Th	6:30-7:30p Sun 2-3p	5-14	\$229/\$234
WI2639	4 weeks	Tue/Thu/Sun	2/1-2/26 T/Th	6:30-7:30p Sun 2-3p	5-14	\$209/\$214
WI2640	5 weeks	Tue/Thu/Sun	3/1-3/31 T/Th	6:30-7:30p Sun 2-3p	5-14	\$249/\$254

## HOMECOURT EDGE BASKETBALL BALL HANDLING SHOOTING STARS AND HANDLING CLINIC BUNDLE

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and get the best of both worlds and get multiple workouts a week with Homecourt Edge Basketball. Tuesday's ball-handling class, Thursday's shooting class. Please don't hesitate to sign up with us today! Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 2/17, 2/19**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2641	4 weeks	Tue/Thu	1/6-1/29	6:30-7:30p	5-14	\$169/\$174
WI2642	3 weeks	Tue/Thu	2/3-2/26	6:30-7:30p	5-14	\$139/\$144
WI2643	5 weeks	Tue/Thu	3/3-3/31	6:30-7:30p	5-14	\$159/\$164



## HOMECOURT EDGE TRAVEL BALL PROGRAM

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Come and join our HomeCourt Edge Basketball Travel Team Program! We will practice twice a week Tuesdays and Thursdays. We will play at least two shootouts/ tournaments a month. Your child will get better! Not an introductory class. Must get prior approval from the head coach before joining the program. Please email hcepersonaltraining@yahoo.com for approval and instructions. Please bring basketball and water.

**No Class: 2/17, 2/19**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2644	4 weeks	Tue/Thu	1/6-1/29	Tue 6:30-8:30p Thu 6:30-9p	8-14	\$209/\$214
WI2645	3 weeks	Tue/Thu	2/3-2/26	Tue 6:30-8:30p Thu 6:30-9p	8-14	\$189/\$194
WI2646	5 weeks	Tue/Thu	3/3-3/31	Tue 6:30-8:30p Thu 6:30-9p	8-14	\$199/\$204

## HOMECOURT EDGE BASKETBALL BALL HANDLING CLINIC

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

Homecourt Edge Basketball Ballhandling Clinic will introduce ballhandling skills for novice, intermediate and advanced levels. The clinic will also introduce the latest offensive moves to the basket. Classes will also include speed and agility footwork. For class makeups, please contact: hcepersonaltraining@yahoo.com. Please bring basketball and water.

**Drop in: \$20 per class**

**No Class: 2/17**

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2647	4 weeks	Tues	1/6-1/27	6:30-7:30p	5-14	\$109/\$114
WI2648	3 weeks	Tues	2/3-2/24	6:30-7:30p	5-14	\$89/\$94
WI2649	5 weeks	Tues	3/3-3/31	6:30-7:30p	5-14	\$134/\$139

## HOMECOURT EDGE BASKETBALL TOTAL ATTACK SKILLS CLINIC

Oak Middle School Gym  
10821 Oak Street, Los Alamitos

HCE Attack Series Clinic Skills Clinic will be a combination of our Ballhandling and Shooting Clinic Series. Homecourt Edge Basketball Ballhandling Clinic will introduce ballhandling skills for novice, intermediate and advanced levels. The clinic will also introduce the latest offensive moves to the basket. Classes will also include speed and agility footwork. Homecourt Edge Basketball Shooting Stars will focus on improving your child's shooting form. We will teach proper shooting techniques, proper release, follow through, shooting consistency, shooting off the screen, and squaring up to the basket. Please bring basketball and water.

**Instructor:** HCE Staff

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2650	3 weeks	Sun	1/11-1/25	2-3p	5-14	\$89/\$94
WI2651	4 weeks	Sun	2/1-2/22	2-3p	5-14	\$109/\$114
WI2652	5 weeks	Sun	3/1-3/29	2-3p	5-14	\$134/\$139

## SPECIAL INTEREST



### SHOTOKAN KARATE/ SELF-DEFENSE - YOUTH CLASS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Japanese Shotokan Karate for youth. Traditional Karate and self-defense will be taught. Training will focus on kihon (basics), kata (form), kumite (one-step sparring), and goshin jutsu (self-defense). You will also gain discipline, confidence, body awareness, and fitness. The history of Martial Arts and traditions will also be taught. Daniel Gacad is a 7th degree Black Belt (nana-dan) in Japanese Shotokan Karate.

**No Class: 2/17**

**Instructor:** Daniel Gacad

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2653	10 weeks	Tue	1/6-3/17	4:30-5:30p	5.5-13	\$70/\$75



### JUST THINK ART

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Immerse into the world of drawing, and painting where young artists can explore a world of creativity! Through exciting projects and guided instruction, children will discover the magic of different techniques and mediums while exploring various subjects. This class is the perfect opportunity for kids to unleash their imagination and develop their creative skills in a supportive and inclusive environment. Join us for a journey of artistic discovery and endless possibilities! Students must provide their own supplies and bring to the first day of class. A supply list will be emailed to all participants. Parents are required to sign children in and out of each class meeting.

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2654	4 weeks	Tue	1/13-2/3	5-6:15p	7-13	\$110/\$115
WI2655	4 weeks	Tue	2/24-3/17	5-6:15p	7-13	\$110/\$115

### SPANISH FOR KIDS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Welcome to our Enrichment program: a unique opportunity to enjoy a language immersion associated with cultural activities. Excellent opportunity to expose your kids to foreign languages with native instructors.

**No Class: 2/17**

**Material Fee: \$20**

**Instructor:** Portal Languages – Long Beach

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2656	8 weeks	Tue	1/6-3/3	4-5p	6-10	\$209/\$214

### AFTER SCHOOL CHESS CLASS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Join Chess Wizards this year for challenging chess lessons, exciting tournaments, fun, team activities, and more! If you're brand-new to chess, we'll teach you the basics and get you playing right away. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity show on the chessboard.

**No Class: 1/19, 2/16**

**Instructor:** Chess Wizards

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2657	9 weeks	Mon	1/5-3/16	4:30-5:30p	6-12	\$362/\$367

# Winter Camp

Campers ages 5-12 will enjoy a variety of organized indoor and outdoor games, fun activities, and crafts.

**December 22, 23, 26, 29, 30, 31, 2025**  
**& January 2, 2026**

10911 Oak Street, Los Alamitos

Regular Care: 9am - 4pm • Daily Rates: Res. \$32, Non-Res. \$37  
Extended Care: 7am - 6pm • Daily Rates: Res. \$47, Non-Res. \$52



CITY OF  
**Los Alamitos**  
California

My City ♥ My Los Al

For more information call  
(562) 430-1073 or visit  
[cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)

CITY OF  
**Los Alamitos**  
California

My City ♥ My Los Al

**Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) for the most up to date information.**



My City ♥ My Los Al

# LOS ALAMITOS

## YOUTH BASKETBALL LEAGUE

### DATES

- January 5 - March 21

### GRADES

- Pee Wee: K-1st Grade
- All-Star: 2nd-3rd Grade
- Dream Team: 4th-5th Grade
- Legends: 6th-8th Grade

### LOCATION

- Oak Middle School Gym  
(10821 Oak St.)

### PRACTICE DAYS

- Once per week on Monday, Tuesday, Wednesday, and Friday Evenings

### SKILLS CLINIC

- January 10

### GAMES

- Saturdays beginning January 17

### SKILLS CONTEST

- March 21

SCAN  
TO  
REGISTER



In partnership with



[www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation)

## LOS ALAMITOS RECREATION SCHOLARSHIP PROGRAM

**Miller Children's  
& Women's Hospital**  
MemorialCare..

### Available

Interested in signing up for a Recreation class but need financial assistance?

*Thanks to local community groups & individuals who have graciously donated funds, the City of Los Alamitos offers scholarships to Los Alamitos families in need.*



### Donate

Interested in giving back to your community so that families in need can have opportunities to participate in enrichment, exercise, and educational programs?

*Donate today! Any amount is appreciated and your generosity will go a long way to enhance the lives and experiences of families who may not have the means to afford a program or class.*

To register for a recreation program (toddlers, teens, adults, & seniors)  
**VISIT FOR MORE INFORMATION: [WWW.CITYOFLOSALAMITOS.ORG/RECREATION](http://WWW.CITYOFLOSALAMITOS.ORG/RECREATION)**

## Los Alamitos Community Foundation



My City ♥ My Los Al



The Los Alamitos Community Foundation is an organization that partners with the City of Los Alamitos to provide funding to enhance programs and services offered through the City to benefit the residents of Los Alamitos.

The Los Alamitos Community Foundation has identified priorities to focus on including funding towards a / an:

- Police Department Canine Program
- Urban Forest Program
- Adaptive Recreation Program
- Senior Programs

Each of these programs will benefit the residents of Los Alamitos in the areas of crime prevention, environmental benefits, community inclusion, expansion of services for families with special needs, and seniors. Visit the Foundation's website at [www.losalfoundation.org](http://www.losalfoundation.org) to donate today and begin your support of these valuable programs and services that will enhance the quality of life for residents in Los Alamitos.

[www.losalfoundation.org](http://www.losalfoundation.org)



Join a passionate group of 11-17 year old's learning new skills and making a difference in the community year-round!

### Participants Can Receive:

- ★ Work Experience
- ★ Life Skills
- ★ Scholarship Opportunities
- ★ Service Hour Credit
- ★ New Friendships
- ★ Leadership Skills

Los Alamitos  
Recreation & Community Services  
Creating Quality of Life

Annual Fee: Resident: \$42 / Non-Resident: \$47  
Register Here: [losalrecreation.myrec.com](http://losalrecreation.myrec.com)



My City  
♥  
My Los Al

# YOUTH DANCE



## EASY LINE DANCING

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

This is an easy line dance class for those who want to move to the music. We do easy line dances-some old, some new, some country music, some to 50's, or popular music. Lots of review, no pressure, and no partner required. Join us for fun line dancing.

**No Class: 2/18**

**Drop in: \$6 per class**

**Instructor:** Carri Fox

DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
Continuous	Wed	1/7-3/18	10-11a	18+	\$6 per class

# February Day Camp

Campers ages 5-12 will enjoy a variety of organized indoor and outdoor games, fun activities, and crafts.

**February 16-20, 2026**

10911 Oak Street, Los Alamitos

Regular Care: 9am - 4pm • Daily Rates: Res. \$32, Non-Res. \$37  
Extended Care: 7am - 6pm • Daily Rates: Res. \$47, Non-Res. \$52



CITY OF  
**Los Alamitos**  
California

My City ♥ My Los Al

For more information call  
(562) 430-1073 or visit  
[cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation)



TIME TO PARTY

*Los Al  
Rec  
Style*



CITY OF  
**Los Alamitos**  
California

# PARTY PACKAGES

Let us do  
the planning...

LET'S BE HONEST... PARTIES TAKE A LOT OF TIME & ENERGY TO PLAN. LUCKILY, THAT'S WHERE WE COME IN! CHOOSE FROM A MENU OF OPTIONS TO MAKE YOUR CHILD'S BIRTHDAY FUN, MEMORABLE, & STRESS FREE!

**Customizable packages to fit your needs...**

- COMMUNITY CENTER OR PICNIC SHELTER RENTAL (3 HOURS)
- THEMED CRAFT STATIONS & STAFF LED ACTIVITIES

**Add ons...**

- BOUNCERS
- DECORATIONS
- FACE PAINTING
- BALLOON TWISTING
- SNACK CUPS
- PHOTO AREA
- CAKE OR CUPCAKES
- CHARACTER APPEARANCES
- PLATES & FLATWARE
- DRINKS & PIZZA
- GOODIE BAGS
- GUEST BOOK & POLAROIDS
- AND MUCH MORE!



My City ♥ My Los Al



**Let's get  
Started**

*Los Alamitos Recreation & Community Services Department*

FOR MORE INFORMATION, PLEASE CALL (562) 430-1073

OR EMAIL [MSHIMADA@CITYOFLOSALAMITOS.ORG](mailto:MSHIMADA@CITYOFLOSALAMITOS.ORG)

## SPECIAL INTEREST



### PHOTOGRAPHY CLUB

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

The Los Alamitos Photography Club is a group of local photo enthusiasts who meet once a month. This club shows individuals' photographs from current personal projects, works in progress, or assignments. All skill levels are welcome to participate. Come take part in discussions on photographic techniques, lighting, printing, photoshop post production, and many other items of interest.

**Instructor:** Dave Duenas

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2658	1 day	Tue	1/20	7-9p	18+	FREE
WI2659	1 day	Tue	3/17	7-9p	18+	FREE



### WATERCOLOR PAINTING

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

In this class, we will focus on getting comfortable with watercolor painting skills and techniques and enjoy the process of painting. The basics of materials, tools, techniques and color will be explored with demonstrations. Join us to learn tips and tricks in watercolors and creating your own masterpieces. Skill level- beginner to intermediate. Students provide their own supplies; a list of supplies will be sent.

**No Class:** 1/17, 1/19, 2/21, 3/14

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2661	4 weeks	Mon	1/12-2/9	11:30a-1:30p	18+	\$120/\$125
WI2662	4 weeks	Mon	2/23-3/16	11:30a-1:30p	18+	\$120/\$125
WI2663	4 weeks	Sat	1/10-2/7	10a-12p	18+	\$120/\$125
WI2664	4 weeks	Sat	2/14-3/21	10a-12p	18+	\$120/\$125



### GUAVA GROOVE UKULELE - BEGINNING

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

This class covers all the fun-damentals you need to start playing ukulele. Students will learn how to tune, strum, read chord charts and more.

Requirement: Bring a ukulele and a smile!

**Material Fee:** \$5

**Instructor:** Hōkū Bray

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2660	6 weeks	Fri	1/9-2/13	9-10a	18+	\$75/\$80



### HEALING HEARTS SOUND BATH

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

The Healing Hearts Sound Bath is a transformative and rejuvenating experience combining sound with guided meditation to promote emotional healing and relaxation. In this 60-minute session, participants will be immersed in a bath of soothing sounds, including crystal singing bowls, gongs, chimes, and other healing instruments, creating a space for inner peace, emotional release, and heart-centered healing.

[www.clinicalcounselingwithtselane.com](http://www.clinicalcounselingwithtselane.com)

**Instructor:** Dr. Tselane Gardner, DBC, M.A.

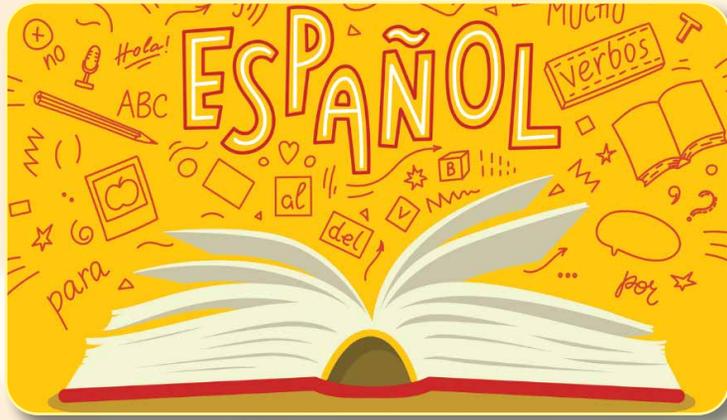
DURATION	DAY	DATE(S)	TIME	AGE	PER CLASS FEE
WI2665	Fri	1/23	6-7p	18+	\$30
WI2666	Fri	2/13	6-7p	18+	\$30
WI2667	Fri	3/20	6-7p	18+	\$30

CITY OF  
**Los Alamitos**  
California

My City ♥ My Los Al

**PARTICIPANTS POLICY:** Participants will receive a refund or transfer to a different class if enrollment does not meet the minimum number of participants.

# TEEN AND ADULT SPECIAL INTEREST CONT.



## SPANISH 1

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

Learn a new language with little or no knowledge. The focus is on conversation for fast learning of daily actions. You will speak your chosen language from the very beginning. Vocabulary development, key grammatical structures and use of appropriate verbs will follow. The lessons build on one another. Emphasis is given to listening and interpretation.

**No Class: 2/17**

**Material Fee: \$40**

**Instructor:** Portal Languages – Long Beach

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2668	8 weeks	Tue	1/6-3/3	5-6p	18+	\$209/\$214



## CPR & AED TRAINING FOR ADULTS, CHILDREN & INFANTS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

This class teaches both the average person & professional how to initially respond to a cardiac/respiratory arrest. Students will learn CPR for all ages (adults, children & infants), use of an AED and techniques for relief of choking. Students will receive an American Heart Association certification card via email upon successful completion of the class.

**Material Fee: \$20**

**Instructor:** Bryce Haines

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2669	1 Day	Sat	1/10	10a-1p	11+	\$54/\$59
WI2670	1 Day	Sat	1/31	10a-1p	11+	\$54/\$59
WI2671	1 Day	Sun	2/15	10a-1p	11+	\$49/\$54
WI2672	1 Day	Sat	2/28	10a-1p	11+	\$54/\$59
WI2673	1 Day	Sat	3/7	10a-1p	11+	\$54/\$59

## CPR & AED + 1ST AID TRAINING FOR ADULTS, CHILDREN & INFANTS

**Los Alamitos Community Center**  
10911 Oak Street, Los Alamitos

This class teaches both the average person & professional how to initially respond to a cardiac/respiratory arrest. Students will learn CPR for all ages (adults, children & infants), use of an AED & techniques for relief of choking. Plus will learn first aid actions for various type of injuries/emergencies. Students will receive an emailed certification card.

**Material Fee: \$20**

**Instructor:** Bryce Haines

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2674	1 Day	Sat	1/24	2-5:30p	11+	\$74/\$79
WI2675	1 Day	Sun	2/8	2-5:30p	11+	\$74/\$79
WI2676	1 Day	Sun	3/8	2-5:30p	11+	\$74/\$79

## Facility Reservations

My City ♥ My Los Al



## Celebrate with Us!

Plan your event at the Community Center with a variety of rooms available or reserve a picnic shelter today!

www.cityoflosalamitos.org/recreation

CITY OF **Los Alamitos**  
*California*
My City ♥ My Los Al

Classes are subject to change or cancellation. Please check our website at [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) for the most up to date information.

## SPECIAL INTEREST CONT.



### SUGAR COOKIE DECORATING

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

Learn to decorate beautiful sugar cookies with royal icing just like on your favorite competition shows. Students will receive step-by-step instructions as they complete 6 different cookie designs to take home. Skills to be covered including piping, flooding, and detail work. Please notify the instructor of any food allergies prior to class.

**Instructor:** McKenzie Ricks

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2677	1 day	Tue	1/13	7-9p	14+	\$50/55
WI2678	1 day	Tue	2/10	7-9p	14+	\$50/55
WI2679	1 day	Tue	3/10	7-9p	14+	\$50/55



### FORGED PENDANT MAKING CLASS

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

Join our hand forging pendant making class! Discover the art of forging, hammering, and riveting to create unique silver pendants. No experience is needed – just a passion for adventure!

**Material Fee: \$20**

**Instructor:** Erin Choi

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2680	1 day	Sat	3/7	10a-12p	10+	\$49/\$54



### CHARM BRACELET MAKING CLASS - NEW!

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

Craft your own unique charm bracelet using sterling silver and add personalized charms. Whether bold or dainty style, you can create a bracelet anyway you want! We will learn how to make charms with gemstones, beads, and wires. And we will also learn how to wire to make personalized charms. Come with your friends or treat yourself to a fun and unforgettable experience!

**Material Fee: \$20**

**Instructor:** Erin Choi

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2681	1 day	Sat	2/7	10a-12p	10+	\$49/\$54



### SILVER STACKING RING MAKING CLASS

*Los Alamitos Community Center*  
10911 Oak Street, Los Alamitos

Ready to get your hands dirty and create one-of-a-kind jewelry? This sterling silver stacking ring making class welcomes beginners and teaches you how to use hammers to add unique textures to your pieces. You will take home a set of 3 stacking rings and the skills to keep crafting.

**Material Fee: \$20**

**Instructor:** Erin Choi

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2682	1 day	Sat	1/17	10a-12p	10+	\$49/\$54

# TEEN AND ADULT



## LEARN TO SKATE

*The Rinks Lakewood ICE*  
3975 Pixie Avenue, Lakewood

This program is a fun introduction to ice skating. With a strong team of coaches, participants will learn the basics of getting up and moving on the ice. Whether you are interested in ice hockey, figure skating, or going around for fun, this class is a great start! Classes will be split into age groups 3-6 years old and 7-16 years old at the rink by coaches. Class fee includes 30-minute instruction each week, skate rental, and 4 public session passes with skate rental. Learn to Skate USA Membership required to join classes: \$18.50 annually\*\*

Register at [www.learnatoskateUSA.com](http://www.learnatoskateUSA.com) • **No Class: 2/14**

**Instructor:** The Rinks Lakewood ICE

### Session 1 Tots:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2683	6 weeks	Wed	1/21-2/25	5:45-6:15p	3-6	\$132/\$137
WI2684	6 weeks	Thu	1/22-2/26	5:45-6:15p	3-6	\$132/\$137
WI2685	5 weeks	Sat	1/24-2/28	10:40-11:10a	3-6	\$110/\$115

### Session 1 Youth:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2686	6 weeks	Wed	1/21-2/25	6:20-6:50p	7-16	\$132/\$137
WI2687	6 weeks	Thu	1/22-2/26	6:20-6:50p	7-16	\$132/\$137
WI2688	5 weeks	Sat	1/24-2/28	11:15-11:45a	7-16	\$110/\$115

## ICE REALM WESTMINSTER

### BASIC PARENT & ME (3 YRS REALM RASCALS)

*Ice Realm Westminister*  
13071 Springdale St., Westminister

Entry level class to help skater be safe and comfortable on the ice. For new skaters only. Parent or Guardian needs to take the class with the child; class is taught as a parent/child class. Includes six-half hour classes, free public session the day of the class and skate rental. \*Make ups allowed during the same session, in same level class if available. Learn to Skate USA \$20 annual USA Membership payable to Ice Real at check-in.

**Instructor:** Ice Realm Westminister

#### Session 1 Parent & Me:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2689	6 weeks	Wed	1/7-2/11	4-4:30p	3	\$141/\$146
WI2690	6 weeks	Sat	1/10-2/14	1:30-2p	3	\$141/\$146

#### Session 2 Parent & Me:

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2691	6 weeks	Wed	2/18-3/25	4-4:30p	3	\$141/\$146
WI2692	6 weeks	Sat	2/21-3/28	1:30-2p	3	\$141/\$146

### FUNDAMENTAL SKATE LESSONS

*Ice Realm Westminister*  
13071 Springdale St., Westminister

Entry level classes give skaters an introduction to the ice. Begin your skating journey with this class and discover body awareness, balance and exercise while enjoying this great sport. Make new friends and gain a sense of accomplishment at mastering each skill. Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class and skate rental. \*Make ups allowed during the same session, in same level class if available. Learn to Skate USA \$20 annual USA Membership payable to Ice Real at check-in.

**Instructor:** Ice Realm Westminister

### Session 1

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2693	6 weeks	Wed	1/7-2/11	4-4:30p	4-5	\$141/\$146
WI2694	6 weeks	Sat	1/10-2/14	1:30-2p	4-5	\$141/\$146
WI2695	6 weeks	Wed	1/7-2/11	4:30-5p	6-12	\$141/\$146
WI2696	6 weeks	Sat	1/10-2/14	2-2:30p	6-12	\$141/\$146
WI2697	6 weeks	Wed	1/7-2/11	6-6:30p	13+	\$141/\$146
WI2698	6 weeks	Sat	1/10-2/14	2-2:30p	13+	\$141/\$146

### Session 2

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI2699	6 weeks	Wed	2/18-3/25	4-4:30p	4-5	\$141/\$146
WI26100	6 weeks	Sat	2/21-3/28	1:30-2p	4-5	\$141/\$146
WI26101	6 weeks	Wed	2/18-3/25	4:30-5p	6-12	\$141/\$146
WI26102	6 weeks	Sat	2/21-3/28	2-2:30p	6-12	\$141/\$146
WI26103	6 weeks	Wed	2/18-3/25	6-6:30p	13+	\$141/\$146
WI26104	6 weeks	Sat	2/21-3/28	2-2:30p	13+	\$141/\$146

## LEARN TO PLAY HOCKEY

*Ice Realm Westminister*  
13071 Springdale St., Westminister

Entry level class gives skaters an introduction to the ice with a hockey flare. Curriculum includes safety and basic skills that help the skater get comfortable on the ice and moving on their own. Class is for new skaters only. Includes six-half hour classes, free public session the day of the class and skate rental. \*Make ups allowed during the same session, in same level class if available. Learn to Skate USA \$20 annual USA Membership payable to Ice Real at check-in.

### Session 1

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26105	6 weeks	Wed	1/7-2/11	4:30-5p	4-5	\$141/\$146
WI26106	6 weeks	Sat	1/10-2/14	1:30-2p	4-5	\$141/\$146
WI26107	6 weeks	Wed	1/7-2/11	4-4:30p	6-12	\$141/\$146
WI26190	6 weeks	Sat	1/10-2/14	2-2:30p	6-12	\$141/\$146

### Session 1

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26108	6 weeks	Wed	1/7-2/11	4:30-5p	4-5	\$141/\$146
WI26109	6 weeks	Sat	1/10-2/14	1:30-2p	4-5	\$141/\$146
WI26110	6 weeks	Wed	1/7-2/11	4-4:30p	6-12	\$141/\$146
WI26111	6 weeks	Sat	1/10-2/14	2-2:30p	6-12	\$141/\$146

## TENNIS



### REGISTRATION FOR TENNIS CLASSES

Participants may register for tennis classes online or by completing a registration form and submitting it to the Recreation and Community Services Department. Participants must provide their own tennis racket. **Early registration is encouraged so that class minimums can be reached in advance.**

Visit: [losaltennis.com](http://losaltennis.com) for more details.

### SESSION 1

CLASS	DAY	TIME	AGE	DATES	CODE	R/NR
Youth-Beg	Tue	4-5pm	7-14	1/6-2/10	WI26112	\$108 / \$113
Youth-Beg	Sat	9:30-10:30am	7-14	1/10-2/14	WI26113	\$108 / \$113
Youth-Int	Tue	5-6pm	10-16	1/6-2/10	WI26114	\$108 / \$113
Youth-Int	Thu	6-7pm	10-16	1/8-2/12	WI26115	\$108 / \$113
Youth-Int	Sat	10:30-11:30am	10-16	1/10-2/14	WI26116	\$108 / \$113
Adult-Beg	Wed	6-7pm	17+	1/7-2/11	WI26117	\$108 / \$113
Adult-Int	Wed	10-11am	17+	1/7-2/11	WI26118	\$108 / \$113

### SESSION 2

CLASS	DAY	TIME	AGE	DATES	CODE	R/NR
Youth-Beg	Tue	4-5pm	7-14	2/24-3/17	WI26119	\$72 / \$77
Youth-Beg	Sat	9:30-10:30am	7-14	2/28-3/21	WI26120	\$72 / \$77
Youth-Int	Tue	5-6pm	10-16	2/24-3/17	WI26121	\$72 / \$77
Youth-Int	Thu	6-7pm	10-16	2/26-3/19	WI26122	\$72 / \$77
Youth-Int	Sat	10:30-11:30am	10-16	2/28-3/21	WI26123	\$72 / \$77
Adult-Beg	Wed	6-7pm	17+	2/25-3/18	WI26124	\$72 / \$77
Adult-Int	Wed	10-11am	17+	2/25-3/18	WI26125	\$72 / \$77

### SESSION 1

CLASS	DAY	TIME	AGE	DATES	CODE	R/NR
Kinder Class	Tue	2-3pm	4-6	1/6-2/10	WI26126	\$108 / \$113
Kinder Class	Wed	2-3pm	4-6	1/7-2/11	WI26127	\$108 / \$113
Kinder Class	Sat	2-3pm	4-6	1/10-2/14	WI26128	\$108 / \$113
Youth-Beg	Mon	3-4pm	6-12	1/5-2/9	WI26129	\$108 / \$113
Youth-Beg	Wed	3-4pm	6-12	1/7-2/11	WI26130	\$108 / \$113
Youth-Beg/Int	Tue	3-4pm	6-12	1/6-2/10	WI26131	\$108 / \$113
Youth Fitness + Drills	Mon	6-7pm	10-17	1/5-2/9	WI26132	\$108 / \$113
Youth Fitness + Drills	Sat	1-2pm	10-17	1/10-2/14	WI26133	\$108 / \$113
Jr. Academy	Wed	4-6pm	10-17	1/7-2/11	WI26134	\$216 / \$221
Jr. Academy	Sat	9:30-11:30am	10-17	1/10-2/9	WI26135	\$216 / \$221
Adult Clinic	Tue	6-7pm	10-17	1/6-2/10	WI26136	\$162 / \$165
Adult Fitness + Drills	Wed	6-7pm	10-17	1/7-2/11	WI26137	\$108 / \$113
Adult Fitness + Drills	Thu	6-7pm	17+	1/10-2/9	WI26138	\$108 / \$113
Adult Fitness + Drills	Fri	10-11am	17+	1/9-2/13	WI26139	\$108 / \$113

### SESSION 2

CLASS	DAY	TIME	AGE	DATES	CODE	R/NR
Kinder Class	Tue	2-3pm	4-6	2/24-3/17	WI26140	\$72 / \$77
Kinder Class	Wed	2-3pm	4-6	2/25-3/18	WI26141	\$72 / \$77
Kinder Class	Sat	2-3pm	4-6	2/28-3/21	WI26142	\$72 / \$77
Youth-Beg	Mon	3-4pm	6-12	2/23-3/16	WI26143	\$72 / \$77
Youth-Beg	Wed	3-4pm	6-12	2/23-3/16	WI26144	\$72 / \$77
Youth-Beg/Int	Tue	3-4pm	6-12	2/24-3/17	WI26145	\$72 / \$77
Youth Fitness + Drills	Mon	6-7pm	10-17	2/23-3/16	WI26146	\$72 / \$77
Youth Fitness + Drills	Sat	1-2pm	10-17	2/28-3/21	WI26147	\$72 / \$77
Jr. Academy	Wed	4-6pm	10-17	2/25-3/18	WI26148	\$144 / \$149
Jr. Academy	Sat	9:30-11:30am	10-17	2/28-3/21	WI26149	\$144 / \$149
Adult Clinic	Tue	6-7pm	10-17	2/24-3/17	WI26150	\$108 / \$113
Adult Fitness + Drills	Wed	6-7pm	10-17	2/25-3/18	WI26151	\$72 / \$77
Adult Fitness + Drills	Thu	6-7pm	17+	2/26-3/19	WI26152	\$72 / \$77
Adult Fitness + Drills	Fri	10-11am	17+	2/27-3/20	WI26153	\$72 / \$77

### INSTRUCTORS:



**Mika Maunula** RSPA Professional Coach. Mika has been running the popular youth and adult City of Los Alamitos tennis classes for the last 11 years. His programs have produced many Varsity players, boys & girls that have transitioned over to the Los Alamitos High School tennis teams. He has been the Head Coach for the Boys JV team for the last 5 years with proven success.

Mika has worked over the years with well known tennis coaches, both in his native country Finland and in California with Peter Smith and Mike Nelson. He was a professional Team Handball player in Finland. He played on both National and European Club Championship teams. He has won National championships in both Finland and the USA. He was the Head Coach for the USA U20 Men's Olympic Team Handball for 6 years in tournaments in Europe, North & South America. He holds a Bachelor's Degree in Marketing and Foreign Trade and is a certified athletic trainer.



**Landon Draper** - RSPA and PTR Professional Coach. With over 20 years of coaching experience, Landon has dedicated his career to helping players reach their full potential both on and off the court. He began as a JV Head Coach at Huntington Beach High School, leading the program for three years before refining his coaching skills under former top-20 ATP players Phil and Taylor Dent at the Dent Tennis Academy, where he spent four years developing junior and elite players. Landon then joined Woodbridge Tennis Academy in Irvine, serving 11 years and seven of those as Head Pro, guiding players of all ages and levels.

As a player, Landon achieved early success as a CIF Champion and JV Sunset League Singles Champion at Los Alamitos High School, despite having played for less than a year. These experiences inspire his lifelong commitment to the sport and to mentoring the next generation of athletes, combining technical expertise with a passion for personal growth and development.

# TEEN AND ADULT



## LAUREL PARK COURT RESERVATIONS

Laurel Park has three tennis courts and two pickleball courts. When not used for City programming, Pickleball courts #1 and #2 and Tennis Courts #2 and #3 are available for reservation Sunday through Saturday from 8:00 a.m. to 12:00 p.m. and 5:00 p.m. to 10:00 p.m. Players with facility permits have priority use. Open play only is available from 12:00 p.m. to 5:00 p.m.

- Pickleball Courts: \$10/hr. per court.
- Tennis Courts: Free
- Reservations are taken on a first-come, first-served basis via online reservation only.
- Reservations cannot exceed 30 days from the date of submission.
- Reservations can be up to two hours maximum.

- Court lights are required for reservations from 15 minutes before sunset until closing. Light requests must be submitted 3 days in advance; the option to select lights is available when requesting your reservation. Applicants can reserve lights in 15-minute increments.
- Pickleball Courts: Light usage is covered in the reservation fee.
- Tennis Courts: The light usage fee is \$8.00 per hour per court.
- To create an account, visit [losalrecreation.myrec.com](http://losalrecreation.myrec.com)
- Laurel Park courts can be found under the facilities tab.

Please visit [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation) for more information.



My City ♥ My Los Al

# ADULT SOCCER LEAGUE

## REGISTRATION:

Early Registration: **12/1 – 12/31**  
Regular Registration: **1/1 – 1/26**

Visit [teamsideline.com/losalamitos](http://teamsideline.com/losalamitos) for updated soccer league information



## CHECK OUT!

The City of Los Alamitos  
Adult Soccer Leagues  
for Men & Women



## WINTER 2026

EARLY REGISTRATION/ REG. REGISTRATION CODES	PROGRAM	AGE	DAY(S)	START DATE	LOCATION	EARLY REGISTRATION/ REG. REGISTRATION FEE	OFFICIAL FEE (PER GAME / PER TEAM)
WI26154 / WI26155	5v5 Soccer 18+	18+	Sun	2/1/2026	Laurel	\$450/ \$500 per team	\$25
WI26156 / WI26157	7v7 Soccer Men's Over 35	35+	Wed	2/4/2026	Oak	\$610/ \$660 per team	\$30
WI26158 / WI26159	7v7 Soccer Women's Over 30	30+	Thur	2/5/2026	Oak	\$610/ \$660 per team	\$30

Oak Middle School: 10821 Oak St, Los Alamitos, CA 90720

# TEEN AND ADULT TABLE TENNIS CLUB

## PICKLEBALL



### PICKLEBALL FOR BEGINNERS

Laurel Park

10862 Bloomfield Steet, Los Alamitos

Learn the fundamentals of pickleball including exercises to improve your mobility and flexibility on a pickleball court to take you to the next level. The mysteries of kitchen, dinking and pickle!

**Supplies Needed:** Please bring a paddle and a ball.

**Instructors:** Mika Maunula and Keanu Maunula

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26160	4 weeks	Wed	1/8-1/29	9-10a	18+	\$61/\$66
WI26161	4 weeks	Wed	2/11-3/11	9-10a	18+	\$61/\$66

### PICKLEBALL FOR INTERMEDIATE

Laurel Park

10862 Bloomfield Steet, Los Alamitos

Improve your court positioning & footwork, work on shot selections in more game type situations including consistent serves and returns.

**Supplies Needed:** Please bring a paddle and a ball.

**Instructors:** Mika Maunula and Keanu Maunula

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26162	4 weeks	Thu	1/8-1/29	9-10a	18+	\$61/\$66
WI26163	4 weeks	Thu	2/12-3/12	9-10a	18+	\$61/\$66



Oak Middle School Gym

10821 Oak Street, Los Alamitos

Join the Long Beach Table Tennis Club! Drop-in play occurs year-round on Mondays, Wednesdays, and Saturdays at the Oak Middle School Gym (10821 Oak St.). League play is seasonal and occurs on Wednesdays. Whether it is your first time playing or you are a seasoned pro, this program is an excellent opportunity to increase your skillset through friendly and fun competition.

### DROP-IN PLAY - YEAR ROUND

**Mondays** 7:30 - 10:00 p.m.

**Wednesdays** 7:30 - 10:30 p.m.

**Saturdays** 9:00 - 11:00 a.m. / Jan. 17 – Mar. 21 • 8:30 – 10:30 a.m.

**Drop In-Cost:** \$5/person

**Monthly Membership:** \$40/month

**Payment:** Pre-registration and in-person cash options available.

### LEAGUE PLAY - SEASONAL

**Dates:** Wednesdays

**Time:** 7:30 - 10:30 p.m.

**League Fee:** \$20 (one-time fee per season)

**\*A drop-in fee of \$5/person or \$40 monthly membership is still required\***

**Payment:** Pre-registration and in-person cash options available.

For more information regarding the Long Beach Table Tennis Club, please contact the Los Alamitos Community Center at (562) 430 – 1073.

## PICKUP-BASKETBALL



### PICK-UP BASKETBALL

SIMPLY SHOW UP, PAY AT THE DOOR, AND ROTATE INTO FRIENDLY AND FUN COMPETITIVE BASKETBALL GAMES THROUGHOUT THE SESSION. ALL SKILL-LEVELS ARE WELCOME! MUST BE 18+.

**LOCATION:**  
OAK MIDDLE SCHOOL GYM (10821 OAK ST.)

**DROP-IN COST:**  
\$5 (CASH)

**DATES:**  
EVERY TUESDAY

**TIMES:**  
8:30 - 10:00PM

**Los Alamitos**  
Recreation & Community Services  
*Creating Quality of Life*



# TEEN AND ADULT FITNESS AND SPORTS

## DANCE AND FITNESS - NEW!

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

This new cardio dance class is inspired by Polynesian dance, along with hip hop moves. It's designed for all levels of fitness with music to uplift and motivate you to move to each beat. Resistance bands will be used for toning, with a line dance and restorative stretch at the end of each class.

**Drop in \$12 per class**

**No Class: 2/19, 3/12**

**Instructor:** Rose Tandiana

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26164	5 weeks	Thu	1/8-2/5	7-8p	13+	\$60/\$65
WI26165	5 weeks	Thu	2/2-3/26	7-8p	13+	\$60/\$65

## AIKIDO MARTIAL ARTS

*Seal Beach Community Center  
3333 Saint Cloud Dr., Seal Beach, CA 90720*

This course focuses on the martial art of "Aikido" self-defense. Students will learn the principles of falling, rolling, and defense techniques against punches, strikes, knife attacks, control, blending with your opponent, mat safety, and self-defense awareness. Wear sweats and no jewelry. Martial arts gi are optional and can be purchased on own. Belt testing is optional. All students that attend must have the ability to roll and fall at a moderate pace and will be allowed to participate only per the instructor's discretion.

**No Class: 1/19, 2/16, 2/18**

**Instructor:** Steven Wasserman

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26166	11 weeks	M/W	1/5-3/18	7:30-9:30p	18+	\$184/\$189

## COMBINED BEG./INT. T'AI CHI CHIH

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

This moving meditation aids mindfulness, fitness, and balance. At 9:25 a.m. beginners will learn the basics of how to move in T'ai Chi Chih. Intermediate students will join at 10:00 a.m. and will do a full practice with the beginners following along.

**No Class: 1/19**

**Instructor:** Suzanne Rody-Ross

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26167	5 weeks	Mon	1/5-2/9	9:25-10:45a	18+	\$69/\$74
WI26168	5 weeks	Mon	2/23-3/23	9:25-10:45a	18+	\$69/\$74

## YOGA FOR WELLNESS

*Cypress Community Center  
5700 Orange Ave, Cypress*

Slow down your breath, & ease into your flow. During our practice, we will work to deepen our connection to our bodies and our breath and develop our very own personal yoga journey of self-transformation. Use this ancient art to improve flexibility and concentration and renew energy and regulate stress. Be one with yourself and rejuvenate your life for health and happiness! Please bring a yoga mat and wear comfortable clothing.

**No Class: 1/19**

**Instructor:** Darshini Aithal

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26169	4 weeks	Wed	1/12-2/9	6:35-7:35p	18+	\$80/\$85
WI26170	4 weeks	Wed	2/23-3/16	6:35-7:35p	18+	\$80/\$85



## PILATES ON THE REFORMER

*Garage Pilates*

*10900 Los Alamitos Blvd., Unit 116 Los Alamitos, 90720*

Pilates on the Reformer Apparatus gives your full body workout an extra boost! The Reformer is an apparatus that uses a spring-loaded resistance technique to allow adjusting the work to your unique needs. This is ideal for those who are new to Pilates, have limitations they are working through or are just getting back into the studio after a long hiatus. Our experienced instructors will provide specific guidance on the equipment and give detailed information on the fundamentals of Pilates. Expect a full body workout, deep stretching and lots of fun! Socks required.

**No class: 1/19, 2/16, 2/19, 3/12**

**Instructor:** Garage Pilates

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26171	11 weeks	Mon	1/5-3/30	6:30-7:30p	18+	\$380/\$385
WI26172	10 weeks	Thu	1/8-3/26	6:30-7:30p	18+	\$349/\$354

## YOGA WITH BARBARA

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Learn how to release trauma or stress through the use of yoga. The use of breath work, yoga positions, tapping EFT, and meditation will be taught. Self-awareness and body-mind connection are encouraged. Class begins and ends with a short mindfulness guided meditation. All levels welcome.

**Drop in \$15 per class**

**No class: 2/17, 3/14**

**Instructor:** Barbara Bannerman

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26173	10 weeks	Tue	1/6-3/17	6:30-7:30p	10+	\$109/\$114
WI26174	10 weeks	Sat	1/10-3/21	8:30-9:30a	10+	\$109/\$114

## SHOTOKAN KARATE/ SELF-DEFENSE - ADULT/TEENS CLASS

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Japanese Shotokan Karate for Teens/Adults. Traditional Karate and self-defense will be taught. Training will focus on kihon (basics), kata (form), kumite (one-step sparring), and goshin jutsu (self-defense). You will also gain discipline, confidence, body awareness, and fitness. The history of Martial Arts and traditions will also be taught. Daniel Gacad is a Black Belt rank to 7th dan (nana-dan) in Japanese Shotokan Karate.

**No Class: 2/17**

**Instructor:** Daniel Gacad

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26175	10 weeks	Tue	1/6-3/17	5:30-6:30p	14+	\$70/\$75



The Los Alamitos Senior Club provides opportunities to meet new friends, develop new interests, and socialize with one's peers. Club activities include: crafts, bingo, cards, table games, luncheons, holiday parties, birthday celebrations, guest speakers, entertainment, charity projects, and volunteer opportunities. Guests are welcome to attend.

**AGE:** 50+

**ANNUAL MEMBERSHIP:**

\$20 for the calendar year.

February - January

**LOCATION:**

Los Alamitos

Community Center

10911 Oak St. Los Alamitos

## CLUB ACTIVITIES:

Join the Los Alamitos Senior Club each Thursday for Bingo, food, special programs and socialization with friends. Bingo Buy-in from 9:00 a.m. to 10:30 a.m. Bingo starts immediately following announcements. Thursdays 9:00 a.m. - 2:30 p.m.

## SOCIAL HOUR IS BACK!

In collaboration with the Los Alamitos Senior Club, we are excited for the return of Social Hour every Wednesday from 1:00 p.m. to 3:30 p.m. at the Los Alamitos Community Center.

Social Hour offers a fun social environment to connect with others through engaging activities. Light refreshments will be served at all events while supplies last. The first 10 participants to register and attend each activity will also receive a special, small prize. Pre-registration is encouraged, but walk-ins are welcome.

After each activity or presentation below, attendees will be invited to stick around for games like Yahtzee, Bunco, and others until 3:30 p.m. New games are welcome!

**December 3rd: The Agony and Ecstasy of Aging**  
"The Agony and Ecstasy of Aging", SHANTI OC, by Joyce Swaving

**January 7th: A Bit of Jazz by Brandon Baker**  
Brandon Baker is a multi-instrumentalist born and raised in Long Beach, CA. He began with the flute at 10 years of age and added the saxophone and guitar at 13. He teaches privately, mentors aspiring musicians through the non-profit Jazz Angels, directs worship at his church, and performs with the Jambalaya Jazz at Disneyland in New Orleans Square.

**January 14th: Difficult Conversations**  
Join us for a presentation on, "Difficult Conversations" by Joyce Swaving through SHANTI OC. Learn to create a space to navigate challenging conversations with civility. Explore how we can stay true to our values, listen, and be in meaningful, respectful dialogue with the intention to keep connections vital with those we may not see eye to eye.

**January 21st: OC Animal Allies**  
The nonprofit OC Animal Allies will bring their furry four-legged friends (aka dogs). Looking for some downtime from the daily grind? Come meet the OC Animal Allies PAWS Therapy dogs. Learn and feel the benefits of interacting with our furry friends.

**January 28th: Healthy Eating on a Budget**  
Food Finder's one and only Kelly Alarcon, will present on "Healthy Eating on a Budget". Kelly is a Nutrition Educator and is passionate about showing others the path to wellness through nutrition while reducing hunger and food waste.

**February 4th: Making Chocolate with the Artisan of Californio Chocolate**  
The owner of Californio Chocolate, Ed Ponce, will be offering a special experiential workshop where you can explore the deep history of Mexican chocolate while getting to taste it along the way.

## February 11th: Come Karaoke!!!

Just have fun singing your favorite songs or cheering on your friends. Just come and have fun!

## February 25th: Pelvic Floor Strengthening

Come learn about your pelvic floor and how to strengthen it with the amazing Dr. Carri Dominick, PT, CSCS. These techniques can enhance daily living and overall quality of life. Whether you want to strengthen your bladder or address tailbone pain, Dr. Carri Dominick knows all the tricks to the trade.

## March 4th: Hula for Everyone

Hula dancing is for everyone of all levels or those who just want to try for the first time. Come imagine the swaying of the palm trees on a beautiful island while swaying to the sounds of a ukulele. We are excited to have Rose Tandiana as our instructor. No hula skirts required.

## March 11th: The Anatomy of a Scam

The OC Council on Aging is offering an essential presentation on, "The Anatomy of a Scam." This presentation will teach us the four red flags to look for when identifying fraud.

## March 18th: A Bit of Jazz by Brandon Baker

Brandon Baker is a multi-instrumentalist born and raised in Long Beach, CA. He began with the flute at 10 years of age and added the saxophone and guitar at 13. He teaches privately, mentors aspiring musicians through the non-profit Jazz Angels, directs worship at his church, and performs with the Jambalaya Jazz at Disneyland in New Orleans Square.

## March 25th: Chair Pilates

Come try Chair Pilates to strengthen your core and so much more with Deb. Deb is a seasoned Pilates instructor and is committed to making Pilates accessible to all. The use of the chair allows us to target different muscle groups and maintain body alignment.

## ADDITIONAL WORKSHOP

### Understanding and Dealing with Common Challenging Situations (as a caretaker)

• Tuesday, December 9, 2025

• 6 p.m. – 7 p.m.

• Los Alamitos Community Center

Understanding and Dealing with Common Challenging Situations (as a caretaker) presented by Alzheimer's OC.

# OLDER ADULTS

## CLASSES

### BALLROOMHEALS "WALTZ & FRIENDS" - NEW!

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

BallroomHeals is a lively, wellness-focused dance class that helps improve balance, mobility, memory, and emotional well-being. Led by expert Peter Krajewski, you'll dance to delightful Waltz and Foxtrot music. Gentle, patterned movements stimulate the mind and body, with seated and standing options making it fun and accessible for everyone. No partner required.

**No class: 1/19**

**Instructor:** Peter Krajewski

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26176	5 weeks	Mon	1/5-2/9	12:30-1:30p	50+	Free

### BALLROOMHEALS "LATIN RHYTHMS" - NEW!

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

BallroomHeals "Latin Rhythms" is a lively, wellness-focused dance class led by mobility expert Peter Krajewski. Boost balance, mobility, memory, and mood while enjoying the Cha-Cha, Rumba, Salsa, and Bolero. Gentle, rhythmic movements stimulate the mind and body, with seated and standing options making it fun and accessible to everyone. No partner needed.

**Instructor:** Peter Krajewski

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26177	5 weeks	Mon	2/23-3/23	12:30-1:30p	50+	Free

### PICKLEBALL FOR OLDER ADULTS - NEW!

Laurel Park

10862 Bloomfield Steet, Los Alamitos

For beginners to learn the fundamentals of pickleball including exercises to improve your mobility and flexibility on a pickleball court to take you to the next level. The mysteries of kitchen, dinking and pickle!

**Materials:** Please bring a paddle and a ball.

**Instructors:** Mika Maunula and Keanu Maunula

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26178	5 weeks	Tue	1/6-2/3	10-11a	50+	Free
WI26179	5 weeks	Tue	2/24-3/24	10-11a	50+	Free

### SENIOR STRETCH AND STRENGTH

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Come join us as we move and build strength and endurance to some fun and groovy music. We will start off with a good morning stretch and get the blood flowing with light low impact movements. The main focus of this class will be strengthening the upper and lower body. The health benefits of movement and light weight training is essential and vital during older adulthood. Grab your friends and let's get moving! Spaces are limited.

**No Class: 2/16**

**Materials:** Bring water and wear comfortable clothing.

**Instructor:** Recreation Staff

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26180	7 weeks	Mon	2/2-3/30	11:30a-12:15p	50+	Free

### SENIOR T'AI CHI CHIH - NEW!

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

This moving meditation aids mindfulness, fitness, and balance. Beginners will learn the basics of how to move in T'ai Chi Chih. Intermediate students will do a full practice with the beginners following along.

**No class: 1/19**

**Instructor:** Suzanne Roady-Ross

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26181	5 weeks	Mon	1/5-2/9	11a-12:15p	50+	Free
WI26182	5 weeks	Mon	2/23-3/23	11a-12:15p	50+	Free

### BOXING FOR PARKINSON'S

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Boxing for PD is a non-contact class designed to help older adults find a fun way to build strength, coordination, flexibility, and endurance through a boxing program. The class is open to everyone but is especially suited for older adults seeking to manage symptoms related to Parkinson's. The class is led by a personal trainer affiliated with the non-profit organization Parkinson's Exercise Programs For You (PEP4U).

**No class: 1/19, 2/16**

**Materials:** RDX boxing gloves and pads made from Maya Hide leather (16 oz for men, 14 oz for women)

**Instructor:** Jessica Phung, PT, DPT

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26183	10 weeks	Mon	1/5-3/23	2-3p	50+	Free

### LAUGHTER YOGA

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

Laughter Yoga for seniors is a fun, uplifting wellness class designed to boost mood, relieve stress, and foster social connection. Each session blends laughter exercises, gentle movement, and breathing techniques in a supportive group setting. No prior experience is needed, just a willingness to laugh and connect! Participants will leave feeling lighter, more relaxed, and energized.

**No class: 2/17**

**Instructor:** Dr. Jaime G. Raygoza

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26184	10 weeks	Tue	1/6-3/17	9-10a	50+	Free

### \*BALANCE AND FITNESS

Los Alamitos Community Center  
10911 Oak Street, Los Alamitos

This low-impact exercise class incorporates seated stretch, standing or seated strength training, along with balance and coordination movements, all while grooving to fun, inspiring music!

**Please bring a caregiver if you need assistance.**

**Registration required for both participant and caregiver.**

**No Class: 2/17**

**Instructor:** Molly Knox

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26185	10 weeks	Tue	1/6-3/17	10-11a	50+	Free

**\*If student misses 3 classes in a row, they will be removed from the class to allow for those on the waitlist.**

## CLASSES CONT.

### WELLNESS BOOTCAMP - NEW!

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Wellness Bootcamp is a 5-week interactive series blending mindfulness, stress relief, and positive psychology. Participants will learn practical tools for self-care, resilience, and happiness, including meditation, gratitude, movement, and group support. Each week offers new strategies to boost well-being and energy. All levels welcome.

**No class: 1/19**

**Instructor:** Dr. Jaime G. Raygoza

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26186	5 weeks	Mon	1/5-2/9	9-10a	50+	Free

### FLORAL DESIGN

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Brighten your week with fresh flowers! Discover how to make creative, vibrant flower arrangements that will impress your friends and family. Each week will feature a new project. All materials included. No experience required.

**Instructor:** Dr. Jaime G. Raygoza

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26187	6 weeks	Tue	1/6-2/10	11a-12p	50+	Free

## PROGRAMS & SERVICES

### SENIOR GROCERY PROGRAM

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

In a joint effort with Second Harvest Food Bank Orange County, the City of Los Alamitos Recreation & Community Services Department is tackling food scarcity within the older adult community by providing free food for those 50 and over. Stop by the Los Alamitos Community Center every Tuesday and fill your bag with fresh produce and dry goods. Check in begins at 1:45 p.m. Participants will be allowed to choose the items they would like to take home. Please bring your own grocery bags as supplies are limited. For up to date information on closure dates, please visit the Senior Page at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation).

**Every Tuesday at 2:00 p.m.**  
**(closure dates listed online)**

### DINE IN & DOUGH HOUSE

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

Join us for a cup of coffee at Dine In & Dough House. This is a two-part senior program providing a social space for individuals 50+ consisting of a bread program in the mornings and lunch program following immediately after. A variety of bread and pastries are available from 8 a.m. to 10 a.m. at a suggested donation. Lunch is catered from local restaurants for a modest, fixed price of \$7 and is served at 11:15 a.m. Participant registration and payment is requested 24 hours in advance by visiting the Los Alamitos Community Center or calling in at (562) 430-1073. Menus can be viewed online on the City of Los Alamitos' Senior Page at [cityoflosalamitos.org/recreation](http://cityoflosalamitos.org/recreation).

**Every Tuesday & Thursday 8 a.m. to 12 p.m.**  
**(closure dates listed online)**

### HEALTHY LIVING WITH CHRONIC CONDITIONS

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

This 6-week workshop helps older adults with chronic health conditions—and their caregivers—manage pain, stress, and fatigue through weekly 2.5-hour discussion and presentation sessions. Participants will learn how to maintain healthy habits, communicate with healthcare providers, and build confidence.

**No class: 2/16**

**Instructor:** Frank Hernandez, MPH, CHES

**Res. Registration: 11/17 • Non-Res. Registration: 11/24**

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
WI26188	6 weeks	Mon	1/26-3/9	2:30-5p	50+	Free

### CREATIVE ARTS FOR OLDER ADULTS

*Los Alamitos Community Center  
10911 Oak Street, Los Alamitos*

This class for older adults encourages art appreciation, self-expression, and creativity through a variety of art media. Projects are designed to expose older adult students to artistic design and provide them with experience in various artistic methods, techniques, tools, and materials.

**You must be a registered NOCE student to participate in NOCE classes. For questions regarding NOCE classes or registration, call (714) 808-4679 or email [starhelp@noce.edu](mailto:starhelp@noce.edu)**

**No class: 2/20, 3/27, 4/10**

**Instructor:** Robin Wagner

CODE	DURATION	DAY	DATE(S)	TIME	AGE	RES/NON-RES
63023	25 weeks	Fri	1/16-5/15	1-2:50p	50+	Free

## RESOURCES

For those seniors or their family members in need of social services resources, contact our Community Resources Supervisor who can assist with information and referral for the following:

- Adult Abuse/Elder Abuse/Neglect
- Adult Day Care Services
- Bereavement Counseling
- Caregiver Resources
- Food Assistance
- Legal Assistance
- Housing Assistance
- Counseling Services
- And more



**For a full listing of resources, visit our website:**  
**[www.cityoflosalamitos.org/seniors](http://www.cityoflosalamitos.org/seniors)**

### MEET OUR NEW COMMUNITY RESOURCES SUPERVISOR



We would like to welcome Tara Farajian, LCSW as our NEW Community Resource Supervisor.

Her position was identified as a need that came from the Senior Services Master Plan Survey. Tara will be a point person to connect our older adult community to resources.

**Schedule a call or in-person appointment, 562-430-1073 • Office hours: 10:30-11:30am on Mondays and Tuesdays.**

# OLDER ADULTS



## WHAT IS OLLI?

OLLI is a non-profit organization that offers non-credit courses of interest to people aged 50 and older. The OLLI center is located at California State University, Long Beach (CSULB), within the College of Health and Human Services. OLLI courses are led by current and emeriti CSULB professors, as well as volunteers and professionals from community organizations. In partnership, the City of Los Alamitos Recreation and Community Services Department will serve as a satellite location for several classes year-round, starting with the Fall session. The City of Los Alamitos is one of only a few cities in Southern California with a formal partnership with OLLI. There are no academic prerequisites for membership or participation in the classes, just a desire to learn.

## HOW TO SIGN UP FOR A CLASS?

- Sign in or create a new online account and register: [www.campusce.net/csulbolli/account/signin.aspx](http://www.campusce.net/csulbolli/account/signin.aspx)
- OR Fill in a Registration form and mail with a check payable to CSULB Foundation.
- Membership is \$40.00 for a full academic year (Sept. to Aug.)
- Membership is open to adults 50 and older.
- Membership is required to enroll in any class.
- Membership is pro-rated to \$20.00 for half of the year (March 1 to August 15).
- Class tuition for any type is \$15.
- Classes are offered in person on the CSULB campus, or at satellite locations on Zoom or as HyFlex classes (Zoom & Room).
- Zoom class links will be e-mailed a week before the start of classes.

## FREE OLLI MEMBERSHIP

The City is offering a free, one-time OLLI membership and one free OLLI class for Los Alamitos residents age 50 and older. You can fill out an OLLI Membership Request Form at the front desk at the Los Alamitos Community Center. Once you receive your certificate, you will need to contact OLLI to sign up for your membership as well as the one free class of your choice. The City is a host location for OLLI's classes, but does not handle their membership or registrations, and you are not registered for membership or any classes until you do so directly with them. If you have questions about OLLI's membership and classes, please contact their support line Monday through Friday 8 a.m. to 5 p.m. at (562) 985-2398.



## SERVE LOS AL

*Helping seniors in need in our community.*

Are you a Los Alamitos senior resident over the age of 50+ that would like assistance with minor repairs and landscaping for your home by other resident volunteers?



Visit [www.servelosal.org](http://www.servelosal.org) to complete an application



### Our Mission

is to inspire our community to unite through connecting, participating, giving, and serving.

### Annual Serve Day

Our City comes together every September to serve the community.

### Ongoing Opportunities

Get connected with organizations who need your help!

To view the **Resource Guide**, scan the following QR code:



## SPECIAL EVENT PARTNERSHIP OPPORTUNITIES

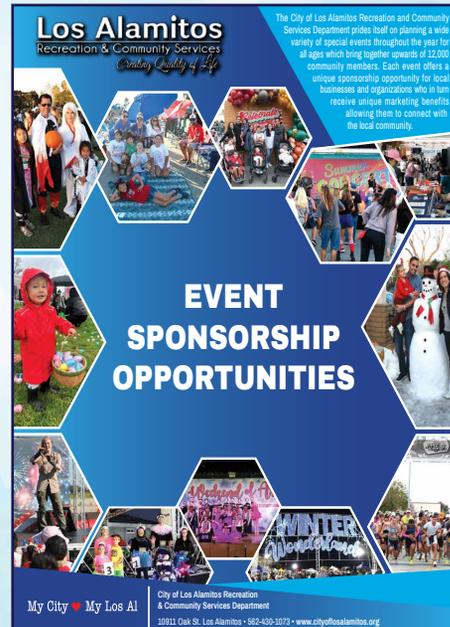
The Recreation & Community Services Department is proud to partner closely with local businesses and non-profit organizations by offering two main ways to get involved in the many special events planned throughout the year: Vendor Opportunities and Sponsorship Opportunities.



### 2026 Special Event Vendor Packet

The Recreation and Community Services Department will launch its 2026 Special Event Vendor Packet providing local vendors and businesses an opportunity to set up vendor booths at the variety of special events held throughout the

year. Applications for events occurring in 2026 will be available in early 2026 on the Recreation website and accepted on a first come, first served basis until spaces fill up. \*Vendors are responsible for providing all necessary insurance and permits required prior to participating in any event. Full list of requirements can be found on the website.

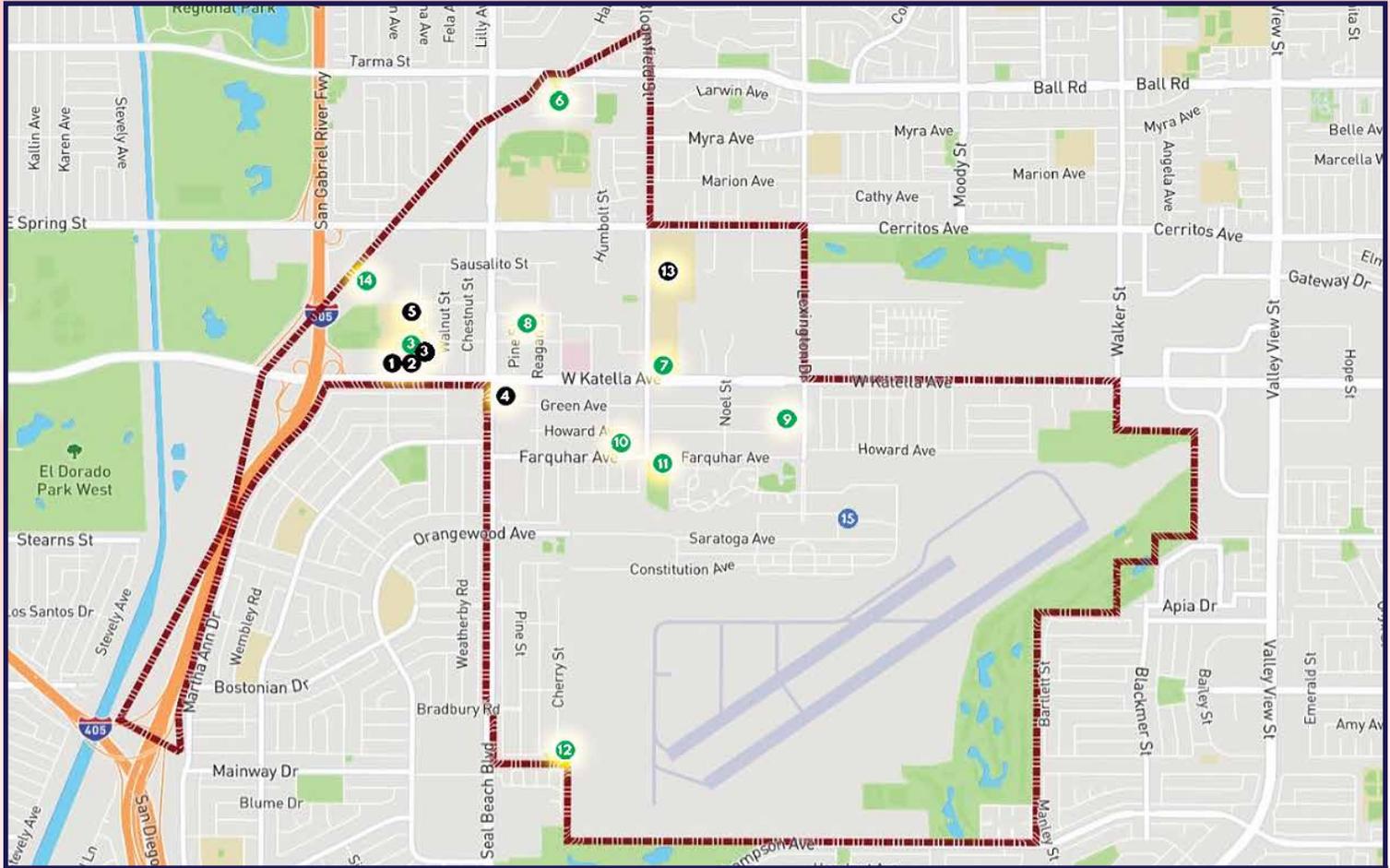


### 2026 Event Sponsorship Packet

For those businesses and organizations interested in furthering their marketing opportunities, the Event Sponsorship is a great way to do that. Recreation and Community Services events are catered toward all ages and bring together upwards of 12,000 community members. Each event offers a unique sponsorship opportunity for local businesses and organizations who in turn receive unique marketing benefits allowing them to connect with the local community.

organizations who in turn receive a variety of marketing benefits allowing them to connect with the local community. Sponsorships are sought for areas such as: Weekend of Art Stage Sponsor, Senior Prom Entertainment Sponsor, 3rd of July Fireworks Sponsor, and much more. For full details on how your business or organization can get involved, visit the Recreation website at [www.cityoflosalamitos.org/recreation](http://www.cityoflosalamitos.org/recreation).

# DIRECTORY



## FACILITIES AND PARKS:

- |   |   |   |
|---|---|---|
| <p><b>1 City Hall</b><br/>3191 Katella Avenue</p> <p><b>2 Police Department</b><br/>3201 Katella Avenue</p> <p><b>3 Community Center</b><br/>10911 Oak Street<br/><b>Building 2</b><br/>10909 Oak Street</p> <p><b>3 Roberts Park</b><br/>10911 Oak Street</p> <p><b>4 Los Alamitos Museum</b><br/>11062 Los Alamitos Blvd.</p> | <p><b>5 Oak Gymnasium and Field</b><br/>10821 Oak Street</p> <p><b>6 Stansbury Park</b><br/>3711 Toland Avenue</p> <p><b>7 Laurel Park</b><br/>10862 Bloomfield Avenue</p> <p><b>8 Soroptimist Park</b><br/>10822 Pine Street</p> <p><b>9 Labourdette Park</b><br/>4401 Howard Avenue</p> <p><b>10 Sterns Park</b><br/>3871 Farquhar Avenue</p> | <p><b>11 Little Cottonwood Park</b><br/>4000 Farquhar Avenue</p> <p><b>12 Orville R. Lewis Jr. Park</b><br/>3662 Kempton Drive</p> <p><b>13 McAuliffe Field</b><br/>4112 Cerritos Avenue</p> <p><b>14 Coyote Creek Park</b><br/>10821 Oak Street</p> <p><b>15 MWR Aquatic Training Center at JFTB</b><br/>11360 Valley Forge Ave. #44,<br/>Los Alamitos</p> |
|---|---|---|



## Thank you to our Brochure Distribution Partners



# REGISTRATION



# WINTER 2026

**GENERAL INFORMATION**  
Registration procedures for classes and programs are aimed at giving priority to Los Alamitos residents without excluding individuals from other communities. Participants can register online, by mail, in person, or by fax. Early registration is encouraged so that class minimums can be reached in advance of the first class.

**GENERAL POLICIES**  
The City of Los Alamitos does not discriminate on the basis of handicapped status in admission or access to, or treatment in, its programs and activities. Alternative methods of communication will be made available for those wishing to participate in City programs or activities. Information concerning the provisions of the Americans with Disabilities Act is available by calling (562) 431-3538. Individuals registering for a class must meet the age requirement prior to the first class meeting. Children may not remain in adult classes and adults may not remain in children's classes during instruction unless otherwise stated.

**REFUND POLICY**  
If minimum enrollment is not met 72 hours prior to the class start date, classes will be cancelled and a full refund will be issued. Refunds for one-day classes or workshops must be requested no less than five days prior to

the class start date. Refunds for all other classes will only be granted if requested prior to the second regularly scheduled class or specialty camp meeting. A \$10 refund fee will be assessed per participant, per class. No refunds will be issued for seasonal Day Camps, Lap Swim or the Lil' Oak Preschool Program.

**LATE REGISTRATION**  
Registration will be accepted at the first and second class if space is available. Fees will not be prorated. Call first to verify an opening at (562) 430-1073.

**CLASS TRANSFERS**  
Transfers will be honored if requested prior to the second class meeting. A \$10 transfer fee will be applied to any class, specialty camp, or program unless the class is cancelled due to low enrollment. Transfers cannot be made from season to season.

**LATE PICKUP FEE**  
If, after the conclusion of any class or program, a minor participant has not been picked up, staff will allow for a 5-minute grace period, after which a \$1 per minute fee will be assessed and charged to the parent/guardian.

**COMMENTS OR SUGGESTIONS**  
The programs and classes listed in this brochure are provided through the Recreation and Community Services Department and are made possible through public interest and input. If you have comments or class suggestions, please call (562) 430-1073.

**MAIL-IN REGISTRATION**  
Mail-in registration begins Monday, November 17, 2025. Mail registration form and method of payment to the Los Alamitos Community Center (10911 Oak St.). For checks, please make payable to the City of Los Alamitos and include your driver's license number at the top of the check. All major credit cards except American Express are accepted.

**MAIL TO:**  
Los Alamitos Recreation and Community Services Department  
Attention: Registration  
10911 Oak St., Los Alamitos, CA 90720

Registration postmarked prior to Monday, November 17, 2025 will not be accepted. Registration will be processed beginning Monday, November 17, 2025.

**ONLINE REGISTRATION**  
Registration is available online at: <https://losalrecreation.myrec.com>. A credit card payment is required and

we accept the following credit cards: Visa, Mastercard, or Discover. Online registration begins Monday, November 17, 2025.

**WALK-IN REGISTRATION**  
Walk-in registration begins Monday, November 17, 2025. The Los Alamitos Community Center office hours are Monday-Thursday from 7:30am-5:30pm. For your convenience, a brass wall-mounted drop box is located at the entrance to the Community Center on the left side of the building. You may drop your registration form with payment in this box.

**FAX-IN REGISTRATION**  
Fax-in registration begins Monday, November 17, 2025. Complete the registration form and please print clearly. Pay with credit card only for fax-in registration. Fax only once to avoid duplicate registration. Fax form to (562) 594-9657. We accept the following credit cards: Visa, Mastercard or Discover.

**SCHOLARSHIPS AVAILABLE FOR LOS ALAMITOS RESIDENTS**

See website at [www.cityoflosalamitos.org](http://www.cityoflosalamitos.org) for eligibility and more information.

10911 Oak Street  
Los Alamitos, Ca 90720-2315

## Class/Activity Registration Form

(562) 430-1073  
FAX: (562) 594-9657

PLEASE PRINT AND FILL OUT FORM

LAST NAME (Adult):	FIRST NAME (Adult):	DOB (Adult) (REQUIRED):
ADDRESS:	HOME PHONE:	
CITY/STATE/ZIP:	SECONDARY PHONE (REQUIRED):	CIRCLE ONE:    CELL    WORK
E-MAIL ADDRESS:	HAS YOUR INFORMATION CHANGED? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> LOS ALAMITOS RESIDENT <input type="checkbox"/> NON-RESIDENT	

**Release, Waiver and Assumption of Risk**

I fully understand that my/my child's participation in the events/programs/classes listed below, exposes me/my child to the risk of personal injury, death or property damage. I hereby acknowledge that I/my child am/is voluntarily participating in this event/program/class and agree to assume any such risks. I hereby release, discharge and agree not to sue the City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors for any injury, death or damage to or loss of personal property arising out of, or in connection with my/my child's participation in the event/program/class from whatever cause, including the active or passive negligence of City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, or any other participants in the event/program/class. The parties to this agreement understand that this document is not intended to release any party from any act or omission of "gross negligence," as that term is used in applicable case law and/or statutory provision. In consideration for being permitted to participate in the event/program/class, I hereby agree, for myself, my heirs, administrators, executors, assigns, and agents that I shall indemnify and hold harmless City of Los Alamitos or LAUSD or Military Department of the State of California and each of their respective officers, agents, employees, representatives, board members, volunteers and sponsors, from any and all claims, demands, actions or suits arising out of or in connection with my participation in the event/program/class. I also grant my irrevocable right and permission with respect to photographs, videos, motion pictures, and/or sound recordings being taken of myself/my child. I further certify that said person/minor is in good health and has no physical or other impediment which would endanger him/her from participating in such an activity. I hereby consent to any x-ray, examination, anesthetic, medical or surgical diagnosis or treatment and hospital care to be rendered to myself/my child by a physician or hospital selected by staff for any injury or incident arising out of or connect with this event/program/class. The City of Los Alamitos has put into place preventative measures and protocols to protect program participants from the spread of COVID-19; however, the City of Los Alamitos cannot guarantee that you or your child will not become infected with COVID-19. Further, attending the recreation program could increase your risk and your child's risk of contracting COVID-19 or any other contagious disease. By signing this Liability Release and Assumption of Risk, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child and I may be exposed to or infected by COVID-19 by attending the recreation program and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the recreation program may result from the actions, omissions, or negligence of myself and others, including, but not limited to, the City of Los Alamitos, its officers, agents, and employees, and other program participants and their families. I voluntarily agree to assume all the foregoing risks and accept sole responsibility for any harm, injury, or damage that may befall my child or myself relating to me or my child's attendance to the recreation program. On my behalf, and on behalf of my child, I hereby release, covenant not to sue, discharge, and hold harmless the City of Los Alamitos, its officers, agents, and employees (collectively "Released Parties") from any and all claims, including all liabilities, actions, damages, costs or expenses of any kind arising out of or relating to my child's attendance to the recreation program ("Claims"). I understand and agree that this Liability Release and Assumption of Risk includes any Claims based on the actions, omissions, or negligence, whether passive or active, of the Released Parties and irrespective of whether a COVID-19 infection occurs before, during, or after me or my child's attendance at the recreation program. I HAVE CAREFULLY READ THIS WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A FULL RELEASE OF ALL LIABILITY AND SIGN IT ON MY OWN FREE WILL.

<b>PARTICIPANT'S SIGNATURE OR PARENT/LEGAL GUARDIAN SIGNATURE IF PARTICIPANT IS A MINOR:</b> X _____ Date: _____	EMERGENCY CONTACT NAME: EMERGENCY CONTACT PHONE:
---	---

PROGRAM CODE	NAME OF CLASS	CLASS DAY/TIME	PARTICIPANT'S FULL NAME	SEX	BIRTHDATE	FEE

*Donation to City's Scholarship Fund*    \$

**TOTAL FEE:**

<b>METHOD OF PAYMENT:</b> CASH <input type="checkbox"/> CHECK <input type="checkbox"/> VISA <input type="checkbox"/> MASTERCARD <input type="checkbox"/> DISCOVER <input type="checkbox"/>	Check Amount:	Check #
--	---------------	---------

<b>OFFICE USE ONLY - COMPLETED BY:</b> (Please complete this section if method of payment is cash)  Name of Staff: _____ Cash Denomination: _____	RECEIPT #	STAFF INITIALS:	DATE:
--	-----------	-----------------	-------

<b>Cardholder Name (Please Print):</b> _____	<b>Cardholder Signature:</b> _____
CREDIT CARD #: <input type="text"/>	EXPIRATION DATE: <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
CVV2 CODE: <input type="text"/> <input type="text"/> <input type="text"/>	

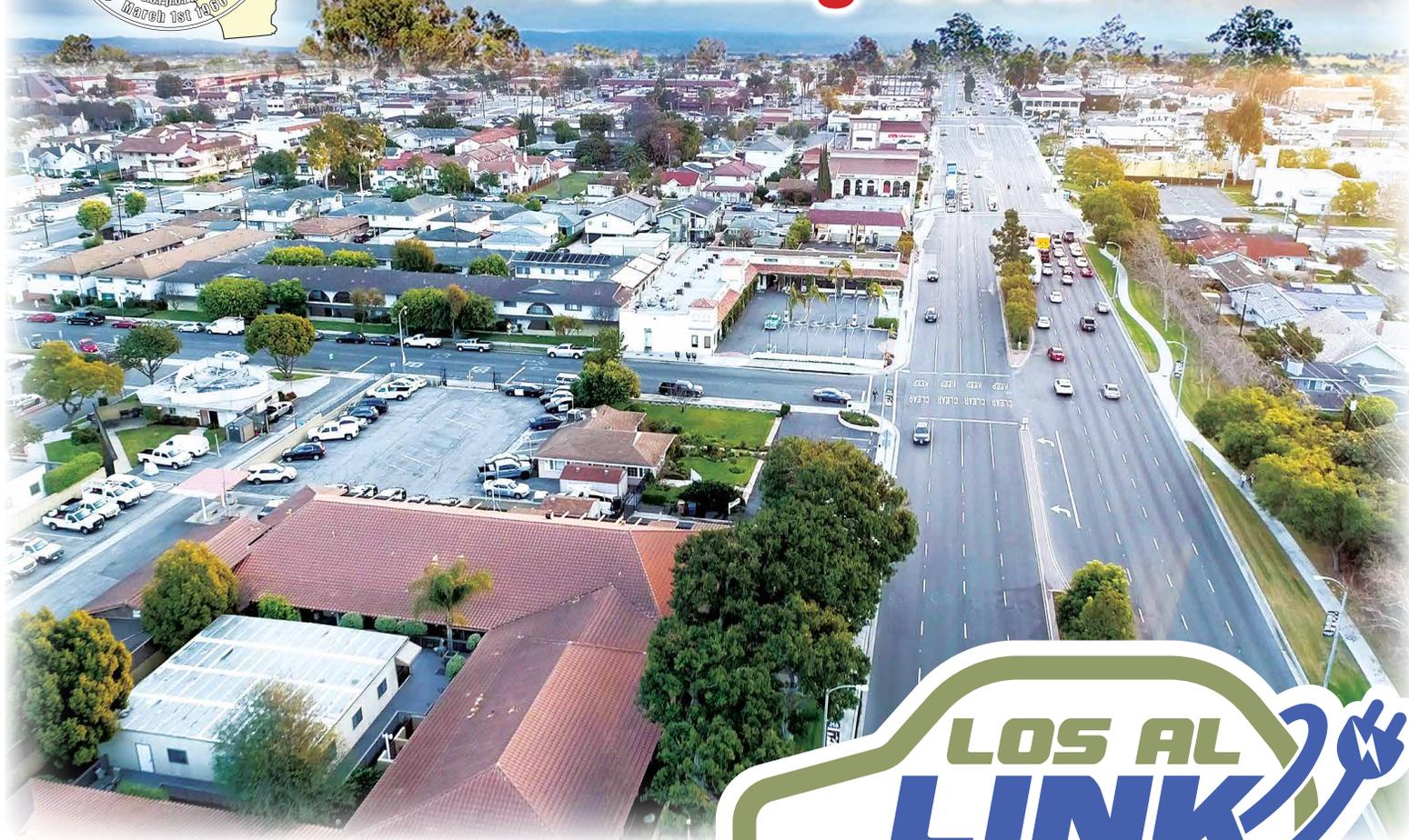
CITY OF LOS ALAMITOS  
RECREATION AND COMMUNITY  
SERVICES DEPARTMENT

RESIDENTS AND BUSINESSES  
LOS ALAMITOS, CA 90720

BULK RATE  
U.S. POSTAGE  
PAID  
LOS ALAMITOS, CA 90720  
PERMIT #70  
CAR-ROUTE



# Citywide *EV* Transportation Coming Soon



In partnership with  **CIRCUIT**, getting around Los Al just got easier! The City of Los Alamitos will launch a new on-demand transportation service, Los Al Link, in early 2026 for residents to improve local mobility. Visit our website for the most up-to-date information!

[www.cityoflosalamitos.org](http://www.cityoflosalamitos.org)

- **Eco-friendly**
- **Accessible**
- **Safe**
- **Connecting Los Al**